

Gregorian Bivolaru

If we attentively study the content of this booklet without delay, we will discover (which may even be a shock to some) that famous researchers and scientists have already warned us in 2010 that there is a great chance that planet Earth will face the unleashing of a terrible catastrophe; shortly thereafter this would lead to the death of tens of millions of human beings. By becoming aware of these aspects it will be easy for us to realize that, beyond any doubt, this is and remains



the meaning of the prophecies and revelations the Virgin Mary gave us at Fatima. Moreover, it (only now) becomes possible for us to intuitively perceive the hidden meaning of that terrifying vision whose miraculous apparition was witnessed (not at all by accident) by over 70 000 human beings. During that vision, all who were present saw the Sun falling from the sky and heading towards the Earth at high speed. When it happened, everyone who was there went through some terrifying moments, being completely sure the Sun would actually fall to Earth. Even if that terrifying collective vision (which remains a great mystery) took place about a century ago, in the year 1917, in the year 2010 famous researchers and scientists are sounding the alarm, warning us that a similar phenomenon (exactly like the one revealed through a terrifying vision to a crowd of people present at Fatima) can actually take place at anytime; which would lead, shortly afterwards, to a planetary catastrophe, which could affect also us, we who are now reading this booklet, in the near future. Tens of millions of human beings (a minimum estimation) could die because of the unusual destructive effects that could appear after such a catastrophe is unleashed. Today it is obvious to all of us that the entire scientific community on this planet is (so far) completely helpless and, for this very reason, unable to face or even to avoid such a planetary catastrophe. The intelligent correlation of the Virgin Mary's prophecies with science's current dark forecasts allows us to easily realize that such a planetary catastrophe could start at anytime in the near future, as soon as the required conditions appear. Given this obvious truth (that science on this planet is completely helpless), we offer now, for the first time, an efficient and supreme alternative which (we hope!!!) will allow us to avoid, only with God's help; this terrible planetary catastrophe which is taking shape for all of us and for planet Earth in the near future. It is necessary for us to keep in mind that the heavenly alternative presented in this booklet will only work (both for our own individual good and for the good of all) if many of us act from now on (at specific times) IN UNISON.

The planetary program for urgent action

“NO TO THE APOCALYPSE!!!”

Volume 1

This planetary program aims to avoid (only through the help which comes from God) a catastrophe which was foreseen and also depicted in a frightening vision before more than 70 000 human beings by the Virgin Mary during her appearances and miraculous manifestations at Fatima in the year 1917.

← TO BE CONTINUED ON COVER 3

NATHA
PUBLISHING
HOUSE



“Madonna Oriflama” - divinely inspired painting of the well-known initiated and explorer Nicholas Roerich. During a journey he took in order to contact directly the mysterious realm of *Shambala*, Nicolas Roerich even received as a gift that which he called “the mysterious *chintamani* stone”, which he later on returned. After his meeting with representatives of the realm of *Shambala*, he became a sui-generis messenger of *Shambala*, being almost always guided and inspired both by the great wise men from that realm and by the mythical King of the World, mentioned by Ferdinand Ossendowski in one of his books “Beasts, men and gods” (the subtitle of this book is “The Enigma of the King of the World”).

Gregorian Bivolaru
Yoga teacher

The planetary program for urgent action
**“NO TO THE
APOCALYPSE!!!”**

Volume 1

This planetary program aims to avoid (only through the help which comes from God) a catastrophe which was foreseen and also depicted in a frightening vision before more than 70 000 human beings by the Virgin Mary during her appearances and miraculous manifestations at Fatima in the year 1917.

© Natha Publishing House 2011

Layout and covers: Gabriela Popa

Collaborators: Alin Mândru, Iulian Popa

Proofreading original (romanian) text:
Ioana Caragheorghopol, Geanina Georgescu

Translated by:

Adriana Diaconescu, Vasile Szavo, Cristina Suciu, Cristina Dumitrescu

Proofreading English text: Mark Allen, Hannah Carpenter, Mihaela Mihai

Collaborators English edition: Dana Franți, Aretina Timoce, Sofian Krüger,
Ben Carver, Lizzie Mason, Judith Way



© Natha Publishing House 2011

All rights reserved to Natha Publishing House

All those who wish to publish this work have the right to do it as long as nothing will be added or taken out of the text content.

This is a pre-published electronic version, 25.12.2011

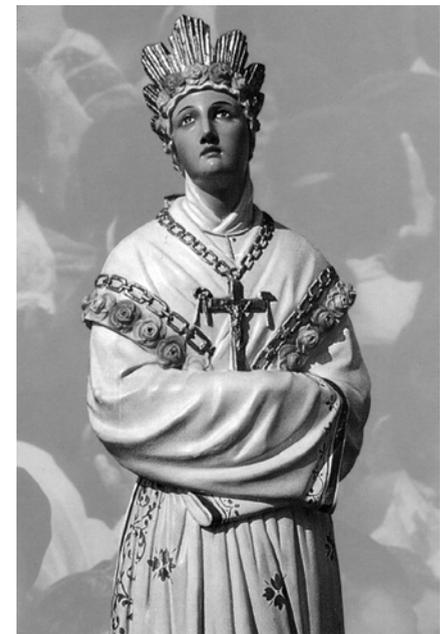
**Natha**
Publishing House
DENMARK
www.nathapublishinghouse.com

NOTE: Before reading the actual text of this book, we suggest you read carefully the terms in the GLOSSARY, which is in the second volume!

VIRGIN MARY'S REVELATIONS ABOUT THE TERRIBLE PUNISHMENT THAT AWAITS EARTH'S INHABITANTS FOR THEIR BAD DEEDS, AND HER ADVICE FOR THEIR EXPIATION IN ORDER TO AVOID THE PUNISHMENT OF A PLANETARY CATAclySM.

Nowadays, the appearances of the Virgin Mary are a worldwide phenomenon, often inciting contradictory states and attitudes, ranging from genuine religious conversion to fierce atheistic denial. There are certain manifestations of the Virgin Mary, such as those from La Salette (France, 1846), Fatima (Portugal, 1917), Garabandal (Spain, 1961) or Akita (Japan, 1973), when she revealed herself to certain pure souls, asking them to transmit to the representatives of the clergy and then to the whole of humanity certain messages of warning. These messages are about the huge accumulation of sins and bad deeds, which has reached the limits of Godly patience and which is about to trigger the heavenly anger and wrath by causing a planetary cataclysm, unless people repent and return to God. In 1917, at Fatima, in Portugal, the Virgin showed, in a miraculous way, to more than 70,000 people who had gathered at her request on the Cova hill in Iria, a frightening vision in which the Sun crashed into Earth, anticipating the present predictions of certain scientists about the danger of a planetary disaster caused by a "ball" of fire emanating from the Sun.

On August 31st 1941, mother Lucia (which was one of the three visionary children to whom the Virgin Mary showed herself in 1917, at Fatima) recorded for the Bishop of Fatima the message in which the Virgin warned people about what is to come unless they repent. She also revealed what they must do in order to be forgiven by God: *"Our Lady showed us*



a great sea of fire, which seemed to be under the earth. Plunged in this fire were demons and souls in human form, like transparent burning embers, blackened or burnished bronze, floating about in the conflagration, now raised into the air by the flames that issued from within themselves together with great clouds



of smoke, now falling back on every side like sparks in a huge fire, without weight or equilibrium, and amid shrieks and groans of pain and despair, which horrified us and made us tremble with fear. The demons could be distinguished by their terrifying and repulsive likeness to frightful and unknown animals, all black and transparent. This vision lasted but an instant. How can we ever be grateful enough to our kind heavenly Mother, who had already prepared us by promising, in the first Apparition, to take us to heaven. Otherwise, I think we would have died of fear and terror. Then, we lifted our eyes to the Virgin Mary and she told us with kindness and sadness: «You have seen the hell where the souls of poor sinners go. In order to save them from all of this, God established, in this world, a way for salvation. This implies their total and unconditional surrender to HIS ABSOLUTE AND IMMACULATE HEART. If what I say to you is done, many souls will be saved and there will be peace. The war is going to end: but if people do not stop angering God, a new, more atrocious one will break out during the Pontificate of Pope Pius XI.

When you see a night illumined by an unknown light, know that this is the great sign given you by God that he is about to punish the world for its crimes, by means of war, famine, and persecutions of the Church and of the Holy Father. To prevent this, I shall come to ask for the consecration of Russia to the absolute and immaculate Heart of God and for an act of repairing to be done, consisting of participation in Holy Communion on the First Saturdays, in order for the sins to be forgiven. If my requests are heeded, Russia will be converted, and there will be peace; if not, she will spread her errors throughout the world, causing wars and persecutions of the Church. The good will be martyred; the Holy Father will have much to suffer; various nations will be annihilated. In the end, the absolute and immaculate Heart of God will triumph. The Holy Father will consecrate Russia for protection, and she shall be converted, and a period of peace will be granted to the world.»

At the same time, in 1962, through the stigmatic Teresa Musco, the Virgin transmitted a message in accordance with the one from Fatima or from La Salette: "because the people and the clergy have increased the gutter of filth... The Church is at a crossing point: it will either go towards its own destruction, or it will find its path, which it should have never left [...] Satan will do everything so that people will not hear this message... I want to tell you that the world is perverse. I appeared in Portugal where I left messages, but nobody listened. I appeared in Lourdes, in La Salette, but only a few stone hearts melted. But I want to tell you so many things that sadden my Heart [...] Now, I will speak to you about the third secret I have shared with Lucia, at Fatima. I can tell you it has already been read, but nobody said a word about it."

According to Gabriel Roschini (one of the most famous Mariologists of the 20th century), the Virgin Mary told Teresa with anticipation that, although she was going to invite everybody to pray and repent, Pope John Paul II will not bother whatsoever to speak to people about the "third secret of Fatima", under the pretext that it is "frightening", although he was asked by the Virgin Mary to make the content of her message public.

The Virgin Mary explained to Teresa in a vision: "Human kind is heading towards a big disaster, at high speed. The population is becoming more and more lost... Fire and smoke will wreathe the whole world. The waves of the oceans will turn into fire and steam. Spumous waves will rise, covering Europe and will transform everything into molten lava. Millions of adults and children will perish in this fire and the few who will survive will envy the dead because wherever they will look they will only see blood, death and ruins, in the entire world."



Tereza Musco

On October 13th, 1973, in Akita, Japan, the Virgin Mary revealed to Mother Agnes, during a miraculous appearance, the terrible consequences of the misdeeds of humankind: *"As I have already told you, if people do not repent and make amends, the Heavenly Father will give a terrible punishment to the whole of humanity. It will be a punishment heavier than the Flood, a punishment like never before: a fire will descend from the skies and kill a great part of humankind, the good as well as the bad, and it will not absolve the priests or the believers. The survivors will be so terrified that they will envy the dead.*

The only weapons that will then exist are your prayer beads and the sign my Son has left. Do your prayers daily!

The Devil will infiltrate even the Church, causing mischief. We will see cardinals rising against cardinals, and bishops against bishops. The priests that will serve me full of love will be despised and attacked by the others. Churches and altars will be robbed and the Church will be full of those who accept compromises. The devil will push many priests and many souls consecrated to God to stop serving the Lord. The devil will become merciless especially with these souls, consecrated to God (by monastic oath).

The perspective of losing so many souls is the cause of my sadness. If sins will continue to grow, both in number and seriousness, there shall be no mercy for them."

In November 1980, in Germany, in an interview published in the magazine *Stimme des Glaubens*, Pope John Paul II gave a very significant answer, which shows, ultimately, his lack of respect for the Virgin Mary. When asked if it would

have been better to reveal publicly in 1960 the third secret of Fatima, as the Virgin Mary had asked him to do, he replied: *"Considering the importance of its content, my predecessors took the diplomatic decision to postpone the publishing of the secret, in order not to encourage the communist forces to make certain movements. On the other hand, what I am about to tell you should be enough for all Christians: if there is a message where it is written that oceans will flood entire dry areas and that, at a certain moment, millions of people will die, it is obviously undesirable to publish such a text."*

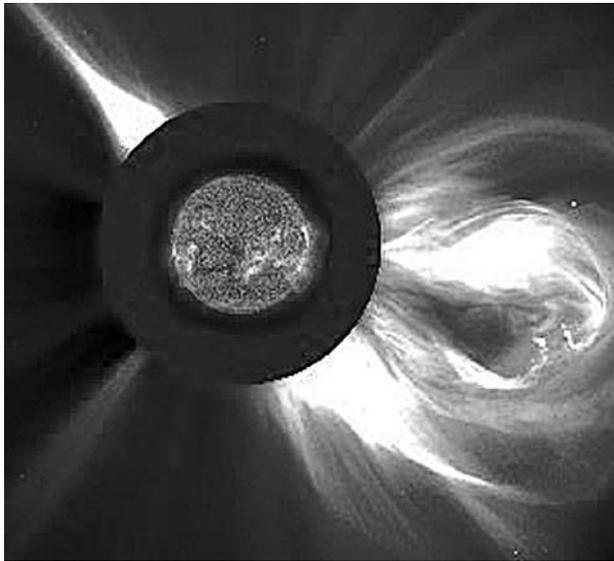


Father Malachi Martin, who was close to the Vatican for a while and one of the few who had access to the text of the third secret of Fatima, having been sworn to secrecy, revealed some things about this secret which is guarded by the political will of popedom. Here is what he says: *"In 1917 three children stated that they saw the Virgin Mary and that she transmitted to them certain specific messages for the Christians and for the Pope; the messages were about the Godly punishment of humankind and were more than terrifying. They forewarned people about a great disaster that would come upon them if they continued to sin. There were three divine revelations, but the last one remained secret, unrevealed to the people, yet written on a piece of paper.*

[When I was around John XXIII] this piece of paper was kept in a box on the fireplace of the private apartment where the Pope lived in Rome. Fatima became a very important place, because the Virgin Mary predicted certain events which were to affect the welfare of the Holy See and of the Catholic Church. To begin with, John Paul II manifested great devotion to Fatima and the Virgin Mary as the Mother of God from Fatima. He preached her message for «atoning for your sins and returning to God!» But, eventually, he did not maintain his attitude and went astray [...], saying that her message was very apocalyptic.

[Within the third secret, the Virgin Mary] predicts that there will be wars, diseases, that entire nations will disappear, that there will be 3 days of darkness, that epidemics will spread which will erase from the map of the world, in one night only, entire countries and many land surfaces will be swallowed by waters or devastated by tornadoes and storms."





On another occasion, the Father declared the following: "The secret of Fatima is connected to the release of the forces of Nature as an answer to the destruction and misdeeds of the human species. But what I have told you is not the essence of the third secret of Fatima. The true essence is beyond any imagination. Indeed, it refers to the 3 days of darkness. The entire planet will be surrounded by dark-

ness. Fire will fall from the sky and will transform the oceans into steam. The last Pope will fall under Satan's rulership. The Earth will be shaken. Thousands of cities and people will be taken by waters, tornadoes and storms. There will be epidemics that will kill only in one night the populations of many countries. There will also be three days of darkness (darkness and disorder will also conquer the minds of many). In these days it will be very dangerous to be outdoors. And this will not happen in a hundred years from now, or fifty, or thirty. The whole planet will be affected, all religions, all species, all regions, without exception."

Father Malachi Martin is also the one who gave us very important information in 2007: "The great triggering factor will be in the sky, on the firmament. Pay attention to the firmament... The sign of the Virgin will appear in the sky, and this will be soon, within the next ten to twenty years. It will be a shock for everybody. The sign of the Virgin will show that God exists; helping those in whom faith is hesitant and oscillating. But it will not convert those who do not believe in anything. Therefore, when you will see a sign on the sky (like an aurora borealis), on a spring day, this is when it will all begin..."

Despite all these dark predictions, we hope that the terrible divine punishment, fully deserved by all of humankind, can be removed, in the last moment, if people will turn towards God as soon as possible. In this direction, practicing the SUPREME AND EFFICIENT METHOD presented in this book will allow us, with the miraculous help received from God the Father and through perseverant and adequate effort, to avoid, through expiation, the manifestation of a big catastrophe.

We humbly dedicate this book to GOD THE FATHER. His absolute Wisdom, Kindness, Love, Omnipresence and Omnipotence ceaselessly amaze us and often overwhelm us. We thank Him in this way for His inspiration and guidance.

We consecrate the fruits of this effort to the Virgin Mary as a modest homage to her huge divine love, which she sheds upon this planet and for the profound and maternal affection she manifests for us.

ATTENTION!!!

In this booklet will be revealed certain Godly secrets which are, most often, reserved to the few and "awakened" ones, who will be able to discover them and to use them immediately, in order to come closer and closer to the mysterious and grandiose reality of GOD THE FATHER, through certain direct mystical experiences, which will be easily accessible to them only by the careful, perseverant, humble, kind, affectionate and patient GRAM OF PRACTICE.

The understanding of certain aspects and Godly manifestations as mysterious energies that have specific FREQUENCIES OF VIBRATION and which trigger each time divine, subtle and profoundly beneficial processes of *occult resonance* in our inner universe, will transform (hopefully) in a profound and fruitful way the "CLASSIC" vision upon GOD, and will help us extraordinarily to discover Him immediately, and in this way to feel Him closer and closer, all the time. Besides the fact that GOD is EVERYTHING, in eternity, He is also the multitude of processes of *occult resonance* that exist, endlessly.

PREFACE

Motto:

- *“God’s ways are always mysterious and incomprehensible.”*
- *“Above those who do not know anything about the SUPREME AND EFFICIENT METHOD there will be those who will have access to all the essential information about this method (presented in this booklet).*

Above those who will have access to all the essential information about the SUPREME AND EFFICIENT METHOD, there will be those who will remember it and who will assimilate this information properly.

Above those who will remember and will assimilate properly all the practical information about the SUPREME AND EFFICIENT METHOD, there will be those who will understand it fully and who will grasp its hidden meaning.

Above those who will understand it fully and who will grasp its hidden meaning, there will be those who will carefully and perseverantly apply this SUPREME AND EFFICIENT METHOD.

Above those who will carefully and perseverantly apply this Supreme and Efficient method, there will be those who will obtain significant results.

Above those who will attain significant results by applying the SUPREME AND EFFICIENT METHOD carefully and perseverantly, there will be those who will gradually reach the necessary maturity and mastership.”

An occult and often unsuspected aspect of the SUPREME AND EFFICIENT METHOD presented in this booklet is that each human being who practices it daily, correctly and with perseverance, will attract with the help of the Holy Spirit, in the SUBTLE MYSTERIOUS AMBIANCE of Planet EARTH, both the Godly energy of Grace, as well as the enigmatic energy of God’s Will. He or she will also attract and channel in the subtle sphere of this planet the manifestation of God’s Almightyness.

All of these represent gifts from God. They will pour through our beings both in part as well as altogether. These Godly gifts that we will attract and which will be poured upon us in this way and upon the entire planet will later on cause profound and long lasting spiritual



transformations. For the time being, these transformations are unsuspected in the hidden energetic sphere of our planet, which is, now more than ever, "ill" due to the sins, misdeeds and the evil accumulated more and more in its subtle ambiance over time.

Among other things, all of these will make a profound and unimaginable transformation possible. This will have a special positive impact on the possibility to neutralize and annihilate, globally speaking, the evil that prevails in the subtle sphere of force of Planet Earth.

In this way it becomes possible that the "global balance" of the Godly energies of good and harmony, existing in the subtle sphere of Planet Earth, will gradually start to even out, through these valuable gifts that we will invoke, attract and channel. Each one of us can do this, here and now, through the huge help (yet, unimaginable) that will come to us day by day, from God, as soon as a certain number of human beings will perform correctly, attentively and perseverantly the SUPREME AND EFFICIENT METHOD which is at our disposal and which is presented in this booklet.



This revelation that comes from God is essential and it should mobilize and also inspire as many of us as possible to perform daily the SUPREME AND EFFICIENT METHOD. At the same time, we should never forget that this SUPREME AND EFFICIENT METHOD is, in its turn, an extraordinarily valuable gift that God offers us. Each one of us (who practices this SUPREME AND EFFICIENT METHOD) can realize this if we apply it, in order to experience it properly through the NECESSARY GRAM OF PRACTICE.

Furthermore, every one who performs this SUPREME AND EFFICIENT METHOD daily will have a fast and long lasting transformation. This is because as soon as

we will do much Godly good, we will also receive in our being, from God, much Godly good. In this way, every one who performs this SUPREME AND EFFICIENT METHOD daily will gradually become mysterious divine channels through which God will pour all His gifts in the subtle energetic ambiance of planet Earth. The humanity, as well as the planet, needs them urgently.



Therefore, now, knowing all this and not mobilizing ourselves immediately (putting into action all our resources in order to prevent a major catastrophe), will not only underline a "supreme" cowardice in us, but it would also be extremely stupid.

If, even knowing all these aspects, we will continue to do nothing about it and will indulge in egoism, larval states, ignorance and indifference, this will show that we do not really take into account the predictions of the Virgin Mary which were revealed at Fatima. Then, chances are that these terrible predictions will come true very soon. With this knowledge, we must make a wise choice immediately, a choice that will also be pleasant for God. Such a wise choice helps us to expiate our sins now, while it is still possible, through adequate effort, in order to avoid a frightening and well-deserved Godly punishment which awaits us in the near future.

Knowing this now, while it is not too late, it is worthwhile that each one of us asks ourselves, in a mature and responsible way (before it is too late): "WHAT CAN WE DO ABOUT IT?"

Considering that, HERE AND NOW, each one of us has the SUPREME AND EFFICIENT METHOD that God has given us for our own sake and for our salvation, and for that of the planet we live on, from now on we can no longer say: "I DO NOT HAVE AND DO NOT KNOW ANYTHING GOOD TO DO ABOUT THIS!" or: "EVERYTHING I JUST READ ABOUT IS NOT INTERESTING TO ME!"

If we do so, we should become aware that in this way we will prove to be grossly stupid and unconscious. Therefore, we are now here to make a CHOICE that can be fundamental, through all its repercussions. Performing carefully and perseverantly the SUPREME AND EFFICIENT METHOD presented in this booklet will help us avoid, through sustained and adequate spiritual effort, done in unison, a frightening planetary catastrophe that awaits us. In this way, we can pay

back and expiate the mistakes accumulated by the whole of humanity. Beyond appearances, this is the meaning of the prophecies the Virgin Mary revealed at Fatima, as well as the hidden meaning of the frightening vision that more than 70,000 human beings saw, not coincidentally.

Studying carefully the content of this booklet, we will discover that both researchers as well as scientists have warned us about the fact that **this year (2010)**, Planet Earth has all the chances to face such a catastrophe, which would soon afterwards trigger the death of tens of millions of human beings. Even if that terrible collective vision was shown a century ago, in 1917, **now, in 2010**, honourable scientists and researchers are also sending the same wake-up call. They warn us that such a phenomenon (like the one shown through the terrible vision to a crowd of people at Fatima) can actually take place at any time, and that shortly afterwards it would trigger a terrible planetary catastrophe which, in the near future, could influence tens of millions of human beings.

In the present moment, it is obvious for most of us that the science which exists on this planet is completely powerless and unable to prevent or avoid such a catastrophe, which can be triggered at any given moment in time, when certain required conditions are fulfilled. Therefore, it is obvious that the science of this planet is completely helpless. This is why the alternative we give in this booklet, through the SUPREME AND EFFICIENT METHOD, makes the avoidance of such a catastrophe possible, even if at a first glance this might seem impossible. We must keep in mind that the already famous prophecies of the Virgin Mary, of Fatima, had and have a certain meaning. It would be stupid of us to imagine that the Virgin Mary portrayed a terrible vision for more than 70,000 human beings – a



vision which predicted, in the times we live in, the terrible catastrophe awaiting us in the future – only to scare us, or only to tell us that everything is inevitably lost and that we have nothing else left to do other than to keep our hands in our pockets and wait, paralyzed, for the inevitability of that prophecy to unfold in the near future, triggering a terrible catastrophe, which will

affect all of us together and each one of us individually.

Therefore, this SUPREME AND EFFICIENT METHOD that we suggest, and of which it can be said has already proven its efficiency in another successful collective application, is, and remains, an efficient alternative. If it is applied by a considerable number of human beings, it will be successful and will make the stopping of a catastrophe possible. This is because Planet Earth will be protected in a providential way through the effects generated by the careful and perseverant practice of the SUPREME AND EFFICIENT METHOD presented within this booklet.



We know already that these revelations, which are obviously essential for the whole of humanity, will not be supported by the mass-media. On the contrary, sudden and irrational hatred, disdain and even constant reactions of mockery will be triggered.

Due to the truths contained within these revelations, they will cause strong rejection from those who are sceptical, materialistic and narrow-minded, as well those who are mean, perverse and demonic. They will feel the strange and often irrational impulse to fight against them strongly, in order to thus stop the profoundly powerful and beneficial current of opinion that could generate a force idea able to start profound and unexpected transformations in the subtle sphere of force of Planet Earth. Such reactions, which will appear shortly after these revelations will be made public, should not surprise us. As we know, certain truths often trigger opposition, grimness and even hatred.

When God reveals to us terrible truths, while other people drown daily in an ocean of lies, such kinds of truths are hard to believe, especially by the superficial, naïve, ignorant, inconsistent and immature human beings. For such human beings, the extremely important truths, which require urgent action, are considered to be lies; and obvious lies are easily considered to be truths.

Carefully studying these revelations, you will be able to intuitively perceive and even, later on, discover that they are an extraordinarily beneficial force, to the extent that they will be applied immediately. In this way, each one of you can convince yourselves that **KNOWING MEANS BEING ABLE**.

Please consider that although these truths are terrible and they risk shocking us, they must be known immediately by as many human beings as possible. NOW, BEFORE IT IS TOO LATE.

The time for these shocking truths has come, even if they seem inconvenient or impossible. Please remember that when we carefully and lucidly analyze that which is obvious and then remove the impossible, all that is left is the mysterious truth, even if such a truth may seem momentarily improbable.

However, we must always keep in mind that there are situations in which the truth is reduced to silence as a result of the meanness and savageness of the ignorant, perverse and narrow-minded ones who oppose it.

There are three kinds of truth that should mainly guide our existence: the truths that are full of Godly wisdom; the mysterious truths of the wisdom of the heart; and the essential, mystical truths which God reveals to us at the right time. By attentively studying this booklet, we will discover within its pages such truths. In this way, our striving to read it carefully, combined with our aim to immediately apply the SUPREME AND EFFICIENT METHOD presented within it, will be greatly compensated. Considering our inner experiences, we dare to believe that the revelations you will discover in this booklet are not only extremely useful, but

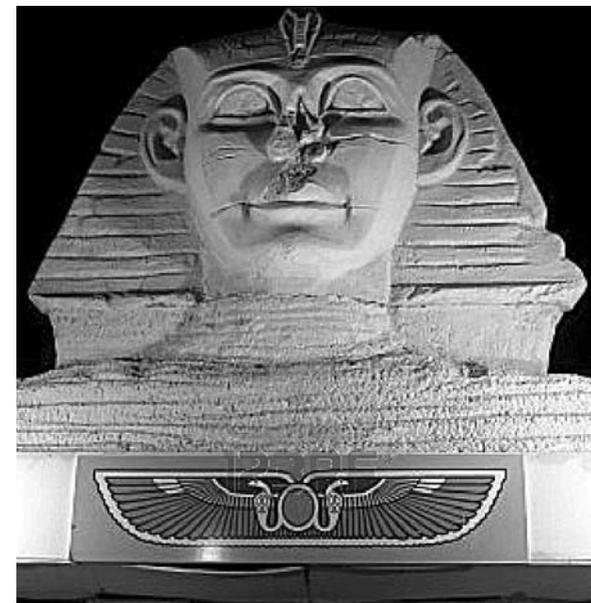


also extremely valuable, given the apocalyptic times in which we are living.

Many of the truths revealed here may seem strange to some of you, and for others still they may seem even more unusual than fiction. Nevertheless, we assure you that later on you can become convinced that the revelations offered in this booklet are perfectly true. In this way, you can be convinced that most often the truth is revealed through making certain adequate effort. In this case, the authentication of these revelations can be done gradually, as each one of you will carefully and perseverantly practice the SUPREME AND EFFICIENT METHOD presented in this booklet.

Even if it is sometimes insidiously stated that it is wrong to tell the truth, by carefully studying this booklet you will discover that it offers some terrifying truths. These must be known as soon as possible, by all lucid, intelligent, mature and responsible people.

Yet, the truths revealed here will not convince ordinary people, who indulge in scepticism, indifference, superficiality and ignorance. We should not be surprised about this, because most often



truth is the mysterious Sun of intuitive and penetrating intelligence. The Ultimate Godly Truth is, and will always remain, a final goal.

As some of you have probably realized, most often certain truths represent the most terrible enemies of one with a mediocre mind, which is filled with doubts. For us people, it is very good to know the truth, because it is often the most precious of all goods. In its absence, man is "blind". Truth is an essential good that must be received without any hesitation, wherever it is revealed to us at the opportune moment. But we must keep in mind that like spiritual abundance, essential truths are a treasure. We need only to be "wise treasurers". This is why we must accumulate and assimilate them, in order to then generously give them to all those who are open and ready to receive them.

For the one who is intelligent, intuitive, full of common sense and skilful, the truth is also a *sui generis* means to, first of all, make the removal of error, sin and suffering possible. For the wise ones, the truth can always be more beautiful, without disappearing. Even when it is constantly repeating itself, the truth triggers inside of our inner universe sublime and mysterious subtle processes of *occult resonance*, which make it ceaselessly new, fruitful and a generator of great happiness.

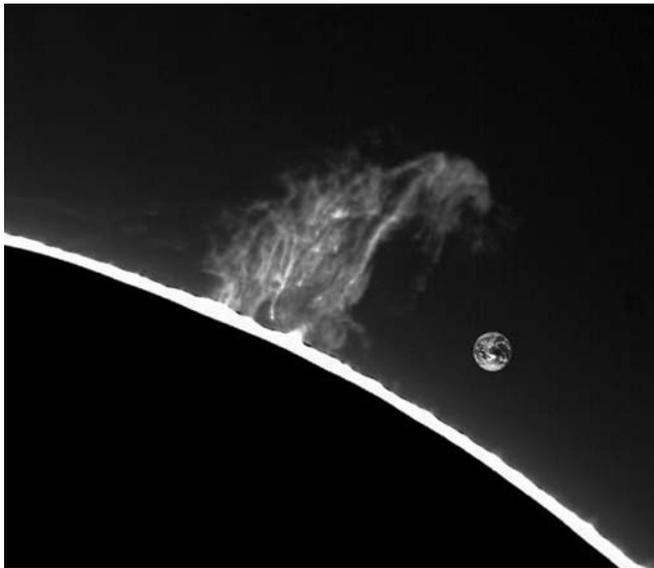
One of the essential characteristics of the Ultimate Truth is that when it is fully understood and assimilated, the Divine Ultimate Truth will eventually liberate us.

Yoga teacher Gregorian Bivolaru

Chapter 1

THE PROPHECIES MADE BY THE VIRGIN MARY AT FATIMA ARE STARTING TO APPEAR ON THE HORIZON IN THE NEAR FUTURE. SOME OF THEM HAVE BEEN INDIRECTLY CONFIRMED BY SCIENTISTS

Nowadays, few human beings are willing to believe that in only a few minutes a huge catastrophe could take place on planet Earth. And yet, it is possible to imagine that at a certain moment, after the year 2010, maybe even in the middle of the night, the sky above Denmark or above another more southern country will be lit by a highly colourful bright glitter. Those who will witness it might believe it to be the aurora borealis, even though it can rarely be admired so visibly and enthrallingly at this latitude. Nevertheless, this phenomenon would not last for long. 2-3 minutes later, all the lights on the streets and buildings would start flickering and become very bright for a few moments and then the entire country would sink into darkness. In only 2-3 minutes, the entire European continent could be cut off from electricity. And such a situation could last, without any hope of being fixed, for 15 to 20 months. 10 months after such a phenomenon, tens of millions of human beings in Europe would die and the infrastructures of the European continent would be ruined. At the same time, China, Japan and the United States of America would struggle in all ways to recover from this cataclysmic situation. Such a catastrophe is possible at any time from this present moment on. It could happen at any time because of a storm with extremely violent eruptions taking place more than 150 million km from Earth, somewhere on the Sun's



surface. In this way, the Virgin Mary's famous prophecy of Fatima would instantly become a shocking reality.

At a first glance, the sceptical human beings, who are extremely preoccupied with material and inert matters, could believe that although such a catastrophe has not happened yet, anyway, we, the human beings living on this

planet, could not do anything about it. And even if there is the possibility for such a catastrophe to happen, there is nothing we can do to make such a serious threat disappear. Nevertheless, if we remember the Virgin Mary's prophecies, we can immediately realize that these prophecies have been offered to us so that we (those who are aware enough about the possibility of such a terrifying alternative, and who are responsible enough) can act now, before it is too late, in order to make this frightening possibility disappear for us, Earth's inhabitants. The prophecies offered at Fatima



are, and will always be, a warning for this planet and it is essential that from now on we take them into account. Moreover, it is necessary to aim to do what the Virgin Mary has advised us, because with God's help it is possible to stop this catastrophe before it starts. If we wait for the moment when such a catastrophe will start, it will already be too late. Then it will really become obvious for all of us that there is nothing more to be done. The warning signs of such a catastrophe already exist and will be revealed in this booklet. Considering these aspects, each and every one of us who has carefully read these lines must become aware that there is a great danger, especially if we notice that this planet already faces obvious apocalyptic events.

Knowing and understanding all these aspects, it is necessary to realize that, unfortunately, this catastrophic alternative is not a joke, but a shocking reality which could take place on planet Earth at any time, be it day or night. A shocking aspect that should make us think seriously about it is that certain scientists have recently warned us that this threatening possibility has a 99% chance of materializing within the years to come. Lucidly analyzing this catastrophic alternative, which could manifest at any time on planet Earth, we can also realize that modern science would be completely useless in the case that such a cataclysm takes place.

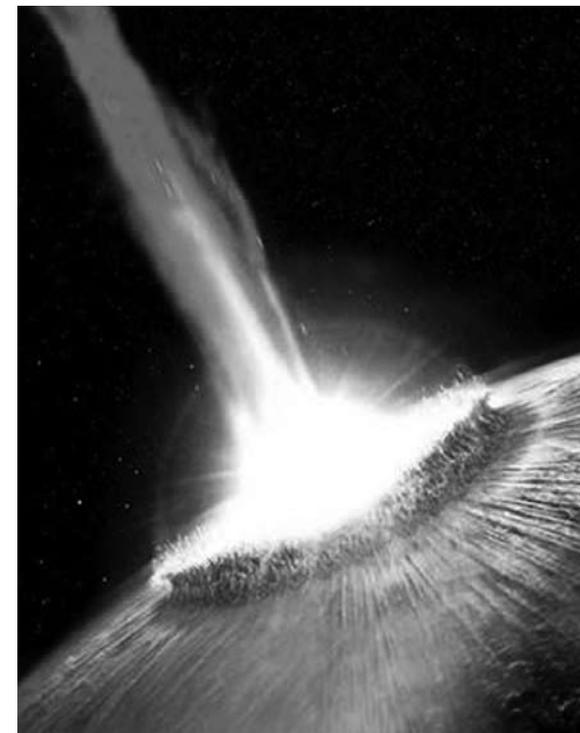


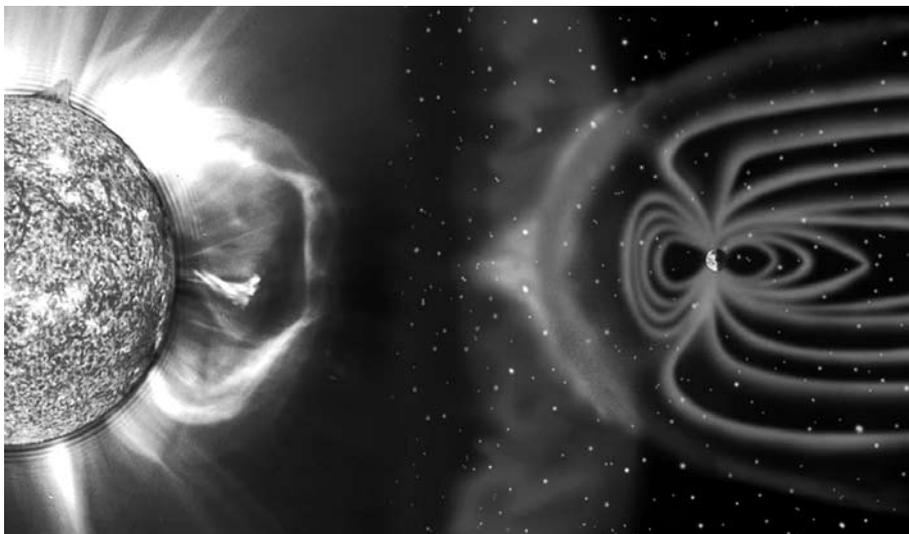
Yet, there is hope for salvation and there is a way to act. All we have to do is to urgently apply the divinely inspired advice of the Virgin Mary. For this, we, those of us who have a drop of intelligence, responsibility and common sense, can mobilize ourselves from now on, acting in a divinely integrated way and with perseverance in order to succeed (only with God's help) in quelling such a catastrophe, which could take place at any time, affecting all of planet Earth. At a first glance, for the sceptical and ignorant it may seem unbelievable that the Sun could cause such a huge disaster on Earth. However, we must remember that in January 2010 a report sent by NASA mentioned that it is highly likely that such a catastrophe could take place in the near future. Moreover, the National Academy of Science (NAS) in the USA has also confirmed this catastrophic possibility. This should make us think carefully, because in this way we have been indirectly warned about the abovementioned aspect. In this way, the Virgin Mary's prophecies, revealed at Fatima, start to appear as a reference to some disastrous events that will happen out of necessity on planet Earth, as long as we, its inhabitants, continue to live in the same state of lethargy, indifference and scepticism, consid-

ering that all of this is just pure nonsense, or thinking that we, the people, cannot do anything to prevent the appearance of such a catastrophe. This fatalistic way of thinking is contrary to the message in the Virgin Mary's prophecies, which, in contrast, shows that through divinely integrated actions, even done in unison, by asking for God's help, it will become possible to avoid the manifestation of such a catastrophe. This catastrophe would have terrible consequences for our planet, as long as we continue to indulge in lethargy, doing nothing from what the Virgin Mary asked us to do in order to prevent, with God's help, such a catastrophe, which, unfortunately, begins to appear on the near horizon.

By analyzing the possibility of this catastrophe, we can easily realize that over the last decades western civilization has unconsciously planted the seeds of its own destruction. The general "modern" lifestyle on our planet depends entirely on technology and nowadays it exposes us more than ever before to a major danger: the strong plasmic emissions from the Sun's surface that could reach our planet. In only a few minutes, such plasmic emissions can "fry" all our power stations. Such an event could occur in only a few minutes and even if it would not be a big event, it would still have catastrophic consequences for the next 15 to 25 months.

So, whether we like it or not, the prophecies made by the Virgin Mary at Fatima begin to appear to be inevitable, unless we do something about them. Even certain scientists claim that there is a 99% chance that they will become a terrible reality in the near future. Correlating these predictions of the scientists with the Virgin Mary's prophecies, we can discover that it is time to immediately start doing what the Virgin Mary told us to do a long time ago. Each and every one of you reading these lines must become aware that it is time to mobilize ourselves and to act in unison from now on, according to





our abilities, begging for God's help for such a catastrophe to be stopped through our sincere prayers, which are full of faith, before it will manifest. Please consider that we are sending a warning signal now for all Earth's inhabitants, because the predictions made by competent scientists are among the saddest. We remind you that experts in space meteorological events, such as Daniel Baker from Colorado University (USA), have stated: *"Unfortunately, we are getting closer and closer to a possible planetary disaster of unexpected magnitude"*.

At a first glance, especially for the mind and understanding of the ignorant and sceptical ones, it is hard to believe that the Sun could compromise in only a few minutes the majority of our planet's technological processes. And yet, in the present moment, there is a great deal of proof confirming that such a catastrophe is 99% possible. There is a risk of it taking place within the next 4-5 years, if we allow things to follow their flow. It is obvious, for the initiates, that what is to come is not an accident, but a necessary catastrophic manifestation. The Virgin Mary warned us about it through the prophecies given at Fatima.

In order to understand the possibility of such a catastrophe manifesting at any moment in time, it is necessary to remember that the spherical surface of the Sun is made of a huge quantity of plasma charged with particles that circulate enormous amounts of energy. Some of these particles, which are circulating a gigantic amount of energy, escape, at a certain moment, from the grip of the Sun's atmosphere and then move through space as huge "solar winds". The predictions of scientists show that in the near future these "streams of force" will transport billions of tonnes of plasma that will manifest as huge "balls" of fire called "massive emanations of the solar crown". If, in the coming years such an

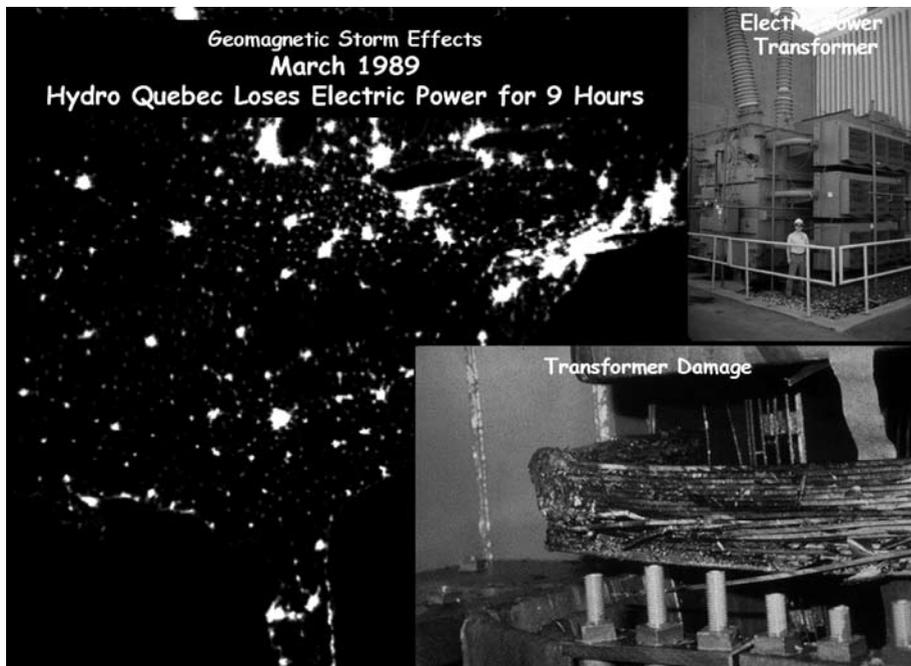
emanation starts somewhere on the surface of the Sun, and then heads towards the Earth, it would have a certain impact on the magnetic field and even on the surface of the Earth, and the result would be devastating.

Studying these lines, it is worth remembering that when the miracle took place at Fatima, the tens of thousands of human beings that were there watched aghast at the sight of the Sun coming down from the sky and falling on the Earth. In those moments, the terrified crowd experienced a state of extreme panic. Analyzing what happened then and comparing that phenomenon with the scientists' predictions of what is to happen in the coming years if things follow their natural course, we find out that the vision the Virgin Mary gave to all of us predicted the possibility that such a "ball" of fire would appear and head towards our planet, and was not coincidental. The impact would result, in only a few minutes, in a terrible catastrophe. If this happens (Heaven forbid!), it would make us remember, in a moment when nothing can be done about it, that the miraculous image that appeared at Fatima had warned us, with frightening precision, about what was going to happen in the future (in the coming years to be more precise), unless we, the people, had done what the Virgin Mary asked us to do, in order to prevent such a catastrophe, through God's help.

As scientists recently predicted, if such a fire "ball" of plasma enters the atmosphere of our planet, it would cause a rapid change in the configuration of the Earth's magnetic field. This huge event (as an energetic release) would induce extremely powerful currents in the power cables of all transformers and power



stations on planet Earth. Considering that these have not been structured to deal in due time with such an enormous direct flow of electricity, this phenomenon would destroy them. This would have catastrophic consequences for the entire planet. Specialists estimate that the greatest danger for the power stations on the planet in the case of such an "energetic attack" is the rapid melting of the inner circuits of all transformers used for



transmitting electricity to end users. It is necessary to think about how such an event, of a smaller scale, took place in the Canadian region of Quebec in March 1989. Back then, after the manifestation of such a "ball" of fire made of plasma, more than 6 million people were left without electricity for 9 hours. We must consider that the sun storms which will take place in the coming years can be thousands of times more powerful. It would be enough for such a plasma "ball" of fire to impact the Earth's magnetic field and all the transformers on the globe would then be tremendously affected, even destroyed, and the planet would be left without electricity.

In order to help you understand the magnitude of such a disaster, that could take place within only a few minutes, we remind you about the most well known devastating meteorological event in the history of this planet. It took place in 1859 and it was recorded in the history of the planet as the "Carrington event". The phenomenon was named after British astronomer Richard Carrington, the first one who understood its cause very well. Here is how he described it at that time: "Two formations, like spheres of bright white light, were emanated by a big group of solar spots." In 1859, it was said that "the Carrington event was the manifestation for a period of 8 days of certain big distortions and variations of the spatial and meteorological conditions." Many eye witnesses declared that they noticed a certain very bright and impressive aurora borealis which could

even be seen during the night at the equator. Moreover, during those 8 days, all worldwide phone networks were interrupted and the magnetometers (devices for measuring the magnetic field) were completely out of order. Recent forecasts, resulting from the analysis done within the National Academy of Science (NAS) in USA, suggest that due to the excessive use of modern technologies we depend so much upon, in the event such large scale events occur, the manifestations appearing on planet Earth would be much stronger and more serious. If all this takes place, millions of human beings would die.

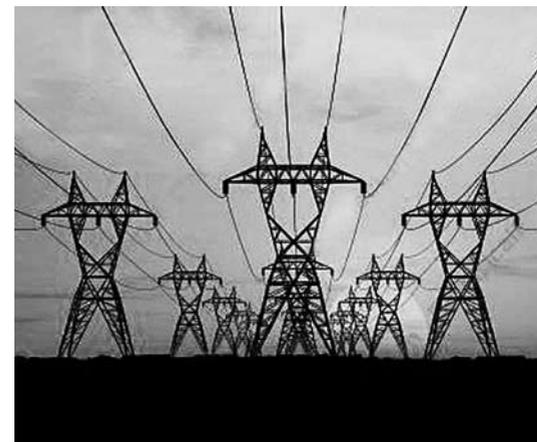
In the case of such a phenomenon, produced by such a plasma "ball" of fire, two very serious problems could appear within only a few minutes.

1. One of these serious problems could appear due to the way the modern power stations are designed to operate at a very high voltage, supplying large electric networks. Even if such a method gives great efficiency for administrating electric networks, minimizing energy losses and waste that could appear through overproduction, it also makes the power stations more vulnerable to spatial meteorological conditions. In such situations, high power stations behave like antennas, channelling direct currents of enormous intensity that would suddenly pass through the electric transformers, burning them.

2. A second serious problem might appear due to the interdependency of electrical power stations with the main systems that provide utilities. Such systems are connected to the filtering of drinking water, to the infrastructures supplying industry, health and transportation, to financial markets, and generally speaking, to everything that has to do with electricity.

Combining these two aspects, it becomes obvious for us that a possible repetition of the "Carrington event" (at a larger scale) could produce such a huge catastrophe the modern world had never seen before. Paradoxically, the repetition of the "Carrington event" could manifest to a great extent contrary to what we expect to be the trigger of

natural disasters. Generally, in such a situation, when certain natural disasters take place, the least developed areas of the world are the most vulnerable. In the case the "Carrington event" repeats with a greater intensity, this time the super-technological and "modernized" areas would be the most affected. In the following, we let the forecasts and numbers speak for themselves.



According to exclusive reports from NAS (USA), such an extremely violent spatial meteorological event, that would affect the USA territory through the impact of such a plasma "ball" of fire, could induce extremely powerful electrical currents able to destroy hundreds of key transformers within 60-90 seconds and the other transformers within a few minutes. This would suspend the power supply in extremely large areas for a very long time, leaving more than 130 million people without electricity. From the moment such a catastrophe appeared, the final countdown for America would start.

Considering scientific reports, here is how a so called "Apocalypse" starting immediately afterwards in the USA would look like. It would have 4 stages:

1. The first effect triggered by this unfortunate stage - an immediate effect for some human beings - is the shutting down of drinking water. Anybody living in an apartment on a high floor, where the water can only reach if it is pumped up, will soon be out of water. For the other human beings, who do not live in high floor apartments, drinking water could probably still run through the pipes for maximum half a day longer (about 12 hours).

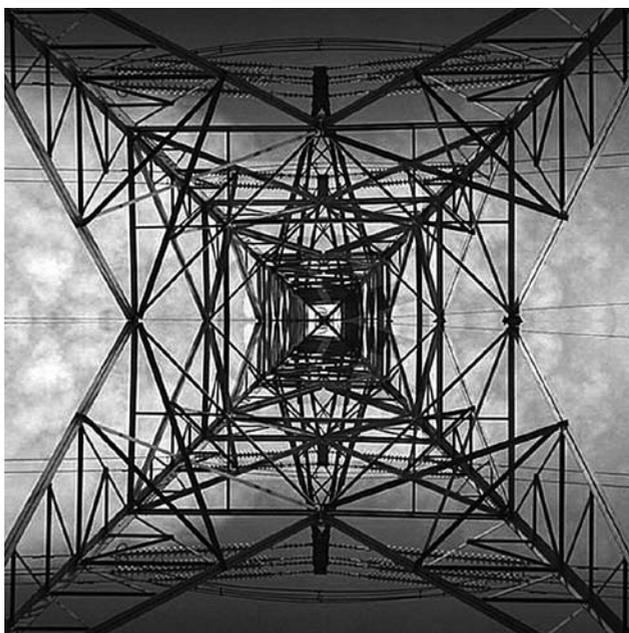
2. The second stage will have as effect the ceasing of any electricity based transportation: trams, trains, subways and electric buses will no longer run. It is necessary to realize that also the other transportation vehicles cannot last for too long, as the fuel in the tanks will end and there will be no electrical energy necessary to pump up the gas from underground reservoirs to the gas stations.



3. The third stage: almost all food shelves in stores and supermarkets will soon be empty and will stay empty, due to the same lack of transportation.

4. The fourth stage: in the best case scenario, some electricity generators designed as reserves will not be destroyed and will still function for a while. But this will last for as long as their batteries, accumulators or other systems, keep them running. For all hospitals, this event would mean a maximum of 72 hours for devices to continue functioning. Afterwards, any form of modern medical assistance will stop. The fact that such a situation could last for months and months, or even years, is truly shocking, and, at first glance, unbelievable. It is necessary to know that none of the transformers that will be melted can be fixed, although they could probably be replaced. Some specialists estimate that there is a very small number of such spare transformers, but we must keep in mind that to install a new transformer takes a week or even more, for a well trained team of specialized workers, and such teams are hard to find. Besides, in about one month, all spare transformers could already be installed and functioning, but their number is insufficient and many important points would still be disconnected from the power supply. New transformers should be made, and this would take at least 12 months.

Even if some energetic systems will again become able to receive an energy supply, there is no guarantee that they will have a power source, considering that also the transport network would be seriously damaged. We should also remember that almost all existing natural gas and petrol pipes need electricity in order to function. Coal supplied power stations usually make reserves that should last for at least 30 days, but with the transportation missing, there would be no prime matter (fuel). Therefore, the electricity production would be shut down at least two months after such a catastrophe started. Also, the power stations producing nuclear energy would be in no better situation. As it is known, they are programmed to stop in case of any supplying problems and they cannot start functioning again before the electrical systems are running.



Without electric energy for heating, cooling or refrigerating, without transportation and medical assistance, many human beings that could be affected by diseases or epidemics would die within a few days. Many such dangers would be instant, especially for those who depend on medication in order to be healthy. If the power supply stopped in New Jersey, for instance, a medicine production centre, important for the entire USA, would be lost. Many perishable medicines, such as insulin, would be unavailable, and we know there are millions of people suffering from diabetes on each continent. The sudden halt of medicine production, as well as of distributing and storing certain medical products, would condemn to death those who suffer from diabetes, for instance. And the possibility to receive help in one way or another would not really exist. Huge areas that could be affected by even a minor solar plasma emanation might be at hundreds, or even thousands of kilometres away from all those who could offer to help. And even among those, few would be willing to do it. Plus, they would probably have poor equipment to deal with such a disaster properly.

If we were to estimate its cost, such an "apocalypse" could cost more than 2,000 billion Euros.

In case we wanted to estimate the costs of such a disaster, a first analysis shows that it would raise to extremely large amounts, more than 2,000 billion Euros. This corresponds only to the first year after the manifestation of such a catastrophe caused by a plasma "ball" of fire. The National Academy for Science (NAS) estimates that the recovery period could last from 4 to 10 years. Nevertheless, we must realize that the costs and the time frame are huge. Somehow, it is a perfectly legitimate question to ask: Will the nations belonging to countries that are almost entirely technological ever recover? It seems that the most exposed regions are especially those from the northern hemisphere. Those countries close to the North Pole, such as Sweden or Norway, for instance, are already aware that although the periodical spectacle of aurora borealis is very pleasant to watch and admire, it also represents a continuous threat to the existing electrical networks. And yet, the installation of high voltage networks makes the southern countries become also vulnerable, in the case of an impact with such a solar plasma emanation. For instance, China is about to implement a 1.000 KV electrical network – twice the voltage of the USA network. Unfortunately, such an electrical network is also a friendly environment for propagating the disaster induced by unfavourable spatial meteorological conditions.

If we study carefully the situation, we discover that Europe is also not well prepared to face such a catastrophe. European electrical networks are massively interconnected. This is why they are at high risk of cascade malfunction. In 2006, the controlled energetic shut down in a part of Germany, done in order to facilitate



the safe passing of a ship under high voltage cables, generated a cascade falling of energy supply in the entire Western Europe. In France only, more than five million people were out of electricity for 2 hours. These systems are so complicated that even the specialists seem unable to fully understand the effects of modifying the functioning conditions, even when they appear in one point only.

Still, there is a possibility (a minuscule one, which is not at all certain) to know if such a "ball of fire" made of plasma will impact the Earth.

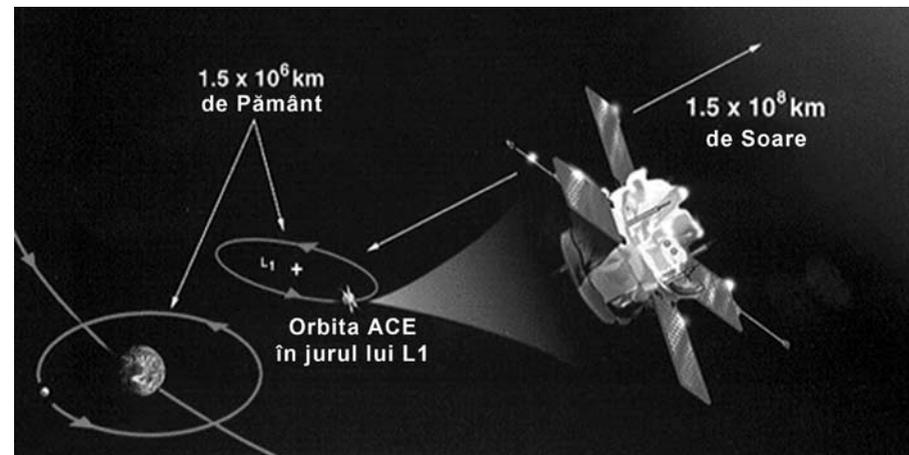
And additionally, although uncertain, there is also some good news in this direction. If there would exist a fast enough warning system, which could warn us immediately when such a "ball of fire" made of plasma is heading towards the Earth, having the risk of colliding into it, the companies distributing electricity could take safety measures, and limit or interrupt the transfer of electric energy. Therefore, these uncontrollable "peaks" of tension, would not trigger the destruction of all transformers through a disastrous "domino effect" in the electric system.

Nevertheless, we should be realistic about this possibility; because, even if it would be known that such a gigantic "ball of fire" made of plasma is heading towards the Earth with the risk of colliding with our planet, we would have a very short interval of a maximum of fifteen minutes left before the impact. This interval would be too short for efficient action, even if we would promptly take all the necessary measures suitable for such a situation which might trigger the catastrophe that we mentioned. Regarding this aspect, the bad news continues, because in reality,



paradoxically the warning systems are insecure: the more computerized and automatic they are, the more vulnerable and less efficient they become.

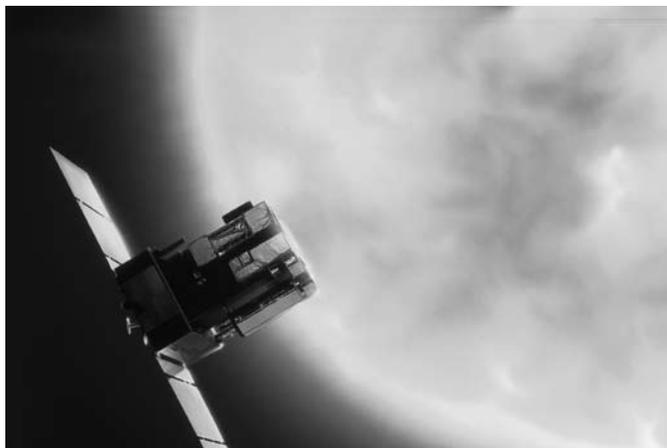
Regarding all of this, it is necessary to know that the most important warning system



The satellite ACE orbits around the so-called point of equilibrium L1 of the gravitational system Earth – Moon – Sun

for such a situation of a "ball of fire" made of plasma heading towards the Earth, is the NASA satellite ACE (Advanced Composition Explorer). Launched in 1997, ACE is orbiting around the so-called "point of equilibrium L1" of the gravitational system Earth – Moon – Sun. The continuous monitoring, through its sensors, of the solar winds and of other energetic currents made of high-energy particles emitted from the solar sphere, allows it to deliver reports almost in "real time". It can pre-warn, within a minimum of fifteen minutes and up to a maximum of one hour, the triggering of a catastrophic geomagnetic storm, which would over-load the electric systems and interrupt the communications. The imprecision of the ACE satellite determined NASA to launch in 2006 the two space probes of the mission STEREO, in order to predict with higher accuracy the direction and the speed of the "balls of fire" made of plasma and their probability to collide with the Earth. Nevertheless, regarding this aspect, we should be realistic and realize that, even if we know exactly that the Earth is going to be impacted by such a "ball of fire" made of plasma, the electric companies would need at least fifteen minutes to prepare all the systems against this critical event of catastrophic consequences. Some scientists estimate that, in the case of Carrington type events, the massive emission of plasma, bursting out of the solar crown as "balls of fire" made of plasma, might reach the Earth in less than fifteen minutes, counting from the moment they reach the position of the satellite ACE. Moreover, we should mention that both the satellite ACE with its components and the STEREO probes have already surpassed their expected duration of function. The detectors of ACE have after all these years diminished in their accuracy and sensitivity, and we do not know when they will cease their function. For example, they might fail during the

next extraordinary powerful flow of solar radiations. Unfortunately, in the near future there is no replacement for the ACE satellite or for the STEREO probes. Other satellites observing the sun, such as the SOHO satellite (solar and heliospheric observatory), can offer a warning, with



SOHO satellite (SOlar and Heliospheric Observatory)

less detailed and significantly delayed information! Considering that the SOHO satellite can alert us only after the calamity has been produced, it is helpless. At the present moment, the involvement of most of the specialists and politicians in solving this problem is minimal. Due to the unconsciousness and the ignorance that we indulge ourselves in, nobody considers seriously this possibility threatening us at every moment... until such a disaster will hit the planet Earth and generate tens and tens of millions of victims.

Considering the estimations of some scientists and researchers, most probably such a solar storm will happen in the autumn of 2012 (when most probably such "fire balls" made of plasma might collide with the planet Earth), concomitant with the triggering of the next maximum of the solar storms. According to some sources, during the equinoxes, due to the specific orientation of the rotation axis of the Earth in relation with the orbit plan, the world's energetic system has a reduced power demand in the electric systems, thus being more vulnerable in the case of sudden "peaks" of energy, induced by the assault of such "fire balls" made of plasma.

We should think realistically and realize that, if the satellite ACE collapses before such a decisive moment, or if a huge "fire ball" made of plasma will impact the Earth very fast or much too soon before the device could signal it, the consequences for planet Earth would be unavoidable and catastrophic. Such a calamity could induce a terrible chaos on a large surface of the planet, or, according to certain estimations, even on the entire Earth, which might last at least two/three years. It is necessary to make intelligent correlations in this direction, and use our intuition in order to realize the astonishing resemblance (which should make us think seriously) between the frightening vision that tens of thousands

of people had at Fatima (when the solar globe seemed to detach from its place, heading to Earth with a stunning speed), and the recent estimations of scientists and researchers predicting a solar storm that might impact the Earth in 2012. All these should make us think, and, moreover, trigger a serious warning signal in us. We must do something, because by maintaining ourselves inert, larval, shrugging our shoulders while saying "I am not interested" or "There is nothing that I can do", might have disastrous consequences for Planet Earth, affecting severely and irreversibly each of us, with the risk of many deaths.

The great sages of this planet have always stated that, in a severe situation, each adequate action is superior to the larval state of inaction. Therefore, it is necessary to consider seriously the information we present to you in this booklet, and for each and every one of us to mobilise and to act in unison, in order to avoid such a calamity, with the help that comes from God (only when we ask for it), and through our ceaseless concerted actions, made in unison.

This concerning situation shaping on the horizon (in the near future) is millions of times more severe than the ignorant, superficial and sceptical people might realize. Considering all the data and the predictions of the scientists, we realize that such a calamity has a 99% chance to happen on Earth, unless all of us (who know of it, and moreover, who know of the existence of a simple and efficient method to stop it) will act. We should act from now on perseveringly, with enthusiasm, manifesting at the same time the hope that God will listen to our collective prayer, and He will answer our sincere, humble request full of faith, supporting





each of us (the ones acting as it is necessary) in order to prevent now, whilst we still have time, such a calamity that threatens all and each one of us. Knowing and not acting (each of us) accordingly to our abilities, imploring God to manifest through our beings His Almightyness and Compassion, in order to succeed through His help to avoid such a catastrophe, represents cowardice which might have lethal consequences in the near future. Many sufferings, affecting each and every one of us, will precede this event; nevertheless, if we act now, we can determine them to never appear. Therefore, now

more than ever, we are facing an extremely important option:

- We can chose to do nothing, maintaining ourselves in an inert, larval, indifferent sate, shrugging our shoulders and saying: “Nonsense, I do not believe this rubbish, such a thing will never happen, I am not interested in this”. In the case of such an egotistical, cowardly attitude, due to our indulgence in demonic doubts we would accept that “there is nothing we can do” because “this will never happen”. In this situation, we will suddenly confront the unpredictable and unavoidable. This will then make us say: “How stupid and unconscious we were, how idiotically we acted”, indulging ourselves in disregarding all of these warnings, both the ones given by the Virgin Mary – that presented us with anticipation the future events, in front of the terrified eyes of tens of thousands of people in Fatima – and of the scientists, regarding the emergence of such a disaster.

- We can start acting immediately, each one of us according to our possibilities, practicing every day from now on, at least three times per day, THE SUPREME AND EFFICIENT METHOD proposed to you. This will generate the necessary unison, which might help avoid such a catastrophe, due to the immense help, manifested through us, being received from God the Father, when we ask for His help and implore Him to manifest, in and through our beings, His Almightyness and Grace. If we do so, we have all the chances and we can even hope that this calamity will never occur.

The Virgin Mary’s prophecies at Fatima, and the vision she offered to tens of thousands of people present there, undoubtedly have a meaning. They mean that, if we request with humbleness and faith the help from God the Father, then we can be sure with anticipation that this help will not be delayed in appearing. Thus, a terrible catastrophe, threatening each and every one of us, will be prevented. If such a catastrophe will no longer manifest, we should not be disturbed by the foul-mouthed, the bad and the blasé, who will laugh sardonically, sarcastically ridiculing us, saying with their immense foolishness and ignorance which they unconsciously indulge themselves in: “See, all these were ineptitudes without any foundation . None of your premonitions occurred”. Such a conclusion, which might appear disastrous for our egoism, will be in fact our victory, for all of us. Then we should thank full of gratitude to God the Father, for helping us in His great mercy, removing from us this dreadful cup of sufferings and of death in terrible ordeals.

With a lucid and objective analysis of this severe situation, which takes shape on the horizon for each and every one of us, and for the planet Earth, within the near future, we can realize that this is and will remain the only method, always at our disposal, that can prevent such a catastrophe. It is meaningless to think that we are very few, or that God might not consider our prayer in unison. Such cretinous thoughts (based on our lack of faith and on our demonic doubts) should not exist in any of those who act every day from now on, according to the possibilities and the time we should make in order to act in unison so that, through the help from God, this catastrophe will never occur. If we act each time united in minds and hearts, in order to succeed in avoiding this catastrophe, with the help of the

Almightyness of God the Father, which we will invoke full of humbleness and faith to manifest through our beings, it is for sure certainly in our power to become divine relays in order to counteract, by acting daily, this potential catastrophe (when as many of us as possible will act in unison). For those endowed with common sense, intuition



and intelligence, it is obvious that if we do nothing, we can lose everything, and even die. In those days of calamity, we will realize that all our inveterate efforts to collect all kind of material goods, to buy houses, to save money were foolish, useless and even insane. They will not be of any help.

We appeal to all of you, at the same time, to manifest from now on an exemplary state of solidarity and brotherhood, acting day by day and practicing this simple and efficient method, so that through the help coming from God, we will succeed to avoid, only by the help of God, this catastrophe shaping itself in the near future. Especially those of you, having always the attitude of the foul mouthed, the contentious, the ill-intended, the malicious, the gossipers, calumniating this spiritual path in different ways, you should make a lucid review and question yourselves seriously: "WHAT DID I DO WITH MY LIFE?!" Then, reaching the conclusion that it is about time you become good for something (by constructing, creating, giving, praying etc), it will be extraordinarily good for you to mobilize yourselves and to act day by day in unison. In this way, you will shortly discover that by doing much good for this planet, with the help of God, you will at the same time have much good and harmony for yourselves and a new inner state (which until now has been so perturbed, tormented, full of viciousness and hate, always discontent, malicious, never bringing you any happiness, health, welfare and harmony) will appear in your beings. You especially have a chance, starting from now, to lend a hand and do something good, both for yourselves and for this planet, so that a terrible catastrophe is avoided. This catastrophe has all the chances to occur, considering the prophecies that Virgin Mary offered at Fatima, together with that frightening vision, which only now proves to anticipate what is going to happen on this planet, unless each of us will act. Acting from now on, day by day, at the established hours, in order to do what is good and necessary to first save ourselves, we will thus save this planet from the calamity threatening



it. It is very important to realize that, to the extent each of us (the good, the very good, the evil or the less evil) will understand the emergency of this mobilization, we will also have the extraordinary chance to discover every day, in our inner universe, that by doing this good and using perseveringly this simple and efficient method, we will feel at the same time the divine energy, that will transit our being when we become the mysterious channels, in and through which God manifests His Almighty, allowing us to benefit largely from this good that we do for ourselves, for the planet Earth and for all of us. Performing each day, with humbleness and perseverance, this simple and efficient method, we will feel at the same time that the mysterious divine energy manifesting through our beings, coming from God (when we invoke it), will transform us, making us better and healing us, and it will elevate considerably our predominant frequency of vibration. In addition, it will simultaneously trigger in our inner universe profoundly beneficial, divine, creative processes of *occult resonance*, at the same time as we contribute to avoiding this catastrophe threatening us. Thus, we will convince ourselves, each of us (the ones practicing daily this simple and efficient method), that when we do much good, simultaneously we will discover much good in our inner universe. Because a large part of this good, manifesting through us as divine channels, will remain in our being and will transform us, accumulating more and more in us, due to the cumulative processes of *occult resonance*. Thus, it will be possible for us to make important spiritual leaps, whilst acting in order to avoid this catastrophe, with the help of God. According to the extent we involve ourselves in practicing this simple and efficient method at least three times per day, doing this good with the help from God, we will benefit ourselves more and more from this good we do. Thereby, we will simultaneously feel much closer to God the Father, our connection with Him will improve gradually, and we will perceive, in an indescribable way, not only that God exists, but also that He is almighty. The most important experience, obtained by practicing daily this simple and efficient method, will be the discovering of the Almighty of God the Father, manifested in a mysterious manner through our being. In this way, day by day, each of us will discover that this Almighty exists and, when we invoke it with faith and humbleness, it is channelled through our beings, and directed to avoid with its help this calamity, that is





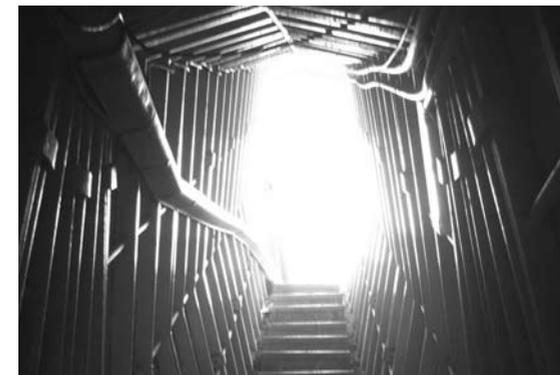
to occur in the near future. By knowing all this, we should not give the second or the third place to the perseverant practice of this method. Understanding with lucidity and responsibility, we will realize that all the other worldly purposes, for example our efforts to obtain different jobs, honours, money, social positions, material goods, or other human ephemeral accomplishments, are all infinitesimal and obviously insignificant, compared to the danger of this catastrophe that might be triggered. In the light of the prophecies that Virgin Mary made at Fatima, we know very well that it is going to occur, unless each and all of us will do something to avoid it. At the same time, we will discover that to the extent we will mobilize ourselves, every day, to practice this simple and efficient method, and to the extent God will act and manifest His Almighty through our beings (directly proportional with our engagement), simultaneously, astonishing transformations will be gradually produced in our inner universe. These will allow us to discover with happiness (in time), that when we do much good, with the help of God, we receive much good, each of us, and thus we benefit from the good and Divine Almighty, manifesting through our beings each time we apply, at the established moments, this simple and efficient method.

What can we do, regarding this possibility from the general, social perspective of common people?

It is worth analyzing now the situation from the point of view of the common people, who know that this catastrophe is going to occur in the near future. Regarding this severe situation shaping in the near future for us all, and also for the planet Earth, when we ask ourselves, from the point of view of common people “WHAT IS TO BE DONE?”, the immediate answer will act like a cold shower. Thus, from the point of view of common people, we feel a state of helplessness and ignorance. Therefore, the answer to the simple and natural question “what can we do in the situation of such a threatening perspective?” is astonishing. Nobody knows yet what can be done, especially since it is very difficult to mobilize the governments in perspective of such a crisis that might appear when confronting such a catastrophe as never seen before.

The decisional factors do not have the habit to consider such disastrous events, which occur with a low or minimal frequency, as is the case with such cosmic events, which are very rare, occurring maybe once or twice during one civilization.

Nevertheless, we should not forget that the “elites” of this planet know very well that this danger is gigantic. They realized its imminence, so they built for themselves secret bases deep under ground, they built bunkers, unknown for the immense majority of the people of this planet, who cannot even believe it due to the foolishness and ignorance in which they indulge themselves. By correlating all these aspects, we can realize that the self-appointed “elites”, full of hatred and deception (which unfortunately manipulate the masses from the shadow and control the levers of the power on this planet, planning all kind of crimes and planetary genocide, genetically manipulating in laboratories viruses meant to kill as many people as possible) are aware of this catastrophic perspective. They took precautionary measures so that in the case of an imminent planetary catastrophe they are ready to retreat immediately in their subterranean bunkers, where they have food supplies and generators that assure them the electricity, heat and water for many years. Thus, only they, the great murderers, will be able to live safely, having fully contributed to the conditions that bring the eventuality of such a catastrophe, through all the misdeeds that they did and that, lately, they continue to





do more and more. By analyzing all these aspects, we can understand why the elite of world Freemasonry, led by the so-called "illuminati", already built secret bases and bunkers deeply underground, where many of them can hide when needed and live covered there, while the naïve and cretin crowds are left to die, in the case of such a catastrophe took place. Therefore, this is the plan of the "elites" of this planet: to run like the rats and hide deeply underground, living due to their food supplies and all the conditions they created, while the poor large masses of people will die by millions, without any care from these murderers who are avid of power, sadistic and full of hate. Therefore, these are the kind of apocalyptic times going to come, unless we all mobilize ourselves to act at unison, now when it is still possible, before it is too late. These so-called "elites", full of hatred, are willing to kill as many people as possible, since they consider that we are too many on this planet. It is obvious that they are not concerned by the alternative of this catastrophe, since they assured themselves bunkers with all they need for survival for years, and therefore they will not lift a finger to do what is necessary to avoid such a cataclysm. Lately, the "elites" who are full of hatred, are planning and accomplishing from the shadows planetary genocide, spreading by airplane the so-called "chemtrails" which contain deadly substances and viruses, pulverized in the atmosphere in order to produce the death of the poor human beings which, with the naivety, ignorance and foolishness that characterize them, are watching beclouded these chemtrails in the sky.

Even when they are told about these horrors, they swing their heads idiotically, saying: "NO! NO! SUCH A THING IS IMPOSSIBLE! I CANNOT BELIEVE IT!"; then they keep on, and when they develop fatal diseases, like cancer, they start getting suspicious, when it is already too late, as they are dying from cancer or other lethal illnesses. Meanwhile, other cretin naïve people are watching the chemtrails, the tracks of death, and exclaim in their turn: " SUCH A THING IS NOT POSSIBLE, I CANNOT BELIEVE IT! IT IS IMPOSSIBLE!" Thus, the planetary genocide continues, planned in the shadows by the "elites" of this planet, led by the so-called "illuminati", because the immense majority of the cretin naïve people still refuse to believe it and they exclaim in an ironic and depreciative manner: "Nonsense! Conspiracy Theory!!!"

Let us put together all the existent signs, considering the prophecies of Virgin Mary from Fatima, reflecting upon the frightening vision that appeared in front of tens of thousands of people, when the sun seemed to detach from the sky and fall towards the Earth. Correlating all of this with the existence of bunkers and subterranean bases, where the malefic "elite" of this planet is going to retreat in the case of a catastrophe, we discover that all these facts and signs are profoundly significant. They prove that we are already living in apocalyptic times and, therefore, it is urgent and imperatively necessary for each and all of us to mobilize ourselves in unison, in order to do what is needed: to practice daily, from now on, the simple and efficient method offered in this booklet. Sitting back and shrugging the shoulders, saying: "I am not interested", "all this is nonsense" represents a cowardly, irresponsible and criminal attitude. If all the people would do and think like that, the consequences would be catastrophic. When the disaster will be triggered, it will be too late to do anything about it, except from living the apocalyptic and irrevocable days of the doom, for many of us consisting in death preceded by sufferings and horror. Therefore, it is obvious for all of us that we stand before an essential choice. We can avoid, through this simple and efficient

action, an apocalyptic episode triggered through this catastrophe, by practicing every day, at least three times per day, this simple and efficient method that allows us, with the immense help that can come from God (if we implore Him), the avoiding of this catastrophe anticipated in the prophetic revelations of



Virgin Mary at Fatima. On the other hand, we can indulge ourselves in a state of indifference and inertia, which unavoidably will lead to the fulfilment of the apocalyptic prophecies given by Virgin Mary at Fatima. Thus, we are confronting an essential choice: life or death; normality or disaster; profound Godly transformation or the suffering, ending for many of us through death.

Even if the foul mouths will tend to reject vehemently this simple and efficient method that we propose you, finding all kinds of aberrant motivations, you should not let yourselves poisoned, in your impetus and perseverance, by these devil's advocates through which the inferno manifests, nor listen to their sterile, scornful and malicious speculations. Even if for some of you it seems difficult to believe, this method inspired to us by God remains, for the moment, the only certain modality answering to the essential question: "WHAT CAN WE DO ABOUT IT?". If for the immense majority of people living on this planet it is not clear at all what they can do and if among all the others nobody knows what to do, all of us who do know and who already have experience and even success in applying this method, we should not remain inert, indifferent and lazy. Knowing what we can do, we will convince ourselves, as days go by, of the efficiency of this method (through the gram of practice that offers us the experience we need), especially those of us who still are undecided or slightly sceptical. While we will perceive, at the established hours, a mysterious energy entering our beings and accumulating, in order to be directed towards the Earth, we will be able



to convince ourselves, through the profoundly spiritual, divine, sublime experiences appearing in us, that this simple method is efficient. Moreover, by practicing it attentively and systematically, we have the unexpected chance to gradually transform ourselves in a profound and durable manner, while contributing to the salvation of this planet, of each of us and of all the others, even if they indulge themselves in sarcastic laughter, saying that everything is an aberration. Especially to those perverted, stubborn and extremely inveterate human beings who claim that this cataclysm has a **REDUCED PROBABILITY**, we remind them that the shattering miracle, which took place in Fatima in front of the terrified eyes of tens of



thousands of people, was not and it is not an accident. That vision, offered by Virgin Mary to tens of thousands of witnesses, only now proves its prophetic nature, and it is going to occur exactly in the near future unless we do the necessary from now on. We should not wait for this vision, offered by Virgin Mary to tens of thousands of people at Fatima, to take place, thus triggering a catastrophe, and then say with regrets: *"Here it is, eventually that vision came true! It was a pity to ignore it when I found out about all of this, because now is the time for wrath, and it is too late for me to do anything about it."*

Mind that, as presented in this booklet, all this information put together make possible, for the people endowed with a minimum intelligence, common sense and intuition, to foresee already an apocalyptic catastrophe about to occur in the near future, unless we practice daily what God inspired for us: THE SUPREME AND EFFICIENT METHOD, at our disposal in this booklet. Therefore, to the unfortunate people, foolishly replying to all of this: "THIS HAS LITTLE PROBABILITY", we announce them that the situation is totally different because in the near future there are 99% chances for such an apocalyptic catastrophe to occur. If it was different, and if the chances were not of 99%, then the frightening vision offered by Virgin Mary to tens of thousands of witnesses at Fatima would be an aberration or a dazzlingly stupid joke, completely meaningless. In reality, that vision, offered to the terrified eyes of tens of thousands of people, had and has a meaning. It is possible to become a horrible reality in the near future, when this catastrophe will occur if all of us, who know what we can do, will continue to indulge ourselves in inertia and larval states, saying: "I AM NOT INTERESTED IN THIS!"

All these aspects together prove that Virgin Mary offered us through that shattering, frightening vision, the opportunity to know our future, which would normally take place with certitude. This catastrophe will take place unless we, all whom know what to do, will implore the help from God in order to make it possible, through His Almightyness, the avoidance of this catastrophe, which is about to occur in the near future.

The terrible vision from Fatima appears to us – in the light of the premonitions recently made by the scientists - as a dreadful future, waiting for each and all of us soon (unless we will act adequately). Which of us, the people, could say that such a disaster is and remains impossible, despite its



anticipation through the miraculous vision offered by Virgin Mary? Who could say that such a planetary disaster is impossible, even when we do nothing (each and all of us), and we do not request the help from God the Father, in order to remove, through His mercy, this terrible cup away from our lips? It is essential to realize that the event, anticipated through the frightening vision from Fatima, is going to occur in the near future, unless we, the people, will implore His mercy and help. Nowadays, there is a multitude of signs showing that this is the Will of God for this planet, because the planet is full of viciousness and hatred, and submerges in the swamp of sins, errors and vices, instead of promoting and performing the divine good.

The initiated ones know about the Occult Law of the Limit; according to it, God the Father bears and tolerates the mistakes, unkindness, vices, perversity and the infringement of the divine laws, up to a limit, after which God will not bear all of these anymore and, willingly or not, we will confront what we deserve. Then, the people of this planet will receive their well-deserved reward for their misdeeds, mistakes and sins, being gratified through this apocalyptic catastrophe. God will not prevent it, since we mocked all the divine signs and messages which were offered to us, one by one through time, in order to correct ourselves, to turn towards God as is needed since we all are created according in His image and likeness, from the beginnings.

Now, in the twelfth hour, we should remember that God never intended and He never will intend the destruction of the sinners, the lost and perverted ones, but He waits until the last moment for them to turn towards Him, full of faith, love and humbleness. God is full of love, kind and just; he does not want the destruction of the sinners and of the straying ones, but He always desires their correction.

As a conclusion, we should realize that, by rejecting with hatred, malice and derision this simple and efficient method, none of those indulging themselves in this state could be absolutely sure of the impossibility of this potential catastrophe. Because none of those indulging themselves in this attitude could be absolutely sure of the impossibility of this catastrophe, it is thousands of times better, both for us and for the others, to decide joining those who practice this simple and efficient method from now on. Doing so, at the same time we will be able to discover in our beings the profoundly beneficial effects and the indescribable, wonderful fruits, which will appear without delay for each of us, to the extent we practice daily this simple and efficient method, starting now, for our own benefit and for all.

On the other hand, from a lucid perspective, seeing things with much intelligence and common sense, we should conclude that there is a lesson for us in the natural disasters occurring in different places on the globe. Such examples as the Katrina hurricane, the destructive tsunami in Indonesia, or the recent Earthquake in Haiti bring the moment for us to understand that "unlikely" is not synonymous with "impossible". Especially now, the stake is so high, and the probability for such a storm to occur in the next three or four years having devastating effects, is not low; by contrary, it is really high. Moreover, it is the moment for each of us to reflect upon the mysterious meaning, tempted to be revealed, at that time, by the frightening vision offered by Virgin Mary at Fatima to tens of thousands of people. We should not wait for such a calamity to occur and then exclaim while the disaster is taking place: "Look, the prophecy of Virgin Mary already came true!" In addition, we should consider that the first "Carrington event" occurred in 1859, during a mediocre solar cycle. Considering that the "Carrington event" happened suddenly, while the solar activity cycle was not remarkable, and that the scientists are anticipating, based on rigorous researches, for the next four years as being an extraordinarily high peak of solar activity, which was not reached in a very long time, the possibility for such a catastrophe is colossal.

Starting from the dark scientific prediction existing now, we have no guarantee that such an event, this time catastrophic, will not occur during an unusual solar cycle, as the one taking shape in the present. At the same time, we should also consider the frightening vision that Virgin Mary offered us at Fatima. It





is the moment for all of us to realize, as far as we have a drop of common sense, a minimal intelligence and a gobbet of intuition, that in reality the terrible vision, appearing in front of the terrified eyes of tens of thousands of people, will become a dreadful reality in the near future. This will occur unless each of us, who knows what to do, will mobilize ourselves, applying daily with abnegation this simple and efficient method which will make possible, by the help coming from God, to avoid forever this kind of catastrophe. While succeeding, we should not imagine that the high solar activity will not occur either; we can understand that, even if it will take place, the planet Earth will be protected in a divine, providential manner. Thus, no gigantic "ball of fire" made of plasma will impact our planet, triggering an apocalyptic catastrophe as the one predicted in the vision of Virgin Mary (for as long as each of us, as many as possible, will implore the help from God the Father to avoid such a catastrophe by the fact that we, the earthlings, and this planet will benefit from the divine mercy).

Due to the importance of this section, we suggest you to read it carefully, many times, in order to better understand the calamity waiting for us if we do nothing. On the other hand, we can understand what we can do, if we decide that it is the moment to give a hand, in order to avoid this terrible catastrophe, through the help from God and through His Almightyness.

Chapter 2

A FRUITFUL AND INSTRUCTIVE MEETING WITH A LAMA WHO WAS AN ADVANCED INITIATED TIBETAN MONK

Preamble

We will now offer for your attention an important initiatic text; it describes a real meeting that took place between the author of this testimony and an advanced Tibetan lama. A careful reading of this text will help you understand better the complex problems of this planetary program we suggest to you. In order to do this, we suggest that it is necessary for you to read the following testimony 4-5 times, and even to study it very attentively, and then make some intelligent connections with the information contained in this booklet. Thank you!

The meeting with the initiated Tibetan lama

The glaciers were shining in thousands of fires under the morning sun, as if adorned with diamonds. The clouds scattered on the slopes of the mountain and the mist from the gorges started to be slowly dispersed by a light breeze. An arch of rhododendrons was like a fairytale frame for this Himalayan landscape. I confess I was holding a book about Tibetan Buddhism in my hand, but I almost did not feel like opening it, being so fascinated by the unparalleled beauty of this landscape. I eventually started reading a chapter which seemed extremely interesting, on lamaist yoga, and I was just wondering if I could find an advanced and learned lama in that far-off area in the North of India. Shortly after that, just as I was walking along a winding path in the mountain, my attention was caught by a sign which read: Tibetan Yoga School. A correlation spontaneously appeared in my mind and I thought I could look for the principal of the school, and ask





him about the Tibetan sages I had heard were living in isolation in the Darjeeling district. I entered the place very determined, but found out the principal was not available. However, one of the teachers who spoke English well was of great help to me and, during the discussion we had, he told me:

"I know an advanced lama who is very wise and came from Lhasa. He now lives in a monastery on the other side of the river. If you are lucky enough to find a car heading to the village laying at the feet of the temple, in 4 hours you can be there. But my advice to you is to announce the Darjeeling police as soon as possible that you are here, and let them know the purpose of your journey!"

With the help of my binoculars, I spotted up North a tiny dot in that snowy region with steep mountains. It seemed that that was the lama monastery. As I had only one week, I decided I would go there the very next morning. I had been cautious enough to get two things from that professor – a note in Hindi with clear directions in order to be able to find the lama monastery, as well as the exact name of that lama; furthermore, I could get a bag of rice at the black market price from a tradesperson in Darjeeling. I was going to offer it as a gift, in order to be welcomed by the poor lamas living in that monastery. I also took into consideration the wise saying of the inhabitants of that mountain region: "Beware that the higher you climb on the mountain, the lower the temperature is, lower and lower"; therefore, I was cautious and put on warm clothes.

Shortly after sunrise, when the snow in the Himalayas becomes golden pink, I was already on the street leading out of the village and heading towards Sikkim. In less than half an hour, I succeeded to stop a driver who had a free place and who gladly accepted the price I offered. The driver assured me he would pass through the very village I was planning to reach. The customary jolts of the mountain road made the trip pretty unpleasant and, once there, I was happy to

get out of the car. As soon as the car disappeared I was left alone, surrounded by dominating snow drifts, and I admired the valleys lost under the mist. I headed towards the biggest house I could see and asked for a room for the night. The owner of the house offered me his own room, along with a sheep skin, in case the temperature went below zero during the night.

The temple which I had seen in the beginning through binoculars, covered by clouds, was now rising as big as a tower on the cliff of the mountain. I thought I would be able to reach it in less than an hour, but later on my estimation proved to be an exaggeratedly optimistic one. The narrow path was climbing and winding higher and higher up, and eventually was lost among rocks and snow drifts. When I finally got there and showed up at the gate of the lama monastery, I was all wrapped up in my travel clothes with the collar raised in order to protect me from the cold air. As soon as I shouted out loudly, the two young Tibetan monks who had noticed me coming thought I was a wrongdoer of some kind. I spoke to them in a friendly manner and then asked them to trust me and come closer, and immediately after that I placed the rice bag at their feet, to prove my peaceful and even friendly intentions. Then I held out to one of the monks the piece of paper with the name of that lama I wanted to see and he immediately entered the temple. The monk returned shortly after that, inviting me to enter the main gate of the monastery. As I was blinded by the brightness of the sun, which amplified the white of the snow to an extreme, in the beginning I was unable to distinguish anything in the darkness of the temple. I gradually got used to the semidarkness and could see two monks in front of a Buddha statue. The older one had a Mongolian wrinkled face and was reading a text aloud, accompanied by the tinkling of a little bell, which marked in this way the specific rhythm of the reading. The other lama was strongly built, in the prime of his life, shaved head; his typically Tibetan features seemed to be sculpted in ivory. He had piercing eyes, and the lips and chin pointed out the admirable force of his character. I remained standing up and waited for the old lama

to finish the recitation of those texts. Later on, the leader of that monastery, the great lama, came to me and greeted me putting his hands together:

"What brings you, sir, to our poor temple in such weather?" he asked in perfect English.



"Well, first of all, you should know that, for me, this is one of the most beautiful places I have ever seen in this world, and then you should know that I have just started looking for an advanced lama who could teach me the profound truths of the Tibetan *dharma*."

The lama watched me in silence for a while with great curiosity, then said:

"What makes you think I am a wise lama?"

"I have been told you got your diploma in Lhasa and that you are very familiar with Tibetan yoga... moreover, I found out you have acquired excellent knowledge of the English language in Sikkim."

"Rumours can sometimes be false", the initiated lama answered to me with a smile.

"True", I replied. "However, I know there is something intangible that can easily correct errors, and this thing is my intuition", I replied slightly shyly.

My answer seemed to please the Tibetan monk. The ice between us being broken, we started to communicate.

"What would you like to know about the Buddhist teachings?" he asked me kindly.

"I confess I have always believed, and I still do, that all the great *arhat*-s or, in other words, the famous saviours of humankind who are also known in India by the name of *mahatma*-s, are authentic spiritual beings. Starting from your experience, I would like to know some essential truths about their teachings and origin", I said.

"Learn that Buddhism is based on the belief in human beings who have reached a high degree of spiritual transformation and who have already reached the state of *nirvana* by following the path of the eight fundamental teachings. We also embrace the secret teaching which says that somewhere up North there is a mysterious realm not everybody can reach and where some of these great souls (*mahatma*) reside. We call this realm *Shambala*", the lama said.

"I would also like to know: these souls, who have reached the highest state of enlightenment, do they create an invisible brotherhood meant to guide the evolution and spiritual growth of human kind?"



"I confess there is, indeed, such a community in Tibet, but there is no reason why such a community should only exist in Asia, the lama answered with a smile. Both the practice and the admission tests in this community are very difficult and, besides, they probably require several years of study and perseverant practice!"

"I confess I am not ready for this and I know I would need a couple of more lives to reach your level, but I have always hoped that maybe, one day, I would meet such advanced human beings. I would like to be of real help for the *arhat*-s through my modest activity and to participate, in my own way, in the efforts they make in order to help human kind!"

"One could say that the path leading to this high goal is difficult, rough even, and it implies first of all a great inner aspiration and exemplary abnegation. At the same time, it implies a total self-renunciation because, in its advanced stages, the achievement of the *arhat* state leads far beyond everything there is here, on Earth. Last, an *arhat* succeeds to enter and maintain an ecstatic state of communion with Eternity, with the Infinity. If you wish, and especially if you are open, we can make a simple and practical yogic exercise together; it will allow you to perceive, in a telepathic spiritual way, what is in reality our sphere of knowledge", the lama suggested.

"I confess that I would be extremely interested in something like this and I am very curious to make such an exercise!" I replied.

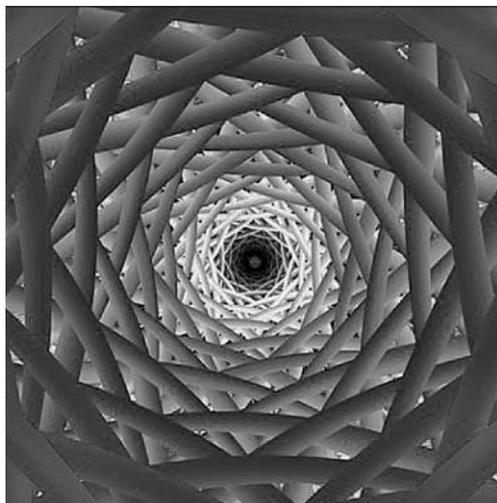
The lama then asked me to sit in the lotus yogi posture in front of Buddha's statue and asked me to meditate profoundly upon infinity and Eternity, while he would stay somewhere close to me.

"Imagine you hold the vices in your right hand", he said, "and the qualities in your left hand. Now firmly put all the invisible sins down, on the stone floor, and do the same with all the qualities you consider you have. The lama added: think that your face is covered with masks – your personality, your age, sex, nationality, profession, and so on. Some of these masks are ugly and seem to be made of clay, whereas others are beautiful and seem to be made of marble. Some of these masks are golden,



others are made of iron; no matter what your mask is, just place it for a while somewhere here, in front of you, on the ground.”

I followed the guidance of this lama precisely and suddenly an amazing state of Blissful Void took over me. I was even a bit confused while my name, age, sex, nationality, profession – in short, all the features of my personality – started to fade away amazingly fast and, shortly after that, they were all gone. At a certain point, I can almost say I could hear the noise my last mask made when it eventually fell to the ground.



“Now you are, both from the mental and the spiritual point of view, a mere focal-centre, aware of itself in a superior way, freed from everything and not owning anything. In this moment, you are nothing but a small flame in a huge ocean of fire which you cannot find the borders of. From a spiritual point of view, you are now very far away, beyond the limits of the Earth, and now you unite your spiritual flame to the alive and spiritually profoundly advanced beings living on the distant planets in the Great Blissful Void”, the monk whispered. An amazing and exhilarating expansion of the consciousness took over me immediately after that in a natural and, I could say, effortless manner. The strong influence of that lama’s consciousness must have acted very intensively and profoundly upon me, since I could experience so easily these intense, acute, and even overwhelming states.

“Now be as attentive as possible, for we are in the sphere of Atemporality, of the Eternal, where all that exists is there ALWAYS. Try and be fully aware of the fact that in that sublime sphere there is no past, no present, and no future”, the lama said.

Then I could suddenly feel a state of perfect Blissful Void and everything appeared to me just as if time had stopped forever. I confess that in that state which I had fully submerged in there was no more “before” or “after”, nor “up” or “down”, nor “here” or “there”. It was an amazing, heavenly, and overwhelming feeling of perfect unity in that atemporal and completely limitless universe.

“We will now come back from these extremely high spiritual spheres. We will come down... lower. Now you will take your old mask back, and all these qualities and vices you have abandoned to the ground in front of you. Return

to this shell of your own being, in which you will live until the final spiritual Liberation”, the lama said at the end of this exemplification.

After a couple of minutes of profound silence, I asked, totally touched and overwhelmed:

“Is this what you call the supreme state of *nirvana*?”

“I have offered you a certain spiritual exemplification, so that you can better understand some concepts through direct experience. Learn that you had the profound perception of the Great Blissful Void”, the lama said. “You can thus understand what sometimes gives us the impression that we are but mere visitors on planet Earth.”

“I confess to you that now, even more than before, I want and even aspire with all my strength to help both the *arhat*-s and the *mahatma*-s in their great work which is accomplished every moment on planet Earth”, I said.

“I am honestly glad you have this intention and aspiration to offer yourself and serve the *arhat*-s and the *mahatma*-s. You should know this is something praiseworthy”, the lama nodded. “But I must first explain to you how our actions are performed, for you will probably change your mind after that!”

Standing up from the mat he was sitting on, the lama called the two young monks who had left into the next room. With a certain gesture, he pointed them towards the massive library, whose shelves were filled with books and manuscripts. The young men had pushed a piece of furniture aside and this uncovered a flap door on the floor, with a hook attached to it. When this flap door was opened, I was amazed to notice a long, stone staircase which led somewhere deep inside. The lama took a big candle, lit it, and beckoned me to follow him. After going down a couple of steps, I could see that the stairs led somewhere inside a cave with both stalactites and stalagmites, whose natural columns made me think of a medieval church with a mysterious altar. In the southern part of the cave there was a tall frame just like a window, through which daylight could enter. This opening was not actually a real window, but a sort of a natural slit in the rocky wall; it had been widened very

skilfully in order to allow more light to enter in there. Although the cave was generally dry, some drops of water were still falling from the stalactites, forming little winding water streams that would eventually disappear in the cracks in the ground.



The mysterious shadows of the cave gave the impression of niches in a sanctuary. In the highest part of the cave, in the North side, there was a pretty big bronze statue. That monk (lama) lit some red candles and some frankincense sticks in front of it and, immediately, the statue of the Great Cosmic Power Tara appeared to me in Her entire splendour. I noticed she wore a tiara (head adornment worn by kings in ancient times) on her head, long earrings, and a charming necklace. She also had a huge eye in the forehead, eyes in the palms of her hands and the soles of her feet, in order to symbolize in this way her state of omnipresence.



As I already knew, the Great Cosmic Power Tara is a *sui generis* Lady and Mistress (a protective divinity) of Tibet, Nepal, and of an important area in Asia, where she is generally known by the name of Kuan Yin, and is unanimously considered to be the Great Cosmic Power of Compassion. I noticed that the right hand of the statue was reaching out in a certain way, in a gesture of compassion and loving help. Her thumb and middle finger of the left hand were united in an oriental yogi gesture (*mudra*) which always symbolizes the mysterious wisdom of the secret knowledge in its sublime aspect.

When the stone tile came back to its place behind us, shutting the flap door we had entered that cave through, it suddenly crossed my mind that it was as if we had entered a world which was entirely cut off from the physical world I knew. Then the lama-master pulled me a bit closer to the statue of the Great Cosmic Power Tara. In front of her I noticed a hollow in the ground which seemed to have been cut over thousands of years by the drops of water falling from those stalactites. That oval reservoir which had been naturally created through slow erosion was filled to the brim with water, and an excess was even overflowing all around its edges. I noticed on that occasion that the drops that fell every now and then from the ceiling of the cave were forming concentric circles on the still surface of the water, which was just like a mysterious mirror.

"You must know that these are the tears of compassion of the Great Cosmic Power Tara; she weeps, due to her profound compassion, for the decline of humankind, who lost their divine condition along the ages", the lama said.

Then he added:

"Have you ever heard about the Lhama Lamtso lake in Tibet, where the lama messengers looking for the birth place of the future Dalai Lama come to have certain visions?"

"I remember having read something upon this topic"... I said.

"You must know that this pool is similar to that sacred lake and highly significant spiritual images can be seen here, too."

Then, very curiously, I watched the water reflecting the light of the candles and the figure of the Great Cosmic Power Tara who was in that dark corner, but in the beginning, besides these images, I could see nothing else.

"Watch the surface of this water more carefully... and focus upon it with great attention"... the lama-master whispered. Then, immediately after that, he recited in a grave and profoundly transfiguring voice the *mantra* AUM MANI PADME HUM. The sounds of this *mantra* incantation reverberated in the whole cave and their echo generated a very particular state in me, a state that I could not put in words.

The flickering flame of the candles lit the statue of the Great Cosmic Power Tara in a certain way and she started to appear to me in a kaleidoscopic display of superb colours. The smoke of the frankincense sticks then started to rise very high up in the air and yet, in spite of that, it was reflected in the pool just like in a mirror; this mirror was blurred every now and then by the fall of a new drop of water. Shortly after that, all the physical images seemed to be wiped away and then I noticed that the mirror of the water in that pool was covered by a mysterious mist. In reality, I actually started seeing surprisingly clear images, just as if I had been watching a colour TV screen. I noticed on that occasion that the lama-master, who was standing up by my side, was also watching attentively and seeing the exact same images I was seeing.

I was even very surprised by the first scene. It was a vision of the planet appearing to us embossed, with its great oceans and continents, with the forming clouds just like they are shown to us by NASA during the TV shows that broadcast images of our planet Earth when filmed



from outer space. In about two minutes, that amazing vision of the globe became totally different. Heavy clouds, some of them grey, others black, others brown, and others of a dirty, dark red covered the areas which we knew were the most populated ones on the planet Earth. Every now and then, this layer of clouds, coloured as we have just described, was sharply cut by some intense red lights which seemed to be



generated by mysterious explosions. Every now and then, mysterious blue, red, golden, or bright white rays of light would appear through these clouds. Those little lights looked like stars shining in that darkness. However, I could notice that almost the entire planet was surrounded by a huge halo of threatening dark colours (grey, black, brown, and dark red).

"You can thus notice the way in which the mysterious energies of the predominant mental and emotional vibrations are manifested, as they are emitted by the entire humankind on this planet", the lama explained to me.

Then he added:

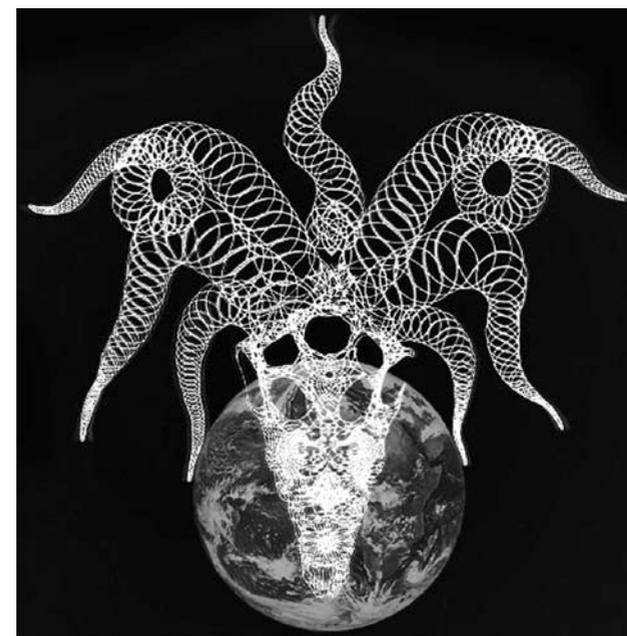
"As you can see, the quality of these mysterious energies (each of them having a certain vibration frequency) is inferior. For this very reason, their main vibration frequency is low. Please, have a careful look at this grey cloud of selfishness that unfortunately reigns around planet Earth! As you can notice, the blue sparks, which appear to you like lightning, represent certain spiritual aspirations that are of sufficient strength, but, as you can see, they are more often than not covered or, in other words, smothered by the coloured subtle currents of the inferior passions. Some of these are hatred, evilness, pride, and greed. They have created this gigantic aura that prevails nowadays around planet Earth. As you can realize, this has all appeared over thousands of years. This is the very reason why a major collective transformation is necessary. It will allow both the elevation of

the predominant vibration frequency of planet Earth and a corresponding transformation (for the better) of the colour of the energy currents which prevail for the moment in our planet. Only then will planet Earth truly be able to become, and to remain, a blue planet. It is therefore important for you to realize that it is urgently necessary that this planet becomes blue or, why not, even bright white at the level of her subtle aura, as well! It is not an accident that this planet is called "the blue planet".

Observing very attentively all of this, I discovered that those strange clouds covering the planet were like the ionized layers which surround the Earth and which, as we all know, reflect the radio waves. I must confess that, as I saw with my own eyes the huge energy shell (that obviously had an inferior charge) created by those ugly clouds surrounding the Earth, it all appeared to me as an amazing discovery. At the same time, I found it pretty terrifying.

"Our planet is severely ill... it is ill especially because of the false conceptions people have, because of the evilness which prevails, because of the ignorance human beings indulge in, because of overgrown pride and of selfishness, because of the vices and the perversity many human beings live and indulge in", I whispered. I kept focused upon that sight and I could immediately see the dark clouds spreading somewhere far away, into the space, looking like the arms of a huge octopus. I suddenly realized that this weird black "monster", which appeared to me just like an octopus, was even filling the interplanetary space. It was by no

means a beautiful show to watch, and the sensations I had appeared in my being like echoes somewhere along the spine – at the level of the subtle channel *sushumna nadi* – and they even made me shiver because the terrible "beast" that I could see was about to wrap up with her tentacles the whole planet Earth. A strong tremble, which was even physical to a certain extent, suddenly made me shake. I kept watching everything that was



shown to me and afterwards I discovered that, every now and then, through those dark clouds, bright and shiny rays of light would appear: blue, yellow, violet, mauve, pink, and sometimes even bright-white. They would spread out just like colourful strikes of lightning and they would pierce every now and then that dark and scary mass.

"These beautiful rays of clearly different colours, do they come from certain profoundly beneficial manifestations and from certain collective states of consciousness generated by spiritual groups of human beings who are a bit stronger?" I asked the lama.

"Yes, it is true, your intuition is correct", agreed the lama-master. As you could notice, this dark halo surrounding planet earth can be dissipated and thus made to disappear, if the large groups of human beings who have a spiritual orientation often acted together and generated thoughts, sufficiently strong intentions, elevated spiritual states and emotions, such as, for example, the states of intense and profound love. In order to do this, it would however be necessary that the human beings act together; this way, they will all vibrate on the same wave length. Such groups of human beings, who have a spiritual orientation, will be able to attract elevated subtle energies from the endless energy foci of the Universe, if they act every time in this manner. These energies have a very high, divine vibration frequency. Such subtle energies could neutralize and even dissolve these clearly inferior, dark build-ups of energy that enchain and in certain spots even smother planet Earth. I think you can realize that these inferior energies keep the human beings on this planet in a pathetic state of enchainment, selfishness, ignorance, and in a larval state. Such subtle, pure, and elevated energies could only appear if sufficiently large groups of human beings act together, in perfect synchronization, and systematically trigger in this way build-ups of pure, sublime, divine energies. If such groups of human beings appeared on planet Earth, they could thus easily neutralize and even completely

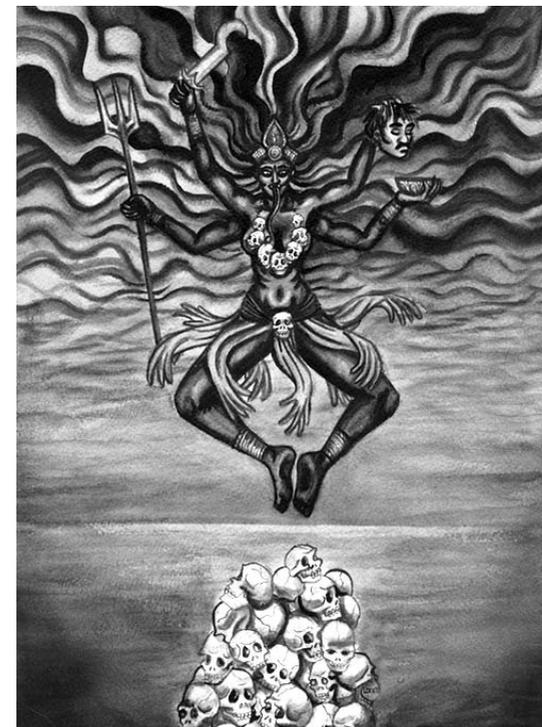


annihilate these dark clouds you could see, and whose vibration frequency is inferior. Keep in mind that only when these subtle, pure, ethereal, and elevated energies will prevail in the aura of planet Earth, only then will these beautifully coloured rays (which manifest high, spiritual vibrations) become predominant. This is the only way to enable an important leap which will profoundly transform for good the subtle atmosphere of this planet.

Then the Tibetan monk added thoughtfully:

- Tara, who as you may know is the Great Cosmic Power of Compassion, has cried a lot. The Great Mother of the Entire Nature (*Maha Shakti*) may decide one day that it is time for her to instantly destroy the stubborn, blind, evil, and selfish spirits. In their evilness, they have created and maintained this horrible "shell", by gathering these rotten clouds around our planet. The entire humanity must wake up, before it is too late, from the terrible sleep it indulges in. Be aware that, if this does not happen in the near future, then the Great Mother of the Entire Nature (*Maha Shakti*) will have to immediately start cleaning and even eliminating all the garbage and junk on this planet. The influence of spiritual groups who act together can be extremely important, but, in order to do this, their members must be united, and the aims of such groups will have to be sublime, pure, and very elevated. Both the

arhat-s and the *mahatma-s* in India act daily, with all their strength, in order to neutralize the evil, the ignorance, the hatred, and the other vices. But, even more important, is to immediately stop the new malefic emissions that are constantly generated by the groups of human beings who are predominantly demonic or even satanic. Remember that the profound and persistent transformations you are waiting for in the subtle atmosphere of planet Earth are only possible through the constant and systematic synchronized action of such groups of human beings. They will enable the triggering of fundamental and long lasting transformations.



This is how the old lama spoke to me, while I was contemplating those amazingly clear images with great astonishment, in the water mirror of the Great Cosmic Power Tara's pool. In a couple of minutes, all those images I had been watching gradually disappeared and, after they eventually faded away, there was nothing left except for the clear surface of that accumulated pool. The stillness of the water was interrupted every now and then by the drops of water sliding along the tips of the stalactites.

"I think it is needless for me to say that I have been profoundly astonished by everything I have seen during this experience. I now wish even more to help from now on with everything I can. I confess that only now do I realize that the *arhat-s* and the *mahatma-s* are accomplishing daily a titanic activity, without us ever being aware of the efforts they make... Given the fact that I had in this way the chance to observe the pathetic state planet Earth is in, I confess that I even regret to having lost so much time and not already being one of the *arhat-s* or the *mahatma-s* helping planet Earth, in order to get rid of these dark, terrifying clouds enchainning this planet just like a monstrous octopus."

"It is very good that you are now determined to help the *arhat-s* and the *mahatma-s* in their huge ceaseless efforts they make every day on this planet. Moreover, it is wonderful that you aspire to become an *arhat* or a *mahatma*, in order to then be able to do, in your turn, what they do moment by moment. Until then, we must remember that any human being who lives on this planet can help, very much even, by acting in a persevering and responsible way, especially when they act together within a united group. Remember that the groups of yogis or Zen practitioners who meditate together easily generate in this way pure, elevated spiritual energies. These

energies are able to dissolve and even to neutralize these inferior, low energies you could see manifested in the shape of those threatening, dark, and terrifying clouds. When endowed with enough good-will and enthusiasm, any human being can help pretty much, according to his or her own ability and skill".



"How do you think I could help as much as possible from now on, according to my abilities?" I asked.

The old lama then remained quiet for a couple of minutes on end. I noticed he had closed his eyes, maybe in order to ponder carefully upon the piece of advice he was about to offer me, or maybe to focus inwards and receive a wise spiritual message from one of the exceptional beings in the Tibetan pantheon.

He eventually opened his eyes and whispered:

"The year of a stronger influence of the *arhat-s* and of the *mahatma-s* is, and will be, the year a planetary warning will be sent out..."

"Will it not come in ten years, the well-known year of the Fire Dragon?" I asked.

"Yes, you're right. But I must tell you a legend which is as old as the Himalayas. Even if the chillness of this cave is pretty hard for you to bear, I insist to tell you this story in the presence of our goddess Tara (the Great Cosmic Power Tara), as we will all soon enter her era."

Then the old lama told me this story:

"Our praised master, who came from the monastery in Tashi Lhunpo, asserts that, thousands of years ago, superhuman beings who lived in an extraordinarily spiritually evolved world came to Earth in order to contribute with their help to the acceleration of the progress of this planet, and to make the seeds of the future humanity appear much sooner. The bodies of these superhuman beings were made of the energy of the spirit, namely what we could call the primordial matter. They could be, at the same time, as heavy as the nucleus of the Earth and as light and shiny as sunlight. These superhuman beings were giants of divine origins. One of these divine angels was Mara, whom you now call Lucifer. Lucifer



had an important role, namely that of developing what is called the concrete spirit and the individuality of the human being. Over time, Lucifer carried on with his work, but when the *arhat-s* and the *mahatma-s* came and started manifesting fully the influence of the Great Cosmic Power Tara, who acted in order to elevate man's heart as much as possible, Lucifer started to resist and stopped cooperating, not allowing them to continue the work they had started. Shortly after that Lucifer rose up against the masters of the cosmic cycles. Since then, Lucifer was no longer called "The Carrier of Light".



He became instead "The Horrible Master of Darkness". Also, since then, the *arhat-s*, *mahatma-s*, and *bodhisattva-s* have had a double mission. On the one hand, this implied fighting back Lucifer's attempts to make man his slave and turn him into a selfish, proud, unscrupulous, and aggressive being. On the other hand, they also had the mission to spiritually elevate humanity, as dictated by the divine law of the cycles. This situation determined the ones in *Shambala* to send in the world *arhat-s*, *mahatma-s* and human beings who had reached the state of Buddha.

The strong and obvious aversion of the Master of Darkness (Lucifer) towards the collaboration with the Master of the Sun, as well as with the spirits of the planets, generated a cosmic crisis. We now live the stage where human kind must immediately decide upon its clear and deliberate orientation – towards the divine Light or towards the Darkness that Lucifer wants to establish. According to its choice, human kind will also choose in this way its divine *karma* or devilish *karma*. This will be the path it will embrace. This path will be either the path of Good, or the path of Evil. Thus, all the peoples living on this planet will sooner or later have to choose between the old paths of the evil and of the criminal fight, and the new order of wisdom, love, and planetary brotherhood.



The superior beings coming from the Sun and from other worlds told Lucifer: "Your lamp gives out some light, but you must also keep in mind that you must no longer block the divine light the other people must receive, or the brightness of the most glorious beings living in the lights of the endless starry space! It is necessary for you to immediately destroy the wall of evil deeds, of selfishness and perversity around planet Earth, as it is smothering human kind from the spiritual point of view. The cosmic clock shows that the Era of the Immortal Divine Spirit (*Atman*) is close. You cannot stop the coming of this era, no matter how many efforts you make to win, because the supernatural cosmic beings (*Dhyan Chohan*) bring with them a body that cannot be seen here on Earth. This body brought from the essential heart of the Universe contains an almighty vortex of divine forces. When this is set in motion, it will annihilate and destroy all your works, defeating you forever.

Century after century, millennium after millennium, we have sent out wise messages to humanity. These messages have then been sent to various nations, so that they may thus reach the secret divine teachings which they desperately needed. All these messages of ours insisted upon the necessity of unity and perfect spiritual brotherhood. Unfortunately, very few people have succeeded to properly awaken their consciousness. This is the very reason why we need to send out one last warning to people in these critical times. This is also our Planetary Ultimatum. In this moment, it is necessary for humanity to follow the superior order of the heart which is full of divine love. Otherwise, it will destroy itself shortly after that.

Violating the divine law of *karma* and the profoundly beneficial universality of life with his destructive behaviour, man will eventually have to be judged and pay back Nature. In the case of an evil and irresponsible choice, almost all settlements risk to be swallowed by huge oceans, and the great continents risk to be dislocated by volcanic disasters. After the year of the *arhat-s*, this Planetary Ultimatum will have to reach the





attention of all the nations of the world. It goes without saying that this message has to be transmitted with kindness and compassion. At the same time, this message has to be transmitted firmly, for it contains an important warning and wise warnings are always brought by profoundly responsible people who are full of good-will. The human beings will thus face a choice that will later on prove to have been essential: divine Light or Darkness, profound peace or war, endless love or suffering, wisdom or foolishness."

"Is it possible for you to understand now", the old lama went on, "that human kind is presently (for the moment) a battle field for the Heavenly Divine Forces against the Forces of Darkness? Beyond any appearance, this obviously is a wise and very old teaching that has been included in the doctrine of all religions. The War of the Worlds threatens to start any moment and we hope that the human beings will not choose to be and to remain on the side of the Forces of Darkness. In that case, the Divine Masters of the *karma* will have people disappear from the face of the Earth."

"Ancient legends speak of a similar planetary crisis in the last days of Atlantis", I remarked, being profoundly touched by the revelations the old lama had offered me.

"This is perfectly true", the old lama said, "but we must take into consideration that this world crisis will be the more serious and acute, the more the population of this planet goes astray from the pure and authentic spirituality."

"What should human kind do now?" I asked.

"At this eleventh hour, we need first of all to send out a clear and firm call to establish the fruitful teaching of the Heart Wisdom on this planet."

"Few people will be able to hear and properly understand this", I said.

"Everybody should be as responsible as possible and it is fundamental to keep in mind at all times that our Planetary Ultimatum has to be transmitted to all as fast as possible! Facing this essential crossroads, man will first have to realize that he either chooses the damned path that leads to the pit of decay and human involution, or the path leading to the highest divine spiritual peaks. Humanity will only realize the time has come for this fundamental choice when faced with the most serious and profound crisis ever seen on this planet. In case our loving and wise warning is not taken into consideration and human kind will stubbornly walk the damned path leading it to the Master of Darkness (Lucifer), then the Cosmic Divine Hierarchy will take this challenge as it should and, shortly after that, the Radiant Master of *Shambala* (the King of the World) will firmly and mercilessly shatter all the evil on this planet."

"Do you really believe it is possible for me to spread out all these legends together with these prophecies throughout the world, keeping at the same time my reputation as a sane person?" I asked.

"This century is close to an end and when the twenty-first century begins human kind will witness the battle of the nations within the Third World War. Do you really believe that the huge majority of people on this planet are responsible and sane?" the old lama answered. "It seems you are not able to realize how much foolishness still exists on this planet. Knowing this, it is necessary for you to prove a lot of firmness and fulfil your role. If you do this, you will also be inspired to act wisely and, if you keep doing it perseveringly, you will notice that also other human beings will join you on this path, for the stake is very high. In this direction, it is necessary for you to realize that we are not just talking about the destiny of humanity, which could be regenerated in a couple of million years, but about the very existence of this planet, which would take a day of Brahma (or, in other words, 4,320 million years) to be recreated and regenerated."



"I have noticed that any moralizing speech and generally any urge for transformation or reform usually trigger the mean roar of the masses", I said.

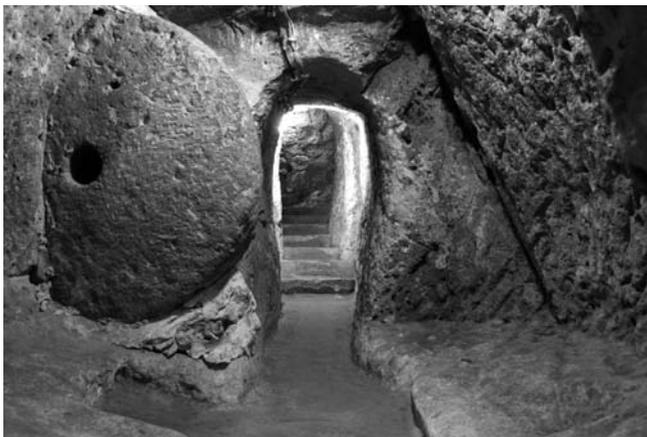
"All peoples on this Earth must understand that the time of crucifixions and of prophets preaching to raving crowds has gone. In the near future the time of the *arhat-s* and of the *mahatma-s* will come. They express themselves through lightning, thunders, catastrophes, planetary disasters and star rains! Transmit to all the people on this planet the message that the new era of *Shambala* will soon come!"

After a short pause, the old lama went on:

"Please note that, in this message I confide to you, I am making no prophecies. I only disclose in advance the strategic and wise moves of the celestial Armies, as they prepare a firm and merciless fight that will start at a certain moment against the blind forces of the darkness, of evilness and ignorance! Therefore, be aware that a war is being prepared – the War of the Worlds, the war of the superhuman cosmic structure against all the forces of evil on this Planet. Such a war is urgently necessary, if you keep in mind that these forces of evil also poison the space and disturb to a certain extent the whole of the Solar System. Whether the human being believes or not that there will be such a war of the heavens, this does not make one less responsible for one's actions, according to which one will have a good or bad *karma*.

This is and remains a way of making the ultimate warning of the karmic masters known. We, their servants, must transmit it in order to let people know that they need to make the choice they want. Being guardians of the cultural inheritance of lost civilizations, we also announce that we will open the secret crypts of Egypt and we will demonstrate the existence of a science and of a highly advanced technology that existed in those far-off times. The TV screens will show people the amazing achievements of a long lost era. The obvious moral of this discovery will clearly mean:

you can also suffer the destruction these ancient peoples have once been subject to. In case you make the wrong choice, you will become a dead civilization and a legend no one will believe ten thousand years from now. This is also the essential message of



this richness that has disappeared long ago: beware and do not follow the terrible example of Atlantis!"

For the first time in this discussion of mine with the old lama, I perceived a certain tremor in his voice:

"these kinds of revelations will be able to immediately generate a revolution", I remarked.

"We must keep in mind that it will also cause a sensation and it will make the nations ponder", the old lama said. "Many people will thus be determined to take our Planetary Ultimatum seriously."

"What do you imagine the behaviour of humanity will be then?" I asked.

"The wise teachings of the Great Cosmic Power Tara, which is based on the doctrine of the Heart Wisdom, must become the fundament of a new society. Then constructive debates may appear among the partisans of various systems, but wars will no longer appear. We must immediately realize that we are all actually members of a great planetary family", the old lama said in an edifying manner.

"Can all these problems be solved without the apocalyptic turnovers you speak about?"

"Yes. It is possible for us to succeed, and we have to do it as quickly as possible, but, in this respect, the following question is worth asking: Will we truly do it? Will the great majority of the people want to abandon the path of greed, the path of evilness, the path of selfishness, the path of exacerbated pride, the path of the narrow nationalism and of the cult of sexuality without love, and embrace

instead the path of true spirituality? People do not all need to become monks and nuns, but they can surely live and think as human beings worthy of such names. Why must so many people kill one another when they actually are all brothers, and why must people stubbornly destroy what Mother Nature has created?"

"This Planetary Ultimatum you speak about, this warning that should reach all nations, is it addressed only to the governments or only to the peoples as a whole?" I asked.

"This Planetary Ultimatum is addressed to both. After all, we should not forget that a government cannot exist without the support of the people, and the great masses of people cannot express their will but through the voices of their representatives."

"Is the Planetary Ultimatum in any way connected to the era of *Shambala* certain ancient texts speak about?" I asked again.

"It actually represents the opening of the gates to a better era, the cycle of

the Great Cosmic Power Tara. Her emblem, which contains the Sign of the Heart, unites the entire human kind, since any wise religion, any profoundly beneficial, creative ideology is based on compassion", the old lama said.

Then the old lama pulled me closer to the statue of the Great Cosmic Power Tara, which was lit by the flames of the candles and, without warning me, took my left hand and placed it on the right hand of the Great Cosmic Power Tara. This hand was reaching out towards all humanity in a symbolic gesture that was clearly full of compassion.

"This Sign of the Heart is and will remain the symbol of the next era", he



said. "This will also be the era of Maitreya. He will be the next avatar, already announced by *kalachakra* or the mysterious science of the cycles."

When I took my hand back I made an amazing discovery: the mysterious sign of the heart belonging to the Great Cosmic Power Tara appeared clearly in the palm of my left hand. This symbol was not the fingerprint of the symbol in the palm of the goddess Tara, representing an eye, it was a phenomenon closely correlated to the blood flow, because I noticed that, every time I would press this heart-shaped sign, it would fade away more and more. The old lama seemed to be very pleased with what had just happened.

"It is very good so", the old lama said. "You now carry the distinctive sign of the Great Cosmic Power Tara. Even if this sign of the goddess Tara will fade away pretty soon and become invisible, it will stay forever in the palm of your hand."

I was so impressed, I could barely speak. I kept thinking about the great revelations the old lama had shared with me in the sanctuary of the Great Cosmic Power Tara. After climbing the steps, the old lama knocked on the flap door and immediately after that we got to the main temple.

"We will go on tomorrow", said the old lama then.

After receiving this unexpected gift, I left the monastery at sunset accompanied by a young monk with a lantern, as I had been warned it would get dark before I reached the village. In half an hour I could see it was already dark, and the oil lamp which had been offered to us was of great help, even after we had found the path. In the morning of the next day, I left the valley and headed again to that monastery. The old lama welcomed me with the special Darjeeling tea,



which was very invigorating for me after the bitter cold I had to put up with until I reached the monastery again. Then the old lama showed me a couple of old Tibetan books and then explained to me their contents. Several Tibetan flags (*tanka-s*) were hanging in the temple, but I had not noticed them the day before because of the darkness. The old lama took a candle and, after putting it near enough to the flags, he asked me to watch them very carefully.

"Behold the flag of Maitreya, the future avatar", he said. "Maitreya is smiling and standing up, which shows that his mission is welcome and his apparition will be unexpected."

"Many religions believe in the arrival of a Messiah or an avatar, I said, but will Maitreya, the one who is supposed to appear, be able to bring peace to humankind?"

"Your question reminds me of the secret teachings given to me in my youth by three great *arhat-s*. They told me: 'Your world is stubbornly and unceasingly heading towards disaster. Humankind will not be able to save the Earth other than through an authentic and generalized spiritual regeneration.' Given that I had very courageously asked if Maitreya could not save it, one of the three masters replied to me then: 'Remember that Maitreya will show the path, but human kind will then have to choose and walk on the path it chooses!'

"I can also see how crazy man is when resisting the divine cosmic law of ceaseless ascension... When the evil will reach its highest peak on this planet and the scales will permanently be under the weight of hatred, ignorance and immoral infamy, *Shambala* will ask the *Dhyan Chohan* beings to bring the mysterious planet (planet Nibiru or planet X, which is now beyond Jupiter) close to planet Earth. The new radiation generated then (due to the apparition of planet Nibiru or, in other words, of planet X) will modify the entire life on planet Earth", the old lama said.



"Is this great event close?" I asked.

"The new heavenly body (planet Nibiru or, in other words, Planet X) will only become visible at the end of the twentieth century", the old lama said, "but its approach to the Earth will take place during a few years after that."

And as we were in front of the flag of Maitreya, I asked one more question on this topic:

"Can one tell the exact time the new avatar Maitreya will come?"

"Maitreya will appear after the end of the twentieth century, as it is said that he will appear in a crucial time in the history of humanity", the old lama answered. Keeping this in mind, human kind should prepare both for the apparition of Maitreya and for the arrival of some *arhat-s*. Shortly after that, the path of the Heart Wisdom will start to be known by more and more human beings. Therefore, when the Sphinx in Giza transmits his warning to the world, humanity will have to start preparing for certain great events."

"The Planetary Ultimatum you have spoken to me about is therefore addressed to all nations", I said, in order to draw a conclusion at the end of our discussion.

"Of course", said the wise lama, "as this Planetary Ultimatum offers the chance to use their free-will wisely for all the inhabitants of this planet. Human kind will then have to choose between divine light and darkness, between brotherhood and selfishness, between wisdom and foolishness."

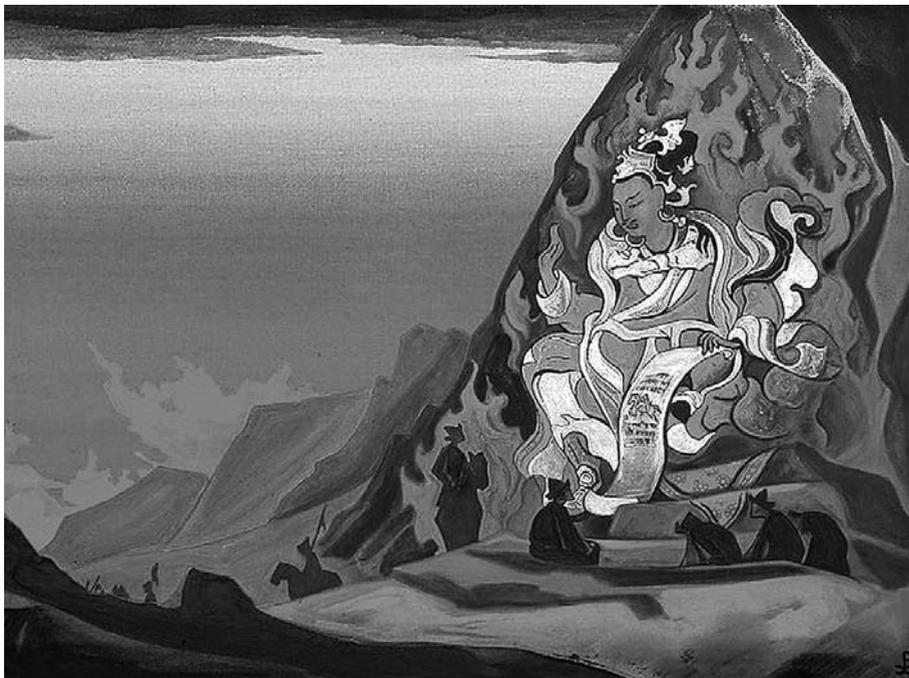
At the end I could not but express my gratitude for these important revelations that had been offered to me, putting my hands together and bowing in silence in front of that wise man, as they do it in the east. The old lama took my left hand and, contemplating the heart sign in my palm, he nodded his head in approval.

"Will I see you again?" I asked.

"When the cyclone has passed, come to Tashi Lhunpo. There we will be able to continue our dialogue", the old lama said.

I left the monastery profoundly touched, looking once again at Buddha's silent statue, at avatar Maitreya's flag and that of the King of the World in the *Shambala*. Outside,





the sun was shining brightly up in the sky and making the snow and ice of the Himalayas sparkle in all their purity. A wonderful light lit the mountains, manifesting at the same time the light of knowledge coming from another world, whose secret guardians are known but by a handful of people. These extraordinary beings, the *arhat-s*, are not only endowed with great wisdom and spiritual authority, which is springing from a superhuman macrocosmic source, but they also control the mysterious forces of life and death. Therefore, although I knew I risked generating contempt, mockery, and hard-feelings, I considered it was my duty to share here with you this Planetary Ultimatum. It is being offered to you for the wellbeing of the entire humanity on this planet.

Comments

The attentive study of this testimony allows us to realize that there is (beyond appearances) a perfect coherence between the prophecies of the Virgin Mary, revealed at Fatima, and the global contents of this message. Moreover, the careful study of this testimony helps us understand much better and from another point of view Virgin Mary's wise urge to act so that a profound, divine, and lasting transformation may take place on this planet. We notice its agreement with the Planetary Ultimatum that has also been offered by the sages of *Shambala*, led by the King of the World, within this very wise message.

Chapter 3

THE PLANETARY PROGRAM FOR URGENT ACTION

“NO TO THE APOCALYPSE”

This planetary program aims at avoiding, only through the help coming from God, a catastrophe which was foreseen and also shown in a frightening vision in front of more than 70,000 human beings by Virgin Mary, during her appearances and miraculous manifestations that took place at Fatima in the year 1917

Introductory Aspects

It is necessary to remind you here that The Planetary Program for urgent action “NO TO THE APOCALYPSE!!!” that we will start in 2010 is not the first one to be launched by this spiritual school. Previously, beginning in 1993, this spiritual yoga school (MISA©) launched a planetary program of action having a similar name and which was, as is known, successful.

Within the planetary program that we performed at that time we were announcing: *“We have become aware of the fact that the planet Earth, together with the entire humanity on this globe, will in the near future surely be in a big apocalyptic danger unless a firm, systematic action, made in unison, will take place, in the only efficient way which is now possible, in order to avoid the collision with an asteroid that is heading towards the planet Earth in every moment with a speed of hundreds of kilometres per second”.*

Within the call that was made then, it was said: *“We will briefly show in the following what is known about this stone of Apocalypse and how, according to some scientists' calculations, if it clashes with the planet Earth we will all die in a terrible cataclysm. This will mean in the same time an apocalyptic End of the World which is mentioned in the prophetic writings. Also, professor Duncan Olsson-Steel's team from the centre of scientific research of the University of Adelaide, and the French astrophysics specialist Anny Chantal*

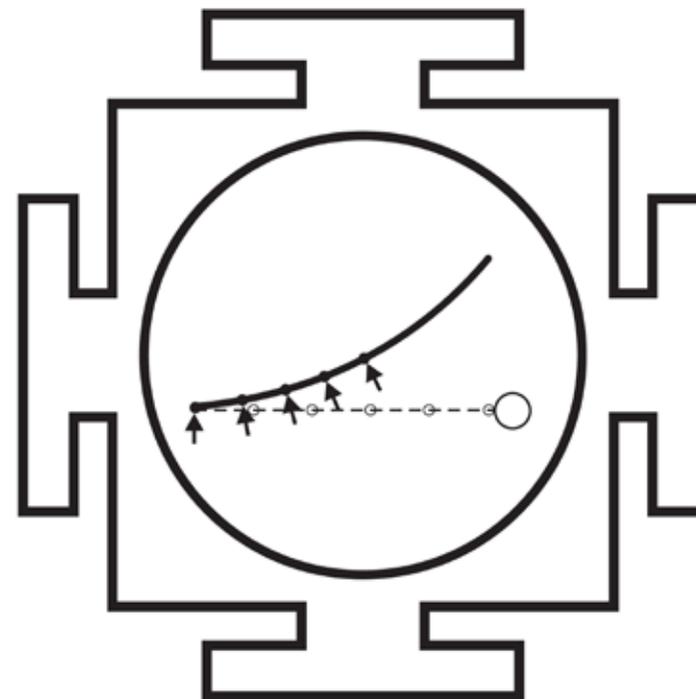




have, independently from one another, each discovered an immense asteroid (or in other words a "heavenly stone") having a diameter of approximately 1,000 meters and a weight of about 1,000,000,000 (one billion) tonnes, heading towards the planet Earth at the amazing speed of approximately 1,000 km per second. Every day, this terrible space fireball is getting

8,600,000 km closer to planet Earth. By September 2000, or even earlier, this asteroid will cross the Earth's trajectory and, if it is not deviated in due time through the only efficient method presented within this Planetary Program and described below, it will inevitably hit the Earth. Related to this awful event, which is certainly possible, the total helplessness of contemporary science is clearly acknowledged. Here is what the scientists say about all of this: "We currently do not know how the trajectory of an asteroid which is heading towards the Earth can be changed".

But the millenary yoga tradition knows a simple and efficient method, which allows the human beings to attract, with the help coming to them from God, a certain mysterious energy, which afterwards is directed to deviate the respective asteroid, through an almighty subtle energy accumulated through the synchronized planetary action, performed by as many human beings as possible. The beneficial effects of this method are amplified due to its practice in unison. Through this method we hope that the trajectory of this asteroid will be deviated, thus enabling this collision to be avoided completely. If as many human beings as possible quickly understand that the planet's destiny, as well as their own existence in the physical world after the year 2000, depends on the involvement of as many people as possible at the pre-established hours, and for each of them to contribute through this millenary yoga method, which is in the same time the only possible and efficient method that we can successfully use at the present time, then the terrible cataclysm (which can at the same time mean an apocalyptic end possibly occurring on our planet) will not take place anymore!"



The yantra which was used in 1993 for the Planetary Program for urgent action „NO APOCALYPSE!“ for deviating the asteroid which was supposed to hit planet Earth.

After this program was launched, a large number of students from this yoga school practiced daily the suggested efficient method and for this a certain yantra was used, which we present here as a reminder.

Many students of this yoga school took action day by day, full of self-giving and perseverance, motivated by the hope that this method will bear fruits and the planetary catastrophe will be avoided.

Even if the sceptical and obtuse ones thought that this was just a coincidence, we believe, to an extent of 99%, that the cosmic catastrophic collision with that asteroid was avoided due to the unique and efficient method which was practiced in advance and in unison.

In May 1996 the respective asteroid passed by very closely to planet Earth, at a distance slightly longer than that of the lunar distance. The trajectory of that cosmic object had been calculated in advance (only three days before) and because of this the astronomers knew that the respective asteroid would not hit us. Later on, the scientists said that if that object had hit us on the land it would

have created a crater with a diameter of 10 km. The dust which then would have been spread out in the atmosphere would have blocked the sun light for at least two or three years, with catastrophic consequences for agriculture. If instead it had fallen in the ocean, the respective asteroid would have created a tsunami as high as a thirty floor building. In both cases, millions of people would have died due to the impact.

The object came from towards the sun, whose light being diffused in the atmosphere prevented it from being observed from the Earth. Images coming from the direction of the sun can be shot only with the devices placed outside the terrestrial space, such as the Hubble telescope (the first such device). At that time, both the scientists and astronomers made many comments regarding this danger which threatened Earth. Some of the articles were entitled: *"The earthlings have avoided a catastrophic cosmic collision"*; *"The Apocalypse was closer to us than ever"*.

These aspects that we have presented here could have been easily checked by anyone, but as always the sceptical ones and the non believers rushed to state that all of this was just a coincidence. It is worth asking ourselves what would have happened if all of us had stayed passive, waiting for the collision with that asteroid to take place. We believe, to the extent of 99 %, that the actions performed in unison undoubtedly bore fruits and this is the reason why the trajectory of that asteroid (which was supposed to hit the Earth) was deviated. In this way, a terrible planetary catastrophe, which would have had some consequences that would have affected us all, was able to be avoided. It was also significant for everybody that, despite the fact that there were estimations announcing that the asteroid was supposed to get close to the Earth in September 2000, it appeared and passed by very close to the Earth in May 1996. It goes without saying that in the case of such foreseen events, if we are complacent and do nothing, then everything which was foreseen will actually take place. In the case that a large enough group of human



beings mobilize and act in unison, with the help that comes from God, they will eventually succeed to avoid such a catastrophe. In such a case, there will be many non believers and many bitter sceptics who will rush to say: *"Look, it was all nothing more than a hoax, because in the end what was foreseen did not happen"*. This is also what

happened in the case where the collision with the asteroid was avoided and this was why our efforts, which were successful due to the help that God the Father offered to us, were not appreciated.

However, the ones who participated in this planetary program for urgent action with perseverance, devotion, abnegation and



enthusiasm have become aware of what was going on and many of them felt profoundly transformed whilst practicing the efficient unique method. They discovered that a gradual, profound and definitive transformation took place within themselves while, through their being, the mysterious, almighty energy which came from God the Father was manifesting. In this way, many of the ones who took part in this program discovered that by contributing to the Planetary Program and by giving what they received from God when practicing this unique method, they also transformed themselves and they became aware that by giving, they attracted in their inner universe a part of the energy that was transferred through them. In this way, by doing good with the help of God, they did very much good for themselves.

We know that these kinds of sceptical, bitter and mischievous human beings will keep on showing up, human beings who will dispute even the possibility for such actions to be successful due to the ignorance and the materialism they indulge in. Nevertheless, we should not lose sight that when the prophecies of Virgin Mary were offered they were meant to give us an alternative - to make possible the avoidance of another catastrophe, foreseen for this planet in the near future. In the case we will indulge ourselves in doing nothing, ignorantly thinking that nothing can be done, or speculating in an idiotic way that these prophecies given by Virgin Mary at Fatima are nonsense, meant only to scare us (because anyway nothing will happen, since so far, despite all the dark prophecies of some false prophets, nothing really happened), we have all the chances, or in other words, we have a 100% chance, that everything Virgin Mary predicted during her appearances at Fatima and later on will entirely take place. We should remember that recent estimations of certain famous scientists and of some lucid researchers, already predict an imminent planetary catastrophe in the near future, which could

appear in the case where a huge 'fire ball' will be ejected by the solar globe and will head towards our planet, colliding with it. Therefore, we should show intelligence and common sense, and notice that those apparitions of Virgin Mary that culminated with the miracle



from Fatima contemplated by over 70.000 people were not and could never be regarded as a pure accident. The huge number of people who witnessed that terrible vision when the Sun seemed like it was falling from the sky and heading towards Earth should make us give serious thought to it and should ring the alarm bell in us, at least now when recently certain researchers and also some scientists have announced that such catastrophe is going to happen in the near future and that there are all the chances for it to unleash.

The Humanity is at a Turning Point

By placing together the prophecies of Virgin Mary given at Fatima and the vision she offered to over 70.000 people, we can understand that such a planetary catastrophe can unleash in the near future in case we indulge ourselves in shrugging our shoulders, saying that nothing can be done or aberrantly stating that there is no danger, despite the recent warnings given to us not by a prophet, but by scientists. Given the previous experience that we presented here (but which will not be taken into consideration by the sceptical, the obtuse and the ignorant ones) we suggest in the following a Planetary Program for urgent action, in order to avoid, with the help we receive from God, the catastrophe which was predicted and shown through a terrible vision by Virgin Mary during her mysterious apparitions and manifestations which took place at Fatima. Given these aspects, we find that our responsible contribution and participation in the Planetary Program for urgent action, in order to avoid, with the help which comes to us from God, a catastrophe that was predicted and at the same time shown to us through a shaking vision by Virgin Mary, during her apparitions and mysterious manifestations at Fatima, are urgently needed.

THE SUPREME AND EFFICIENT METHOD

(ONLY BEING SO WHEN THE HELP AND THE ALMIGHTINESS OF GOD THE FATHER MANIFESTS THROUGH OUR BEING THAT IS OPEN TOWARDS THE SUPREME LORD)

Motto

- "To know and not to act is the supreme cowardice, which can have disastrous and even fatal consequences for many of us in the near future." (Yoga teacher Gregorian Bivolaru)
- "Ask with faith and humbleness and you will be given" (The Bible)
- "If you will have faith as small as mustard seed and you will tell to this mountain: "Move there, away from here!" that mountain will move and, in this way, you will see that nothing will be impossible for you" (Matthew 17:20)

Some introductory elements

It is necessary for us to notice, from the very beginning, that the SUPREME AND EFFICIENT METHOD (only being so when the help and the almightiness of God the Father manifests through our being, which is open towards the Supreme Power/Lord) is at the same time a certain form of silent prayer, an asceticism, a way of redemption which makes possible the discovery of the mysterious reality of God the Father, together with His Almighty and His Godly Grace.

This SUPREME AND EFFICIENT METHOD allows us to feel, when we practice it, the mysterious reality of God's Will which is called "THE WILL OF THE HEAVENLY FATHER".

By the daily practice of this method each of us will gradually succeed, through the gram of practice, to contribute to the redemption of certain sins and misdeeds which through their accumulation made this planetary catastrophe imminent in the near future. By practicing this SUPREME AND EFFICIENT METHOD as described here we also discover, through some mystical experiences,



the mysterious reality of God's presence. We will also become aware of the enigmatic energy of the Godly Grace and we will discover the support offered to us by the enigmatic manifestation of the Holy Spirit.

This SUPREME AND EFFICIENT METHOD is, fundamentally speaking, a superior form of silent prayer. It is a humble request full of divine hope, based on a profound, complete and strong faith in God. In this way a process of *occult resonance* with the mysterious reality of God is triggered in our being. This implies, above all, to become aware in an inexpressible way that it is possible for us to communicate with God in an intimate way.

In this way, it is revealed to us that it is possible for us to experience an indescribable state of communion with the mysterious nature of God. As each of us will be able to notice, this is an inner prayer. This prayer will be experienced more profoundly and with a greater intensity every time we act in unison with all the other beings that practice it simultaneously. This will often generate in our being a new and profoundly fulfilling mystical experience. Even if this prayer of ours will be silent and personal, it will still operate in unison. As soon as an intense state of profound communion with God will appear and becomes established in our being, it can be said that our prayer is continuous. The necessary gram of practice in this direction will eventually help us discover that the real prayer is an intense, profound and indescribable state

of overwhelming communion with the mysterious reality of God, experienced through a pure, mystical and uplifting feeling. As each of us will be able to notice through the gram of practice, the SUPREME AND EFFICIENT METHOD will also help us discover God's perfect fidelity. This SUPREME AND EFFICIENT METHOD is, at the same time, a form of asceticism.

In this way, the reconciliation between God and us, the people, will be able to take place, through the redemption process which is kindled.

A sincere and pure aspiration for pleasing God, with a deep sense of gratitude for all the gifts, revelations and experiences that



He offers to us will spontaneously arise in us, through the more and more intense and profound experiencing of these attributes of God in our being.

By practicing the SUPREME AND EFFICIENT METHOD we will discover that prayer does not consist only in making requests for ourselves, and thus we will discover that it is possible to practice this silent prayer for other human beings who need God's help.



The presentation of the SUPREME AND EFFICIENT METHOD according to the unfolding of the stages involved in its practice

The SUPREME AND EFFICIENT METHOD becomes supreme and efficient when, and only when the help and Almightiness of God the Father is manifested through our being, which is open to the Supreme Lord. The method is to be practiced daily, at the exact hours agreed for it. As soon as we have the necessary time for it we shall practice, one by one, in the indicated order, each of the stages of the SUPREME AND EFFICIENT METHOD.

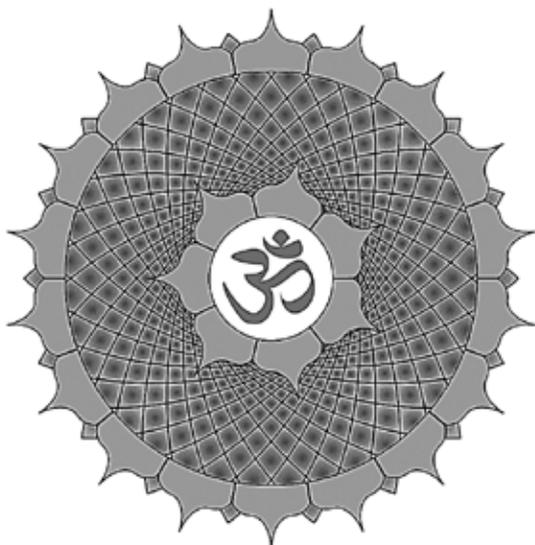
How to prepare for the practice of the SUPREME AND EFFICIENT METHOD

Firstly, with the help of a magnetic compass we will identify the East or the direction of the sunrise (East is the cardinal point corresponding to the direction where the Sun rises). This is why this cardinal point is also referred to as the sunrise direction. Then, we place a chair facing towards the same direction so that every time we practice the SUPREME AND EFFICIENT METHOD we can sit with our face and body oriented towards East. We place the poster with the representation of planet Earth, which we have already prepared, on the wall in front of us. This poster will be placed in front of us so that, when we sit on the chair, the virtual axis of our sight can be easily focused exactly in the centre of the image of the planet, as it can be seen from space, without the need to look higher, or lower or to the right or to the left.

NOTE

In case that in the room where we practice the SUPREME AND EFFICIENT METHOD it is not possible to place the poster as recommended (towards the East), it is required to have a proper stand for it, like a painter easel.

Practicing at least once or more during the day The SUPREME AND EFFICIENT METHOD requires that we are alone in the room. In this way we are not disturbed by the possible curiosity of the ones who are in the same room with us. In case circumstances allow us the possibility of practicing this SUPREME AND EFFICIENT METHOD together with other human beings who have decided to practice this method in unison with us, we will proceed in the same way, using as many chairs as is needed, which all will be oriented towards East. Consequently, we will place all the chairs so that all the participants will be able to sit oriented with their face and body towards East. The poster of planet Earth, as it can be seen from space, will be placed in front of each person at eye level somewhere on the wall or, according to possibilities, in an appropriate place. In such cases, each person will use their own poster and it will be placed at the level of their sight's axis. It is also important to bear in mind that our practice, made in unison with all the others who practice the SUPREME AND EFFICIENT METHOD at the same time with us, is essential because this mysterious practice in unison spontaneously triggers an occult phenomena of growth. In other words, it generates an unsuspected but important increase in the efficiency of the SUPREME AND EFFICIENT METHOD. As soon as we practice The SUPREME AND EFFICIENT METHOD for an adequate number of times, we will gradually succeed to perceive more and more clearly, and significantly, exactly at the agreed hours, an indescribable integration impulse which will simply boost us, and will awaken and amplify our enthusiasm. This will facilitate the almost effortless practice of this method, due to the subtle collective field of force which generates this phenomenon, and which is easily noticeable due to the process of unison (that causes certain subtle manifestations, triggered by *occult resonance*). We will experience in this way a mysterious state of solidarity. Each one of us will become aware of this state, and it will be experienced more and more clearly by all those who will participate in this action every day, at the exact hours set for the practice in unison of this SUPREME AND EFFICIENT METHOD. In order to increase, in a certain way, the efficiency of



this supreme method, it is highly recommended to first light a tea candle, which we will place (after it is lit) on a porcelain plate. It is important to bear in mind that immediately before lighting the respective candle we should say solemnly, sincerely and with faith in God, the following sacred consecration formula:

"I COMPLETELY OFFER HERE AND NOW THIS LIGHT AND, AT THE SAME TIME, I IMPLORE THE GOOD GOD AND HIS ANGELS OF LIGHT TO TRANSFER IT IN A MYSTERIOUS WAY AND TO ALCHEMIZE IT SO THAT THIS LIGHT REACHES THE WORLD BEYOND. THROUGH THE WILL OF GOD AND WITH THE HELP OF HIS ANGELS, MAY THE ENERGY OF THIS FLAME BECOME, AND REMAIN, AN ENTIRELY MYSTERIOUS BENEFICIAL LIGHT WHICH WILL FULLY CONTRIBUTE, IN UNISON WITH GOD'S GRACE AND WITH THE MANIFESTATION OF HIS ALMIGHTINESS, IN ORDER TO SUCCEED, THROUGH THE HELP COMING FROM GOD, IN FOREVER AVOIDING THE TERRIBLE CATASTROPHE THAT THREATENS OUR PLANET AND THE ENTIRE HUMANITY."

We will end this consecration with the formula:

"SO HELP US GOD. AMEN! AMEN! AMEN!"

In order to be able to say this sacred invocation it is recommended to always have it at hand, written on paper, and each time we must say it exactly as it is presented here. At the end of this sacred, solemn, sincere, altruistic invocation

which is full of faith in God, we will experience, as much as possible, (whilst standing with the face and body facing East, an outpouring of a mysterious flow of Godly Grace, which will always manifest in our being from up downwards, and will flood our body from the top of the head to the soles of the feet, as well as our inner being. We will experience in our inner universe a predominant sublime, uplifting emotion. The respective candle that we lit **will have to burn out completely**, even after we have finished the practice of the method and it is advisable to light at least one candle each day we practice The SUPREME AND EFFICIENT METHOD at one of the set times.

Please bear in mind that below you have the table with the exact times that have been set for the Planetary Program for urgent action “NO TO THE APOCALYPSE!!!” which implies the practice of the SUPREME AND EFFICIENT METHOD for protecting the planet against a possible catastrophe.

We present this program in a table (all times are GMT + 1):

THE SUPREME AND EFFICIENT METHOD SCHEDULE FROM MONDAY TO SATURDAY (INCLUSIVE)	
05.00 – 05.20	17.00 – 17.20
08.00 – 08.20	20.00 – 20.20
11.00 – 11.20	23.00 – 23.20
14.00 – 14.20	02.00 – 02.20

We present this schedule for a better understanding also in a cross format:

**THE SUPREME AND EFFICIENT METHOD SCHEDULE
FROM MONDAY TO SATURDAY (INCLUSIVE)**

	05.00 – 05.20	
14.00 – 14.20	————— —————	08.00 – 08.20
	11.00 – 11.20	
	17.00 – 17.20	
02.00 – 02.20	————— —————	20.00 – 20.20
	23.00 – 23.20	

SPECIAL SCHEDULE FOR SUNDAY	
05.00 – 05.30	17.00 – 17.30
08.00 – 08.30	20.00 – 20.30
11.00 – 11.30	23.00 – 23.30
14.00 – 14.30	02.00 – 02.30

SPECIAL SCHEDULE FOR SUNDAY

	05.00 – 05.30	
14.00 – 14.30	————— —————	08.00 – 08.30
	11.00 – 11.30	
	17.00 – 17.30	
02.00 – 02.30	————— —————	20.00 – 20.30
	23.00 – 23.30	

We present this schedule for a better understanding also in a list format:

THE SUPREME AND EFFICIENT METHOD SCHEDULE	
FROM MONDAY TO SATURDAY (INCLUSIVE)	SPECIAL SCHEDULE FOR SUNDAY
05.00 – 05.20	05.00 – 05.30
08.00 – 08.20	08.00 – 08.30
11.00 – 11.20	11.00 – 11.30
14.00 – 14.20	14.00 – 14.30
17.00 – 17.20	17.00 – 17.30
20.00 – 20.20	20.00 – 20.30
23.00 – 23.20	23.00 – 23.30
02.00 – 02.20	02.00 – 02.30



STAGE 0 OR, IN OTHER WORDS, THE ACTUAL BEGINNING OF THE SUPREME AND EFFICIENT METHOD

This stage will be done standing, at exactly the pre-established starting hours set according to the time intervals of practicing this method. For example, if we practice this SUPREME AND EFFICIENT METHOD in the morning, we will do the beginning at exactly 5 o'clock (GMT + 1). Here is how we will proceed afterwards: standing, with our face and body orientated towards East (the direction that we have already located with the help of a compass), we focus inside, keeping our eyes closed for 10-15 seconds, then we will make the sign of the cross in a solemn and interiorized way, and we will say in our mind:



1. IN THE NAME OF THE FATHER;
2. OF THE SON;
3. AND OF THE HOLY SPIRIT;
4. AMEN!

1. THE FIRST STAGE OF THE SUPREME AND EFFICIENT METHOD

This stage is done standing. During this stage we will make a preliminary, solemn consecration of the fruits (results) of this Supreme and Efficient method to God the Father.

ATTENTION!!!

It is best to say the consecration formula standing with our face and body oriented towards the East. In order to be able to say this formula it is recommended to have previously written it on a sheet of paper and afterwards we say it in our mind solemnly, sincerely and with faith in God, aiming to feel immediately afterwards the affirmative answer which will create certain mysterious, beneficial and subtle effects in our being.

Here is the sacred formula we will say for consecrating the fruits:
 "DEAR LORD, HEAVENLY FATHER, I OFFER TO YOU, HERE AND NOW, TOTALLY AND UNCONDITIONALLY, THE FRUITS OF THIS SUPREME AND EFFICIENT METHOD, WHICH AIMS, THROUGH THE HELP WE RECEIVE FROM YOU GOD, FOR THE FULL PROTECTION OF PLANET EARTH AND OF ALL PEOPLE FROM THE DANGER OF ANY PLANETARY CATAclysm. AMEN! AMEN! AMEN!"

At the end of this sacred, solemn, sincere, altruistic consecration, which is full of faith in God, we will feel, as much as possible (for 15 seconds), the mysterious answer to this consecration in the form of an indescribable flow of divine energy which will always manifest in our being from up downwards and which will flood our whole body from the top of our head to the soles of our feet (inclusively), as well as our inner being. On this occasion we will feel in our inner universe a strong uplifting emotion.

ATTENTION!!!

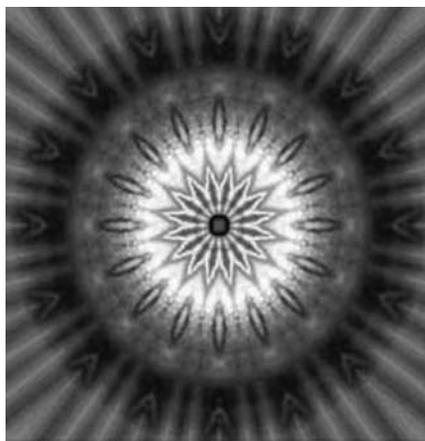
For all those who do not have the minimum necessary knowledge regarding the occult initiating process of consecrating the fruits of an action towards God the Father, we suggest (OPTIONALLY) for each of them to aim to discover, as soon as possible, this simple spiritual and enlightening method which will help them to easily find God and to come closer to His divine guidance and help. For this, at the stage established for the moment of CONSECRATION, they will have to say the following words in their mind:

"DEAR LORD, HEAVENLY FATHER, I OFFER TO YOU, HERE AND NOW, TOTALLY AND UNCONDITIONALLY, THE FRUITS OF THIS SUPREME AND EFFICIENT METHOD, WHICH AIMS, THROUGH THE HELP WE RECEIVE FROM YOU GOD, FOR THE FULL PROTECTION OF PLANET EARTH AND OF ALL PEOPLE FROM THE DANGER OF ANY PLANETARY CATAclysm. AMEN! AMEN! AMEN!"

We suggest that you say this invocation slowly, clearly and solemnly, and immediately afterwards, on the background of a state of neutral creative receptivity, you must wait until feeling something mysterious and indescribable, which will manifest as a descending, refined, unusual and delicate flow of energy which enters your being. In this way you will be able to feel the mysterious, indescribable answer which comes from God, into your being, as a flow of descending, subtle and extremely refined energy, triggering in you a sublime, uplifting, emotional and profound state which floods your body and, in many cases, creates a profound and indescribable shivering sensation. This ineffable answer indicates at the same time



the fact that you have entered into a mysterious dialogue with God, who accepts in advance the OFFERING of the respective action that you offered to Him. Afterwards, following the spiritual consecration of its fruits, you will feel the action that you do in a totally different way. By doing so, you will be able to easily notice all the energetic, qualitative, ineffable differences which will appear during this experience. All of these will allow you to discover the unexpected value of CONSECRATING the fruits of different beneficial actions.



ATTENTION!!!

In case we notice, at the end of this consecration, that any state which could indicate the manifestation in this way of an affirmative, positive answer does not appear in our being, we will not continue to practice the SUPREME AND EFFICIENT METHOD, as then it is obvious that (for the moment) we do not have the necessary Godly support, since we notice that the answer to the consecration is negative. This is noticeable by the absence of the respective phenomena described above which show the positive answer.

In case we receive a positive, affirmative answer at the end of the consecration, we are ready to proceed to the next stage.

2. THE SECOND STAGE OF THE SUPREME AND EFFICIENT METHOD

This stage is done sitting on a chair. It is important to bear in mind that during this stage we will ask, with humility and faith, to be guided and helped both by our guardian angel (for as it is known, each of us has such a guardian angel from the moment of birth) and by one of the Archangels that we have selected in advance according to our preferences and aspirations. For this, we will be able to implore the help of Archangel Metatron, or Archangel Michael, or Archangel Gabriel, or Archangel Uriel or of Archangel Raphael. (See in the GLOSSARY from volume 2 of this book the term "Archangel").

In order to be assisted, guided and inspired by our guardian angel we will say the following formula:

"PURE AND BLESSED GUARDIAN ANGEL, I HUMBLY ASK YOU, WITH FAITH AND ASPIRATION, TO HELP, TO GUIDE AND TO IMPEL ME FOR SUCCESSFULLY ACCOMPLISHING, HERE AND NOW, THIS SUPREME AND EFFICIENT METHOD WITH ALL ITS STAGES. I THANK YOU WITH LOVE AND GRATITUDE FOR EVERYTHING YOU WILL OFFER ME EACH TIME."

After we have made this request in a solemn, sincere and transfigured way, at the end of it we will aim to feel, as much as possible, a certain state of mysterious communion which shows the presence and the help that will be given to us, from now on, during the practice of the SUPREME AND EFFICIENT METHOD, by our guardian angel. Even if in the beginning we might not perceive all these phenomena so clearly, still we aim to pay more and more attention to them. The more we practice the SUPREME AND EFFICIENT METHOD, the more this ineffable state that we have described here will start to manifest due to the inner experiences that will accumulate in our being. In case this state of sublime communion with the presence and the mysterious reality of our guardian angel does not appear yet, we should not try to forcefully trigger this mysterious experience. Instead, we will allow it to appear spontaneously, in deep connection with the gradual experiences (which are always cumulative), that will appear with time. The strong and ineffable awareness stage of the presence and of the mysterious help offered to us by our guardian angel should not last longer than maximum 45 seconds.

As soon as we become aware of this specific ineffable experience, which highlights to a certain extent the presence and the help of our guardian angel, we will afterwards proceed to say a certain invocation towards one of the Archangels, whom we will implore to help us by using the following sacred formula, said solemnly, sincerely and with faith in God.

ATTENTION!!!

We must bear in mind that all the Archangels, without exception, have the Godly gift of omnipresence and this is why we must never doubt whenever we implore the support and help of one of these Archangels. We must remember that according to our individual affinities we will ask either Archangel Metatron, or Archangel Michael, or Archangel Gabriel, or Archangel Uriel or Archangel Raphael. Please bear in mind that when





you make this choice you should not change it later on and each time to invoke another Archangel. It is strictly necessary to be faithful and perseverant once you have made your choice. Therefore, it is necessary to keep in mind that, in the beginning, once you have chosen one of the five Archangels, it is not recommended to later on change it and to allow yourselves to be driven by an infantile curiosity to see how it is to feel the support of another Archangel. Therefore, it is not recommended to change over and over again

the Archangel that you will invoke. You will be able in this way to deepen a state of fidelity and perseverance which, in time, will create in your being a state of inner maturity. Bearing in mind that each of you will choose one of the five Archangels according to your affinities, you should not be surprised that the sacred invocation formula given in this book has dots (.....), so that each of you can fill in on your printed paper the name of the Archangel you have chosen (once and forever).

Then, we will solemnly, sincerely and with faith in God say the following sacred invocation formula addressed to the chosen Archangel:

"HOLY AND BLESSED ARCHANGEL, I HUMBLY IMPLORER YOU, WITH ASPIRATION AND FAITH IN GOD, TO ASSIST, INSPIRE AND SUPPORT ME, HERE AND NOW, FOR ACCOMPLISHING THIS SUPREME AND EFFICIENT METHOD, TOGETHER WITH ALL ITS STAGES. I ALSO IMPLORER YOU TO TAKE AWAY FROM ME ANY TEMPTATION THAT MIGHT EVER APPEAR, AND ANY DIFFICULTY OR DOUBT THAT MIGHT EVER APPEAR. I THANK YOU WITH LOVE AND GRATITUDE FOR EVERYTHING YOU WILL OFFER ME EACH AND EVERYTIME WHEN YOU WILL INSPIRE AND SUPPORT ME."

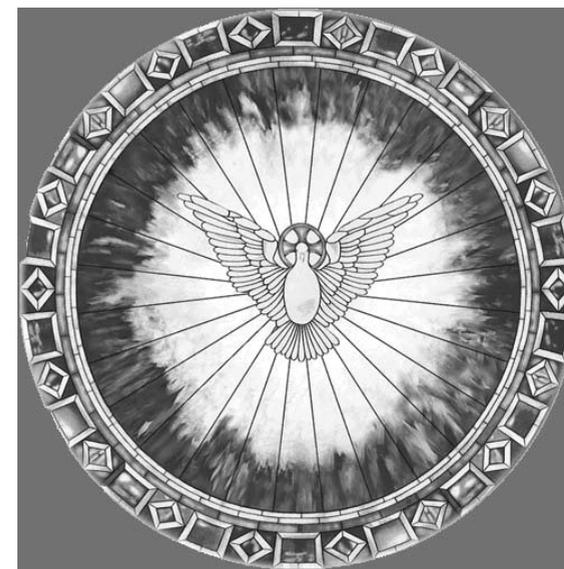
At the end of this invocation we will aim to immediately become aware, as strongly as possible, of a certain sublime and distinct state which will be totally different from the one we perceive inside when we become aware of the presence of our guardian angel. If, at the beginning, we do not feel much, or almost

anything, we should not force ourselves or start to worry. Instead, we must hope in a divine way that this state of awareness will come with time and that it will become stronger, even if indescribable. The time interval for this awareness phase can be of maximum 45 seconds, but it can also be less. In the case that there is no distinct perception, this awareness phase can be proportionally reduced to 15-20 seconds and later on, as soon as we start noticing a certain distinct state, it can be increased. We should not be surprised if, in certain cases, we firstly feel strongly the presence of our guardian angel and, in other cases, for it to be the other way around – it is possible for us to easily feel the presence and support of the invoked Archangel, without clearly feeling the presence and help of our guardian angel. Nevertheless, it is necessary to bear in mind that the best is when we are strongly and distinctly aware both of the presence and the help of our guardian angel, and also of the presence and the help of the invoked Archangel. In some cases, we will be pleasantly surprised to notice that either our guardian angel or the invoked Archangel will spontaneously manifest in our being and afterwards, in certain situations of our existence which are not at all coincidental and especially during some very meaningful dreams that will appear at the right moment. We will gradually become aware in this way that a profound spiritual friendship, based on sublime love and altruism, is intertwined with both our guardian angel and the invoked Archangel and starts to grow.

At the end of this stage we are prepared to move on to the next stage.

3. THE THIRD STAGE OF THE SUPREME AND EFFICIENT METHOD

This stage is done sitting on a chair. It is important to bear in mind that in this stage we will aim to attract in our inner universe an ample and profound state, as distinct as possible, of communion with the enigmatic energy of the Holy Spirit. In order to understand even better certain basic theoretical aspects, we suggest that you first study very carefully, and even read many times, all the explanations given to you in the GLOSSARY (in the second volume of this book) about the "HOLY SPIRIT". This



will help you to better understand things, especially those of you who do not know anything about the enigmatic reality of the Holy Spirit. In case you are familiar with the indescribable experience of the enigmatic reality of the Holy Spirit, it is still necessary to a certain extent for you to also study the information in the glossary, it is possible for some revelations offered there to considerably enrich your vision upon the enigmatic reality of the Holy Spirit, helping you at the



same time to reach an even more profound and complete state of communion with the enigmatic reality of the Holy Spirit. Given the fact that, almost every time, genuine initiatic knowledge gives us access to a certain clarification and power, the study of all the information offered to you in the glossary should be most welcome. You can also take notes and extract certain ideas which you find interesting, which will help you to experience this stage in a fruitful way. Given the fact that the enigmatic reality of the Holy Spirit has at the same time a distinct personality, and being prior perfectly convinced of the Holy Spirit's omnipresence, we will have to make, every time, a fruitful invocation so that we shall be distinctively supported, energized and integrated when we practice both the next stages as well as the SUPREME AND EFFICIENT METHOD as a whole.

This is why we solemnly, sincerely, and with faith in God and in the enigmatic reality of the Holy Spirit, say the following invocation:

"INTIMATE, PERFECT, ENIGMATIC AND DIVINE BIRTH-GIVING HOLY SPIRIT,

I INVOKE YOU AND I HUMBLY IMPLORE YOU, WITH ASPIRATION AND FAITH IN YOUR EXISTENCE, TO SUPPORT ME, THROUGH YOUR INFINITE, TOTAL POWER, AND TO HELP ME TO SUCCESSFULLY ACCOMPLISH, HERE AND NOW, THIS SUPREME AND EFFICIENT METHOD, TOGETHER WITH ALL ITS STAGES.

I THANK YOU WITH LOVE AND GRATITUDE FOR ALL THE INTEGRATION, SUPPORT AND THE MYSTERIOUS AND BENEFICIAL ENERGY THAT YOU WILL OFFER TO ME EACH AND EVERYTIME."

At the end of this invocation, we will immediately become aware of a totally specific state of euphoric, uplifting, enthusiastic and pure integration in an immense and enigmatic intimate reality, which will help us at the same time to indescribably experience the amazing state of endlessness. This very special

state has, almost all the time, certain nuances which are predominantly maternal, feminine, grandiose and mainly affective. An indescribable state of sacredness and purification will also appear in our being.

The time interval of awareness for the communion with the enigmatic reality of the Holy Spirit can be extended to maximum 45 seconds, but can be also reduced. In case we do not experience (yet) a distinct state, this awareness time can be proportionally reduced to 15-20 seconds and it can increase afterwards, as soon as we will start to become aware of a certain distinct state.

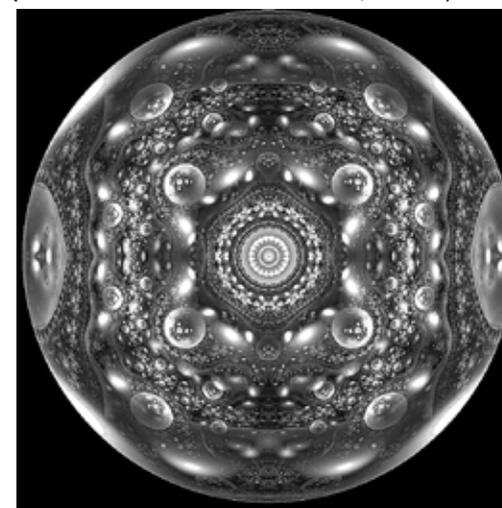
In certain cases we will be pleasantly surprised to notice that the manifestation of the enigmatic reality of the Holy Spirit can spontaneously continue in our being afterwards, as well as in certain moments (which are not accidental at all) and especially during some of our meaningful dreams which will come at the right moment (for some of us). In this way we will gradually notice that a profound and intimate spiritual friendship with the enigmatic reality of the Holy Spirit which we invoke at this stage begins, based on sublime love and altruism. Considering the fact that most women have the special skill of easily connecting deeply, rapidly and profoundly to the enigmatic reality of the Holy Spirit, they will feel much faster the mysterious state of profound and overwhelming communion with the Holy Spirit.

In the end of this awareness, when we end this stage, we are ready to start the next stage.

4. THE FORTH STAGE OF THE SUPREME AND EFFICIENT METHOD

This stage is done sitting on a chair. It is important to keep in mind that during this stage we aim to invoke and to perceive in our inner universe, one by one, certain divine aspects or realities.

Therefore, we will firstly aim to invoke in our inner universe the mysterious energy and reality of the Divine Grace. After that, we will aim to invoke in our inner universe the mysterious reality of the Omnipotence of God. And in the end, we will aim to invoke in our inner universe the specific occult energy that is accompanying every time the distinct manifestation of the Will Power of God (also called "THE WILL OF GOD"). In order to better understand all these mysterious aspects, that for



many of you might be something new, complex and even difficult to penetrate (to comprehend), we ask you to read with a lot of attention and even to study these terms that appear in the GLOSSARY from the 2nd volume of this work. In case you have some difficulties in perceiving intuitively and observing one of these three aspects, it is even more necessary that you study with a lot of attention and even to read several times the corresponding description that appears in the GLOSSARY from the 2nd volume of this work. We ask you to keep in mind that in order to invoke, one by one (in a fruitful way), in our inner universe these mysterious Godly aspects, we first place the left hand on the left knee. The palm of the respective hand will be facing upwards and then, as soon as we succeed to invoke these divine aspects, one by one, in our inner universe, we will start to become aware that we receive their mysterious specific energy through the left palm accumulating them afterwards, one by one, both at the level of our body as well as in our inner universe.

ATTENTION!!!

Please keep in mind that in the case of left-handed people one shall do exactly the opposite: the left-handed ones will place the right hand on the right knee with the palm facing upwards and will become aware of the receiving of these mysterious, subtle, divine energies through the right hand.

This stage will be therefore performed in this way:

a) We will utter in a solemn, sincere way with faith in God, the following sacred formula:

"I INVOKE, HERE AND NOW, WITH A FULL, PROFOUND AND STRONG FAITH, THE MYSTERIOUS MANIFESTATION OF GOD'S GRACE IN MY BEING AND I STRONGLY ASPIRE TO FEEL EVER MORE CLEARLY AND INTENSELY IT'S ACCUMULATION IN MY INNER UNIVERSE.

I AM PROFOUNDLY AND FULLY CONVINCED THAT THIS IS HAPPENING DUE TO THE MIRACULOUS HELP THAT THE HEAVENLY FATHER – GOD – IS OFFERING TO ME."

Immediately after this invocation, we aim to become aware of the capturing of the mysterious manifestations of the energies of the Grace of God through the palm of the respective hand and we observe the accumulation of these energies in the whole body or at least in the trunk area. It is possible to feel these mysterious energies of the divine Grace as extremely fine energetic currents or, in other words, of certain refined, diaphanous, subtle fluids captured through the palm and then accumulating both in the body, as well as in the other invisible layers of the being.

Therefore, immediately after uttering this invocation, we will aim to become as aware as possible of a certain distinctive experience that will emphasise the accumulation in our being of the mysterious energies of the divine Grace. In the case in which, to begin with, we do not perceive anything or almost anything, we

should not force it and we should not worry. We have only to hope in a divine way that in time, this perception will appear and then it will become stronger and stronger, even though it will remain indescribable. The corresponding time interval for the awareness phase can be extended up to maximum 30 seconds, but it can also be reduced in the case where (for the time being) a distinctive feeling does not yet appear. In these cases, the awareness phase can be proportionally diminished and reduced to 10-15 seconds, and later on, as soon as we succeed to start perceiving a certain distinct manifestation of the energies of God's Grace, it will increase.

In the end, we are ready to move on to the performance of the next invocation.

b) Now we are ready for another invocation, which will be recited in a solemn, sincere way and with faith in God:

"I INVOKE, HERE AND NOW, WITH A FULL, PROFOUND AND STRONG FAITH, THE MYSTERIOUS MANIFESTATION OF THE REALITY OF GOD'S OMNIPOTENCE IN MY BEING AND I STRONGLY ASPIRE TO FEEL EVER MORE CLEARLY AND INTENSELY IT'S ACCUMULATION IN MY INNER UNIVERSE.

I AM PROFOUNDLY AND FULLY CONVINCED THAT THIS IS HAPPENING DUE TO THE MIRACULOUS HELP THAT THE HEAVENLY FATHER – GOD – IS OFFERING TO ME."

Immediately after reciting this invocation, we will aim at becoming aware, as much as possible, of a certain distinct experience that emphasises the mysterious manifestation of the reality of God's Omnipotence that will be experienced first at the level of the left palm and then it will gradually extend at the level of the body and after that, in the sphere of the invisible subtle layers of the being. It is possible to experience the indescribable and mysterious manifestation of God's Omnipotence as some extremely fine energetic currents or, in other words, as certain refined, diaphanous, subtle fluids that are captured through the palm and then are accumulating both in the body, and also in the other invisible layers of the being.

If, in the beginning, we do not perceive anything or almost anything, we should not force it and we should not worry. We have only to hope in a divine way that in time, this



perception will appear and then it will become stronger and stronger, even though it will remain indescribable. The corresponding time interval for the awareness phase of the mysterious manifestation of God's Omnipotence can be extended up to maximum 30 seconds, but it can also be reduced in case a distinctive feeling does not yet appear. In these cases, the awareness phase can be proportionally diminished and reduced to 10-15 seconds, and later on, as soon as we succeed and start to perceive a certain distinct manifestation of the energies of God's mysterious Omnipotence, it will increase.

In the end, we are ready to utter the next invocation.

c) Now we are ready for another invocation, which will be recited in a solemn, sincere way with faith in God:

"I INVOKE, HERE AND NOW, WITH A FULL, PROFOUND AND STRONG FAITH, THE MYSTERIOUS MANIFESTATION OF THE ENERGY OF GOD'S WILL IN MY BEING AND I STRONGLY ASPIRE TO FEEL EVER MORE CLEARLY AND INTENSELY IT'S ACCUMULATION IN MY INNER UNIVERSE. I AM PROFOUNDLY AND FULLY CONVINCED THAT THIS IS HAPPENING DUE TO THE MIRACULOUS HELP THAT THE HEAVENLY FATHER – GOD – IS OFFERING TO ME."

Immediately after reciting this invocation, we aim at becoming aware of the mysterious manifestation of the energy of God's Will, through the left palm and then we will notice the accumulation of these energies in our entire body or at least in the trunk area. It is possible to experience this mysterious energy as extremely fine energetic currents or, in other words, as a certain refined, diaphanous fluid, received through the palm and then accumulating both in the body, and in the other invisible layers of the being.

Immediately after this invocation, we aim at becoming aware, as much as possible, of a certain distinct experience that outlines the accumulation in our being of the mysterious energy of God's Will. If, in the beginning, we do not perceive anything or almost anything, we should not force it and we should not worry. We must only hope in a divine way that in time, this perception will appear and it will become stronger and stronger, even though it will remain indescribable. The corresponding time interval for the awareness phase of the



mysterious energy of God's Will can be extended up to maximum 30 seconds, but it can also be reduced in case a distinctive feeling does not yet appear. In these cases, the awareness phase can be proportionally diminished and reduced to 10-15 seconds, and later on, as soon as we succeed and start to perceive a certain distinct manifestation of the energies of God's mysterious energy of the will of God, it will increase.

In the end, we are ready to move on to the next stage.

5. THE FIFTH STAGE OF THE SUPREME AND EFFICIENT METHOD

This stage is done sitting on a chair. It is important to keep in mind that during this stage we will aim to gradually become aware of the appearance of a complex and simultaneous process of capturing, that is performed in the same time both by the means of the manifestation of the energy of God's Grace, the manifestation of the reality of God's Omnipotence and of the energy of God's Will.

Therefore, during this stage we will feel, as much as possible, the equal and simultaneous capturing through the left palm of these mysterious Godly aspects (the energy of God's Grace, the manifestation of the reality of God's Omnipotence and the energy of God's Will) and we will notice their unification in our inner universe and at the level of our body. Now, we will also perceive the accumulation and the manifestation of these mysterious Godly aspects that will trigger complex, profound, sublimely stimulating and purifying effects that will appear "in cascade" in our inner universe, generating a state of euphoric expansion, of a *sui generis* profoundly beneficial energetic superabundance.

In parallel, we can observe with lucidity and detachment other sublime, divine aspects that are brought in the sphere of consciousness, both at the mental and supramental levels. At the same time, we will notice the appearance of certain profoundly beneficial, powerful echoes both within the vital and the psychic sphere. We will also observe, with increasing joy, that we become a *sui generis* Godly "channel", and shortly afterwards, the surplus of these divine energies gushes forth in a mysterious way from our being and allows us to discover the new and enchanting experience of the hypostasis of an OCCULT RELAY in and through



which God the Father manifests. Savouring in a spiritual way this experience while also becoming aware of this process of indescribable unification of these Godly energies should last for 2 minutes.

In the case of those who (for the time being) do not yet feel in a clear and strong way the appearance of this process of unification, we suggest that this time interval should never be shortened, due to its great importance. At the same time, it will be very good to notice that certain eminently beneficial processes of *occult resonance* are simultaneously triggered in our inner universe that will help us to gradually discover, by the means of an ineffable inner experience, that in reality, from the very beginning, EACH ONE OF US is made in THE IMAGE AND LIKENESS OF THE MYSTERIOUS REALITY OF GOD THE FATHER.

In the end of this stage, we will become aware, as distinctly as possible, that each one of us is at the same time a *sui generis* PART that is perfectly integrated and amalgamated in the grandiose reality of the holographic WHOLE of the Godly Creation. This ample and profound process of awareness implies to experience the complex grandiose, mysterious, simultaneous and indescribable feeling that the gigantic Whole of the Universe and even the Entire Macrocosm are mirrored in an active way within the more and more dynamized Microcosm of our being. All of these things will be experimented through an extraordinary experience while our being, which will be expanded into the boundlessness, will be completely, totally and euphorically integrated into the super gigantic mysterious reality of God the Father. In this way, it will become possible for each one of us to discover in a certain new and beatific way that the immense WHOLE of the Macrocosm is completely mirrored within us (within the Microcosm of our inner universe) and that we are in an ample and profound way integrated as a PART (that found its meaning (mission)) within the gigantic WHOLE of the Macrocosm.

Even if in the beginning, for many of us it will be somewhat difficult to feel all these things, we will notice, at least from time to time, with a growing joyfulness that due to the very strong effect of the unison that is established, it will become later on easier and easier to experience all these things, the more we continue to practice the SUPREME AND EFFICIENT METHOD. In the case that, for the time being, for some of us, it is somewhat more difficult to feel this complex process of *sui generis* "SPIRITUAL AMALGAMATION" and indescribable unification, it is



good to do our best in order to perceive it to a certain extent, because, in this way, these extraordinary experiences, which in the beginning might be vague or hardly perceivable, can sprout and, later on, grow.

It is also necessary to keep in mind that all these exceptional effects that will appear will point out some inner transformations of a certain nature that will help us to discover that the practice of the SUPREME AND EFFICIENT METHOD is more and more fruitful for us. Moreover, in this way, we will be able to convince ourself that all its extraordinary effects are cumulative. In this way, we will become aware that each gram of practice of the SUPREME AND EFFICIENT METHOD is worth tonnes of theory. For this, it is always necessary, especially in the beginning, to prove perseverance, patience and persistent attention.



In the end of this very special awareness phase, we are ready to move on to the next stage, which is and remains the most important one.

6. THE SIXTH STAGE OF THE SUPREME AND EFFICIENT METHOD

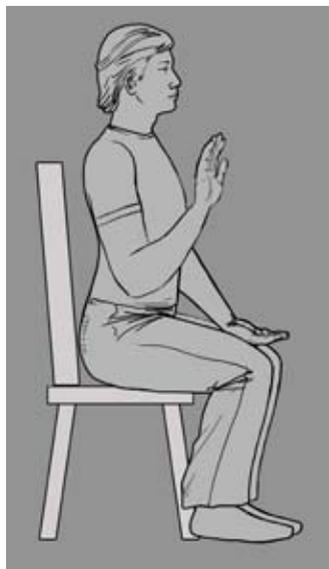
This stage is done sitting on a chair. At the beginning of this essential stage we will utter in a solemn, sincere and faithful way the following sacred formula:

"DEAR LORD, HEAVENLY FATHER, WE HUMBLY IMPLORER YOU, WITH A PROFOUND, STRONG AND TOTAL FAITH, TO HELP US ACCORDING TO YOUR GREAT MERCY TO REDEEM AND AT THE SAME TIME TO ANNIHILATE, BOTH BY YOUR IMMENSE MERCY AND THROUGH THE GODLY FRUITS OF THIS SUPREME AND EFFICIENT METHOD, ALL THE SINS AND MISDEEDS THAT MAKE US, THE PEOPLE, DESERVE YOUR PUNISHMENT. WE IMPLORER YOU TO HELP US, ACCORDING TO YOUR ENDLESS MERCY, FOR US ALL TO DESERVE NOT THE PUNISHMENT, BUT YOUR FORGIVENESS AND COMPASSION. WE ALWAYS IMPLORER YOU IN UNISON, BEING FULL OF LOVE, DIVINE HOPES AND GRATITUDE, TO RELEASE FOREVER FROM US, THE PEOPLE, THIS CHALICE OF SUFFERINGS. ONLY THY WILL BE DONE ALWAYS, AS IN HEAVEN, SO ON EARTH. AMEN! AMEN! AMEN!"

In the end of this invocation we will become aware, each of us according to our possibilities, of the mysterious, mystical, profound and overwhelming answer from God that pours forth in our body and in our being as a very fine and uplifting energetic flux that always manifests from up downwards and enters our body somewhere through the area of the top of the head. This subtle, indescribable phenomenon appears shortly after reciting the sacred formula.

Immediately afterwards, we can move on to the actual performance of this very important stage.

It is essential to keep in mind that this stage becomes truly fruitful when, and only when, there is already in our being a complete openness towards the Most High One, towards God, on the background of a strong, profound and complete faith in Him (God). During this stage,



The way to place the hands while performing the sixth stage (profile). The arm and the forearm make a 60° angle

it is necessary to become aware of the unceasing, profound, ample and intense capturing through the left palm of, simultaneously the ENERGY OF GOD'S GRACE, of the manifestation of the reality of GOD'S OMNIPOTENCE and of the ENERGY OF GOD'S WILL that are attracted in a continuous flow in our inner universe and, by generating an indescribable state of Godly superabundance, are afterwards directed towards the right arm and are surging out from our being through the right palm and through the five fingers.

It is also necessary to keep in mind that when we perform this stage, we will raise the right arm (in the case that we are left-handed, we will do the opposite and we will perform it through the left arm) and we aim to observe with due attention



The way to place the hands while performing the sixth stage (seen from the front)

the way in which the ENERGIES OF GOD'S GRACE, the energetic manifestation of the reality of GOD'S OMNIPOTENCE and the ENERGY OF GOD'S WILL are captured simultaneously through the left palm and then, these three mysterious Godly aspects are combined and amalgamated in a harmonious way and, after they are pouring forth both in our body and in the invisible subtle layers of our being, are directed through the right arm and then gush out through the right palm and through the fingers. In order to make this possible, our right hand will be positioned in such a way that the forearm and the arm form a *sui generis* V which implies the appearance of an angle of approximately 60 degrees. Therefore, being seated on a chair in the indicated position, we place the left forearm on the thigh of the left leg with the palm facing upwards, as relaxed as possible. As soon as we aim to emit simultaneously, through the right hand, the three Godly aspects that we spoke of in the above, our right arm will be close to the body and bent so that it forms a 60 degree angle, while the palm will face forwards, relaxed. Thus, our right arm will be placed in such a way in order to form the letter V. It is necessary to keep in mind that this position of the arm, together with the angle formed by the arm and the forearm, presents a mysterious significance that the initiated ones know very well.

So, here is how we proceed next: after fixing our gaze (very attentively) with the eyes open and as much as possible, without blinking, upon the image of the globe on the poster in front of us, we manifest at the same time a firm, clear and continuously strong intention that all these Godly aspects, received and accumulated through our body and through our inner universe, are directed in a continuous flow, gushing from our right palm and fingers exactly like an immense artesian well, pouring forth during the entire duration of this stage, in the subtle, energetic, and mysterious ambience of the globe.

We close the eyes and become aware of this continuous overflow of the mysterious Godly aspects that pour through our being. In these moments especially, our being becomes a mysterious Godly channel in and through which these divine



aspects manifest. If sometimes we notice an obvious diminishing of this combined flow of Godly aspects (or in other words, of the **energy of God's Grace**, the manifestation of the reality of **God's Omnipotence** and the **energy of God's Will**) that gushes forth like an artesian well through the palm and through the fingers of our right hand, then we will immediately open the eyes and instantly invoke, with the help coming from God, the re-appearance and manifestation of these mysterious



Image of planet Earth that can be used for visualization during the sixth stage.

Godly aspects in a continuous flow. We will continue exactly in this way until the end of this essential stage and whenever we will notice a diminishing of this combined flow of Godly aspects, we will immediately open the eyes and invoke instantly, with the help coming from God, the re-appearance and manifestation of these mysterious Godly aspects (or in other words, of **the energy of God's Grace**, the manifestation of the reality of **God's Omnipotence** and the **energy of God's Will**), in a continuous flow.

In order to know exactly when this particular time interval, allocated for performing this essential stage should end, it is necessary to use an alarm-clock. For this, it is always necessary to set the alarm-clock to ring exactly 19 minutes past the moment of starting stage zero. It is necessary to proceed in this way, so that in the end we will still have 1 minute remaining to perform each time the last stage of the SUPREME AND EFFICIENT METHOD.

On Sundays, when we perform the SUPREME AND EFFICIENT METHOD once or more in the day, the clock that we will use will be set to ring 29 minutes past the beginning of stage zero.

For a greater accuracy we can use a timer to mark in this way the time at our disposal.

ATTENTION!!!

It is very important for this stage, the sixth one, to last at least 8 minutes. When we perform this SUPREME AND EFFICIENT METHOD on Sundays, this stage (the sixth stage) will be performed for at least 15 minutes.

As soon as the alarm clock rings, we will immediately move on to performing the last stage.

7. THE SEVENTH STAGE OF THE SUPREME AND EFFICIENT METHOD

This stage is done standing. It is important to keep in mind that when we start to perform the seventh stage, it is indicated to stand up. While remaining with the face and body orientated in the same way, towards the sunrise (or, in other words, the East), we will recite in a profound state of introspection and gratitude, the following sacred formula:

"DEAR LORD, HEAVENLY FATHER,
WE THANK YOU WITH HUMBLENESS AND GRATITUDE FOR HAVING LISTENED TO OUR HUMBLE AND SINCERE PRAYERS. WE THANK YOU WITH LOVE AND GRATITUDE FOR HELPING US PEOPLE, ACCORDING TO YOUR BIG MERCY.
GLORY TO YOU, NOW AND FOREVER AND EVER.
AMEN! AMEN! AMEN!"

Immediately after reciting this sacred ending formula, we will feel a sublime, euphoric, and indescribable flow spontaneously pouring in our being, manifesting each time from up downwards, when we thank God the Father in a sincere way, by using this inspired formula. Again with that occasion, we will experience in our inner universe a strong uplifting emotion.

ATTENTION!!!

Please keep in mind that in order to recite all the formulas that are indicated here, it is necessary to write them down with large enough letters, and the respective piece of paper should be placed on our knees in advance so that we can help ourselves recite each formula by using the corresponding texts, each sacred formula being recited, one after another, as we perform distinctively each stage.



OTHER SIMPLE, PROFOUNDLY BENEFICIAL AND EFFICIENT SUPPLEMENTARY ACTIONS THAT EACH ONE OF US CAN PERFORM IN ORDER TO SUPPLEMENTARY CONTRIBUTE TO THE REDEMPTION AND ANNIHILATION OF THE SINS AND MISDEEDS THAT MAKE US DESERVE GOD'S PUNISHMENT.

The first modality

The first modality involves making at least once a day a light offering of 25 candles, at any hour of the day (but never after midnight, meaning after 12:00 a.m.!!!), taking lots of precautions for those candles (tea-light candles encased in a thin aluminium cover) which will be carefully placed in order to completely avoid the risk of any (possible) accident. It is important to keep in mind that, before making this light-offering of 25 candles, we will recite (just before lighting them) the following sacred formula:

"I OFFER COMPLETELY, HERE AND NOW, THIS LIGHT AND, AT THE SAME TIME, I IMPLORE THE GOOD GOD AND HIS ANGELS OF LIGHT TO TRANSFER IT IN A MYSTERIOUS WAY AND TO ALCHEMIZE IT, SO THAT THIS LIGHT WILL REACH THE WORLD BEYOND, IN THE KINGDOM OF HEAVEN. MAY THROUGH THE WILL OF GOD AND THROUGH THE HELP OF HIS ANGELS, THE ENERGY OF THESE FLAMES BECOME AND THEN REMAIN ENTIRELY A MYSTERIOUS BENEFICIAL LIGHT WHICH WILL FULLY CONTRIBUTE TO THE REDEMPTION AND ANNIHILATION OF ALL THE SINS AND MISDEEDS THAT MAKE US DESERVE GOD'S PUNISHMENT."

This consecration will end with the formula:

"SO HELP US GOD! AMEN! AMEN! AMEN!"

In order to recite this sacred formula, it is always necessary to have it next to us, written on a piece of paper, and to recite it exactly as it is offered here. In the end of this solemn, sincere, altruistic consecration which is full of faith, standing with our face and body towards the East, we will perceive an effusion of a mysterious flux of Divine Grace that will always manifest in our being from up downwards and will flood the whole body, from the top of the head to the soles of feet, as well as our entire being. With that occasion, we will also experience in our inner universe an uplifting, powerful emotion. Afterwards, we will allow the candles that we lit TO BURN COMPLETELY UNTIL THEY END.

It is necessary to consider that in this way, we can light 25 candles either once a day, or once every few days, or once every 3 days, or once every 7 days, according to our possibilities and the financial resources that we have. It is not the case to be cheap about it. It is well understood that this simple method can be successfully performed especially in the case of those who (for the moment), consider that they lack the necessary time to perform at least once or twice a day THE SUPREME AND EFFICIENT METHOD.

The second simple and efficient modality that each one of us can perform weekly

The second method involves performing a complete fast, starting from Friday 6:00 a.m., until Saturday 6:00 a.m., during which we will, for the entire duration of the fast, only drink water (as much as we like,, in order for the body to benefit from the required amount of water). In case we are treating certain illnesses or diseases with the help of medicinal plants, or if we perform daily the yogi technique of *amaroli*, we can in both cases continue doing so without considering that by this we stray from the correct and efficient way of performing this weekly fasting. During this special fast, it is possible to continue to take the plants as we used to, first keeping them under the tongue and then ingesting them with water.

It is important to keep in our mind that when we decide to fast on Fridays, consecrating this fasting for the redemption and annihilation of all the sins and misdeeds that make us deserve God's punishment, we will first perform the complete consecration of the fruits of this fasting for the purpose that we established beforehand. For this, in the beginning of this fasting, we will solemnly, humbly and firmly recite the following sacred formula of consecration and divine integration (for example, we will say this sacred formula on Fridays, at 5:50 am):

"I OFFER, HERE AND NOW, TOTALLY AND UNCONDITIONALLY, ALL THE MYSTERIOUS FRUITS OF THIS FASTING TO GOD THE FATHER. AT THE SAME TIME, I IMPLORE THE GOOD GOD TO TRANSFER ALL THE EFFECTS IN A MYSTERIOUS WAY AND TO ALCHEMIZE THEM, SO THAT ALL THE BENEFICIAL ENERGIES THAT WILL THUS BE GENERATED IN THIS WAY WILL REACH THE WORLD BEYOND, IN THE KINGDOM OF HEAVEN, BEING OFFERED AS GIFTS TO THE HEAVENLY FATHER. MAY THROUGH THE WILL OF GOD ALL THESE BENEFICIAL ENERGIES BECOME AND THEN REMAIN, IN THEIR TOTALITY, A MYSTERIOUS AND SUBLIME BENEFICIAL POWER THAT WILL AFTERWARDS FULLY CONTRIBUTE, IN UNISON WITH THE GRACE AND THE ENDLESS MERCY OF GOD THE FATHER, FOR THE REDEMPTION AND ANNIHILATION OF ALL THE SINS AND MISDEEDS THAT MAKE US, THE PEOPLE, DESERVE THE PUNISHMENT OF GOD."

Then we will end this consecration with the formula:

"SO HELP US GOD! AMEN! AMEN! AMEN!"

It is important to keep in your mind that the Planetary Program of urgent action "NO APOCALYPSE!!!" will start for each one of you in the moment you will acknowledge the existence of this program. We also announce you that this program will continue unceasingly until December 29th 2014 (inclusively).

We ask you to keep in mind that, in order to perform this Planetary Program of urgent action "NO TO THE APOCALYPSE!!!" the hours below are the established hours for most european countries (GMT + 1).

THE SUPREME AND EFFICIENT METHOD SCHEDULE

FROM MONDAY TO SATURDAY (INCLUSIVE) 05.00 - 05.20 08.00 - 08.20 11.00 - 11.20 14.00 - 14.20 17.00 - 17.20 20.00 - 20.20 23.00 - 23.20 02.00 - 02.20	05.00 - 05.20		
	14.00 - 14.20	—+—	08.00 - 08.20
		11.00 - 11.20	
		17.00 - 17.20	
	02.00 - 02.20	—+—	20.00 - 20.20
		23.00 - 23.20	

SPECIAL SCHEDULE FOR SUNDAY 05.00 - 05.30 08.00 - 08.30 11.00 - 11.30 14.00 - 14.30 17.00 - 17.30 20.00 - 20.30 23.00 - 23.30 02.00 - 02.30	05.00 - 05.30		
	14.00 - 14.30	—+—	08.00 - 08.30
		11.00 - 11.30	
		17.00 - 17.30	
	02.00 - 02.30	—+—	20.00 - 20.30
		23.00 - 23.30	

An important aspect for the human beings from other countries who also aim to perform this Planetary Program of urgent action "NO TO THE APOCALYPSE!!!":

In the case you are in other countries, please keep in mind that you have to adjust the hours for performing THE SUPREME AND EFFICIENT METHOD so that you act in unison, every time, with all the others. (The given times in this booklet are GMT + 1)



SOME ESOTERIC CONSIDERATIONS THAT YOU SHOULD REFLECT UPON IN AN ATTENTIVE, PROFOUND AND PERSEVERANT WAY AS SOON AS YOU TAKE THE DECISION TO START PERFORMING THIS SUPREME AND EFFICIENT METHOD

As soon as you start performing this SUPREME AND EFFICIENT METHOD, it is very important to also aim to feel gradually, and more and more intensely, the appearance of a mysterious and profound state of communion with God the Father, with the sublime and profoundly beneficial influence of the angels and of the Archangel that you chose in order to support you for this divinely integrated action.

Through the attentive and systematic practice of this SUPREME AND EFFICIENT METHOD, each one of us will benefit from a mysterious state of communion and fraternity with all those who act simultaneously with us and who perform it every time in unison.

In this way, in time, we will feel more and more strongly the appearance in our being of an ineffable state of solidarity and, at a certain moment, we will become aware that we are all integrated in the huge body of God the Father, exactly like the cells in the body.

By always offering in an altruistic and detached way all these divine aspects that are coming from God, whilst a large part of them will accumulate in our body and in our being as well, we will gradually feel, from one day to the next, the appearance of various fruitful transformations, some of them surprising even, and due to the energetic accumulation triggered by THE SUPREME AND EFFICIENT METHOD we will feel more and more clearly the appearance of certain spiritual leaps. By offering through our being, day by day, everything which is divine and which comes from God as priceless gifts, we will also transform more and more, easily and rapidly, in our turn, in a profound and long lasting way. That is why, it is essential to realize that, to the extent each one of us will accept "to

put the shoulder to the wheel" in order to contribute, with the help coming from God, to avoid this planetary cataclysm, we will also "put the shoulder to the wheel" in a considerable and often unexpected way both to our spiritual transformation and also to an extraordinary inner impulse; this will become easily possible through the spiritual diamonds given to each one of us by God, day by day, from now



on, when we perform THE SUPREME AND EFFICIENT METHOD that now we all have at our disposal.

In order to understand better and better all these aspects that will become extraordinarily clear for you especially through the gram of practice, we suggest you to read carefully APPENDIX C, The Law of Occult



Offering. As soon as you acknowledge the existence and the multiple divine effects of this SUPREME AND EFFICIENT METHOD, we advise each one of you to mobilize yourself attentively, with enthusiasm and perseverance. It is good to keep in mind that even though some of you will not become mobilized in order to perform daily this SUPREME AND EFFICIENT METHOD, it will still be much better for you even if you will perform it from time to time. Even in this kind of situation, you should never forget that the effort of each one of you will accumulate each time, and later on will contribute to the appearance of the collective success that we all wish for. As we know, for a full glass to overflow and overspill one last drop, which will trigger this inevitable effect, is always needed. When that specific drop is missing, we can wait for years until the full glass to overspill. Knowing these things, each one of you should aim to be the final drop that is always needed. It is also very important to act precisely within the established time intervals, for in this way an occult effect of increasing and multiplication will appear. Due to this performance in unison, the chances for this SUPREME AND EFFICIENT METHOD to ensure the success that we are all aspiring to will increase extraordinarily.

AN EXTREMELY IMPORTANT ASPECT THAT EACH ONE OF YOU SHOULD PONDER UPON WITH MATURITY AND RESPONSIBILITY

It is not the case to wait for this frightening planetary cataclysm to manifest, just as it is not the case to tell ourselves in a petty, larval and selfish way: "Never mind! I do not think it is necessary for me to become mobilized and to perform this SUPREME AND EFFICIENT METHOD at least twice daily. I am sure that the other yogis from this spiritual school will do it daily from now on. I am even certain that in this way everything will be solved in a good way, because they

will be extremely perseverant and will do whatever it is that I should do. In this way, I still have the time I need to spend about 4-5 hours per day on the internet, studying daily the most recent abject, untrue and poisoning "news" from the anti-MISA websites."

Therefore, we ask you to keep in mind that in case there will be many of you thinking in this way and will never get mobilized, on the obviously imbecile pretence that you do not have time "for the moment" for such a thing while calculating in a selfish way that "for sure" the others will get mobilized, you should not be surprised that, as long as you endlessly indulge yourself in such a larval state where although we all know very well what exactly we have to do, and yet still, nobody does anything of what needs to be done, we have all the chances for this frightening cataclysm to outbreak. In this way, we can be sure with anticipation that all that will be left in the end for us will be only the obviously futile regrets of having known for a long time before what we were to do and still we have not done anything about it. In the case of the very lazy ones who will foolishly hope that the other yogis will act for them daily instead of them acting themselves, with great enthusiasm and self-abnegation, all those people should realize that if they indulge themselves in this larval and indolent state, they will never be able to benefit from the energy of goodness that they might acknowledge and feel accumulating abundantly in their inner universe each time they will perform together in unison the SUPREME AND EFFICIENT METHOD, precisely within the established time intervals.

ANOTHER VERY IMPORTANT AND ALSO UNSUSPECTED ASPECT THAT MANY OF YOU SHOULD REFLECT UPON

It is important to never forget that when we do much good through our thoughts, through imploring the divine help that comes from God the Father, through good deeds, through divine intentions and generally, through everything else each one of us can do, we also benefit, to a certain degree, from the good we have done and that we, in our turn, also deserve.

Considering this aspect, known by the initiated ones as The Law of Cause and Effect, it is also necessary to keep in mind that every beneficial effort, every good gesture, every divine thought and every divine intention that



we manifest at a certain moment, will later on generate corresponding beneficial effects, that will last for a certain period of time in the case of each one of us. All these effects will always be directly proportional with the corresponding beneficial energy that manifested on that occasion. It is necessary to keep in mind that what we might call the "keystone" of this method is to perform it in unison because this kind of engagement is often multiplying millions of times the mysterious, beneficial energy that appears on that occasion. This mysterious phenomenon is revealed in a certain cryptic form by a folklore proverb that says: "WHERE THERE ARE MANY WHO ARE UNITED IN THOUGHTS AND FEELINGS, AS SOON AS THEY ALL ACT TOGETHER FOR THE SAME THOUGHT, WHICH IS DIVINELY INTEGRATED AND BENEFICIAL, THEIR GOOD WILL SHALL EASILY BE FULFILLED LATER ON, BECAUSE ESPECIALLY THEN THEIR POWER IS GREATLY MULTIPLIED AND, IN THIS WAY IS GROWING.

AN INTELLIGENT PIECE OF ADVICE THAT IS FULL OF COMMON SENSE AND THAT EACH ONE OF YOU SHOULD REFLECT UPON

This supreme, efficient and divinely integrated method can be of a real help not only for our own good but also for the collective good of this planet, which might be seriously affected by the outbreak of such a planetary cataclysm. The attentive, perseverant and systematic performing of this SUPREME AND EFFICIENT METHOD does not imply a risk for anyone of you but moreover allows us to discover, through direct and immediate experience that the good we do with the help of God will reflect in our inner universe and triggers much good, harmony, balance and health in our being, bestowing at the same time a creative direction to our existence and to our meaning in this world. Each one of us, those of us who will practically apply this simple and efficient method, will feel that we are getting closer and closer to the mysterious reality of God the Father. In this way, we will discover that we feel His Omnipotence and through this, the good bestowed upon our own being will help us to benefit, to a certain degree, from these divine



manifestations that will transform us in a profound and long lasting way and will give a new meaning to our existence. If you will go deeper into this SUPREME AND EFFICIENT METHOD with enough attention and lucidity, you will discover that it is conceived as a mysterious incessant prayer that aims to allow us to experience an ample and ineffable state of communion with the energy of Grace that is attracted within our universe from God.

Practicing with perseverance this SUPREME AND EFFICIENT METHOD will also help us to discover a very efficient form of prayer addressed to God and in this way, we will be able to discover through direct experience the meaning of what means to be divine channels, in and through which God bestows His Grace and His transforming energy within His Divine Creation. The value of this SUPREME AND EFFICIENT METHOD will be discovered especially through the gram of practice.



AN IMPORTANT REVELATION THAT EACH ONE OF YOU SHOULD MEDITATE UPON

We are asking you to keep in mind that this important action that we are all about to perform from now on was inspired to us by God the Father and moreover, it will be permanently supported by God the Father. Furthermore, His angels of light will help us every time to perform it and they will even support us to continue practicing it until its successful end). In the case when a large number of human beings (among which there can also be some who do not yet practice yoga and who are not yet integrated as aspirants within this spiritual school) is willing to practice this SUPREME AND EFFICIENT METHOD, they will discover very soon that this method works flawlessly, and this is because God was the One who inspired it and He is the One that will support it.

That is why we ask you to keep in mind that we do not consider, not even for a moment, that we are the authors of this SUPREME AND EFFICIENT METHOD. We are only hypostatizing ourselves as a humble messenger that transmits to you whatever he was inspired by God to be transmitted to his fellows, for the best of all. In this way, the divine goodness can triumph, and the evil together with

the sufferings can be removed forever, for as long as we have at our disposal this SUPREME AND EFFICIENT METHOD. By putting it into practice, we will be able to annihilate the evil and the sufferings that might possibly appear and manifest, if we continue to, sit back and say in a foolish way: "This was our destiny! This is God's Will! There is nothing more to be done!"

SIGNIFICANT QUOTATIONS FROM THE "BIBLE" WHICH HELP US TO UNDERSTAND THAT WHEN HUMAN BEINGS FROM ANCIENT TIMES FACED SIMILAR SITUATIONS, THEY APPEALED THE HELP OF GOD WITH FAITH AND HUMBLENESS in order to be saved through a divine miracle

"...Let them know, that the effectual fervent prayer of a righteous, faithful and humble man availeth much."

(James 5:16)

"Arise, go to Nineveh, that great city, and preach unto it the preaching that I bid thee; for their wickedness and sins come up before Me!

So Jonah arose, and went unto Nineveh, according to the word of the LORD. Now Nineveh was an exceeding great city of three days' journey, that was now completely before God. And Jonah entered into the city, and he cried, and said: 'Yet forty days, and Nineveh shall be overthrown!' So the people of Nineveh listened, believed God, feared God and proclaimed a fast, and put on sackcloth, from the greatest of them even to the least of them. For word came unto the king of Nineveh, and he arose from his throne, and he laid his robe from him, and covered him with sackcloth, and sat in ashes. [...] And God saw their works, that they redeemed and they turned from their evil way; and God repented of the evil, that He had said that He would do unto them, that the city of Nineveh shall be destroyed; and He did it not."

(Jonas the Prophet)

Commentaries: Even though some inertial and lethargic Christians foolishly consider that no matter what might happen we, the people, should do nothing, because supposedly EVERYTHING COMES FROM GOD, AND WE SHOULD NOT OPPOSE IN ANY WAY TO WHATEVER GOD GIVES US, this significant excerpt



from the "Bible" offers us an exemplary model to follow because it shows us that the people of Nineveh acted in a way full of wisdom, and their actions were pleasant in front of God. This determined Him to no longer destroy the city of Nineveh through a devastating earthquake that was supposed to outbreak after 40 days. In this direction the "Bible" is offering us an ELOQUENT EXAMPLE. This example refers to the inhabitants of the city of Nineveh, who through their attitude, which was full of wisdom, determined God to forgive them for all their misdeeds. As soon as God saw that they correct themselves, turning towards the righteous path and giving up their evil and perverted habits, He no longer destroyed the famous city of Nineveh through the predicted devastating earthquake.



Taking properly into consideration this significant example from the "Bible", we can realize, in our turn, that if we perform daily this SUPREME AND EFFICIENT METHOD, we have nothing to lose. On the contrary, we only have much good to receive from God. Therefore, by acting in this way, we will not lose our lives, our houses will not be destroyed and our dear ones will not die in this planetary cataclysm. The example of the city of Nineveh and its inhabitants shows us that the evil which did not yet manifest but whose image already takes shape on the horizon for the near future, can and must always be avoided (before it is too late) by the means of performing some good actions that are pleasant before God and which will be of a nature of helping us to redeem the evil actions and misdeeds, that we had committed and for which God would subsequently punish us.

TWO EDIFYING CONTEMPORARY EXAMPLES

A somehow similar method based on successfully using the mysterious energy of intention was used by the Government of USA when the inhabitants of this country were given an impulse through the mass media to engage and act in unison in a paranormal way, by focusing and thinking daily, at the same hour, for seven minutes, in unison, that the module of Apollo 13 spacecraft would not fall over an inhabited area. As expected, that specific action was rewarded with success, and the module of Apollo 13 spacecraft fell afterwards somewhere in the water.

Another amazing example illustrating this time the engagement in a paranormal method of only one single person, is the success of Uri Geller who at a certain moment stopped the Big Ben clock from the clock tower in London. He performed this on December 15th, 1989 using only the extraordinary power of thought and for this, he had



only at his disposal a photograph of the famous Big Ben clock which he placed his fingers upon. After that, he succeeded this amazing performance. Through focusing towards the real clock the extraordinary flow of the mysterious energy manifesting through his fingers. When later on he was asked about the method he used, (as he had previously announced that he would perform this experiment at a certain date and, in the presence of those witnesses, he succeeded to stop the Big Ben clock), Uri Geller declared to the journalist: *"First, I prayed to God. Then I used a postcard of the English Houses of Parliament. After that, I focused intensely the energy passing through me, coming from somewhere outside of me in a huge flow and I put my fingers on the photograph, exactly where the hands of the clock were. Then, with an unshakeable faith, I commanded: Big Ben, stop now! In that moment, the Big Ben clock actually stopped."*

We should add that the sceptical and materialistic ones brought this down to mere coincidence. But we can interpret this famous experiment of Uri Geller in this way:

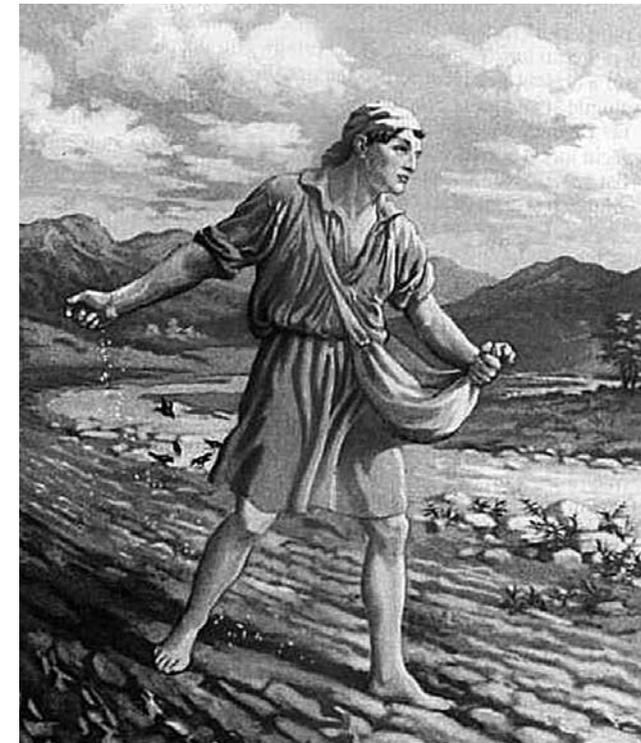
IF ONE SINGLE MAN STOPS A CLOCK LIKE THE FAMOUS BIG BEN OF LONDON ONLY BY FOCUSING THE ENERGY THAT HE IS CHANNELING THROUGH HIS MIND, THEN IT IS VERY POSSIBLE FOR A LARGE ENOUGH GROUP OF PEOPLE - THAT IMPLORES THE HELP OF GOD THE FATHER AND THROUGH WHICH MYSTERIOUS DIVINE ENERGIES MANIFEST, WHEN THEY ARE ALL FOCUSING IN UNISON AND ACTING SIMULTANEOUSLY - TO SUCCEED, LITTLE BY LITTLE, BY THE MEANS OF SUCH ATTENTIVE, SYSTEMATIC AND PERSEVERANT ACTIONS, ON THE BASIS OF THE CUMULATIVE EFFECT, TO TOTAL THE EFFECTS OF ALL THESE ACTIONS, THUS ACCUMULATING A MYSTERIOUS ENERGY THAT WILL BE ABLE TO ANNIHILATE A PLANETARY CATAclysm THAT WOULD PROBABLY OUTBREAK IN THE NEAR FUTURE.

Appendix A

THE PARABLE OF THE SOWER

Here is how the parable of the sower is told in the New Testament:

1. That same day Jesus went out of the house and sat by the sea.
2. Such large crowds gathered around him that he got into a boat and sat in it, while all the people stood on the shore.
3. Then he told them about some of the mysteries of God in parables, saying: "A farmer went out to sow his good seeds.
4. As he was scattering the good seeds, some fell along the path, and the birds came and ate them up.
5. Some good seeds fell on rocky places, where there was not much soil. They sprang up quickly, but because the soil was shallow, they did not grow roots.
6. When the sun came up, the plants were scorched, and they withered because of the heat and because they had no roots and they soon died.



7. Other good seeds fell among thorns, and because the thorns were big and thick, they soon choked the plants.
8. Still other good seeds fell on good soil, where each sprouted, grew roots as necessary, and at the right moment, blossomed. In the end, those seeds produced a crop. Such a seed produced a hundred seeds, another good seed produced sixty seeds, and the third seed produced thirty seeds.
9. "He who has ears and is already able to hear, let only him hear."
10. The disciples came to Him and asked, "Why do you speak to the people in parables?"
11. He replied, "The knowledge of the Godly mysteries of the Kingdom of Heaven has been given only to you, but not to them. Mind this, because you were chosen to know these mysteries of the Kingdom of Heaven.
12. Know that whoever has will be given more, and he will have an abundance and surplus. But know that whoever does not have, even what he has will be taken away from him.
13. This is why I speak to them in parables: only those who are ready to see will see; and only those who are ready to hear will hear, and in this way those who deserve will understand.
14. And thus the prophecy of Isaiah will be fulfilled: "Although many of you will hear with your own ears, not all will be able to understand; and although many of you will see with your own eyes, not all will be able to see what is shown. Because everything mysterious will be hidden from those without an open heart, and not all will be able to comprehend these mysteries."
15. Blessed are the eyes of the few who, beyond the appearances, will see. And blessed are the ears of the few who, beyond the appearances, will hear what they should hear. For this people's heart has become calloused; they hardly hear with their ears what they should hear, and they have closed their eyes so as not to see. Otherwise they might see with their eyes, and hear with their ears what they should hear. Because their heart is stoned, they cannot understand the Truth. All this happens so that they would not turn to the Truth, and thus I would heal them.
16. But blessed are your eyes because they see what is to be seen, and your ears because they hear what is to be heard.
17. For I tell you the truth, many prophets and righteous men longed to see what you see but did not see it, and to hear what you hear but did not hear it.

18. Only you will be able to listen to the meaning of the parable:
19. When anyone hears the words of the Truth of God about the Kingdom of Heavens and does not understand it, then the evil one (Satan) comes and snatches away the good seed that was sown in his heart. This is the good seed sown along the path.
20. The one who received the seed that fell on rocky places is the man who hears the words of the Truth of God and at once receives them with great joy.
21. But since the good seed sprouts but it has no root in itself, it lasts only a short time. When trouble or hard time comes to that man, or when he is persecuted because of the words of the Truth of God, he quickly loses his mind and gives up.
22. The good seed that fell among the thorns refers to the man who hears the words of the Truth of God, but the excessive worries for the wealth of this world and the deceitfulness that this ephemeral wealth awakens in him soon choke the words of the Truth of God, making them unfruitful.
23. Learn now that the good seed that fell on good and fertile soil is the man who hears the words of the Truth of God and understanding them, he acts wisely according to them. In his case the good seed produces a great crop, and, thus, one of these good seeds shall yield a hundred other good seeds, another good seed shall yield sixty other good seeds, and yet another good seed shall yield thirty times what was sown.

(adaptation of the *Gospel of Matthew 13:1-23*)



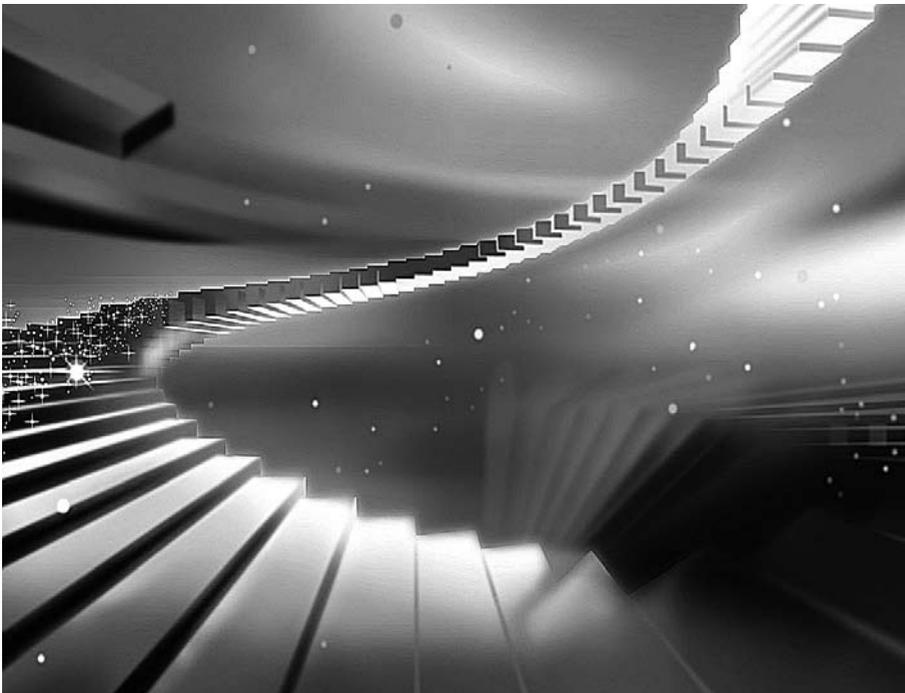
THE OCCULT LAW OF THE EFFICIENT METHOD

Motto:

- 1) *"It becomes possible to live your life fully when you integrate in your daily life a divine and efficient method, when you sublimely savour every single day. With any method, perseverance, attention and lucidity are genuine keys."*
- 2) *"Tenaciously climbing a spiralling path with enthusiasm, we will eventually reach the godly top of the mountain."*

Sometimes, life paths are so abrupt that we have the impression we are climbing the steps of a very steep staircase, but which allows us to reach certain extraordinary goals.

If we used to climb mountains, we must have noticed that such paths that after many trials take us to the top are similar to the paths of life. Then, we discovered that each step we took while climbing the mountain looked like the steps we must take in order to eventually reach the goal we are aiming for. In such situations, the path we choose is often so abrupt that we have the impression we are climbing the steps of a very steep staircase, carved directly into the slope of a high mountain. When we are not very careful about the path we walk on and if



we only look towards the top of the mountain, we face the false impression that the peak is quite far away. Thus, if we only keep our attention on the destination, we risk living with the impression that we will never get near it. Such a false impression determines many people to give up their goals, especially when obstacles appear somewhere on the way or as soon as the path becomes very steep. As we all know, each extraordinary and important trip begins with a first step, and then one must take the second step, and then the third, and then one must take as many steps as are necessary in order to eventually reach the destination.



The occult law of the efficient method reveals the way the mysterious wisdom of nature assures us that if we are perseverant and enthusiastic, by dividing the trip into stages and by mobilizing ourselves to go through the modest but essential steps one by one, we can achieve almost any divine goal, however difficult it may seem in the beginning. Going through these steps always proves to be the safest path. Doing this, even the highest divine goal proves to be achievable. With a gram of practice, all these appear and become obvious at the right time. Due to lack of experience, lack of self confidence and doubts, many people who actually have an efficient method do not practice it carefully and with perseverance. This is why they miss this chance and, without getting clarification about the method, they run to find another one, and everything starts all over again. This is why it is very important to remember that when we take steps (even apparently small ones) and we go through the necessary stages, we can reach any of our divine goals. In such cases, steady perseverance and attention are genuine and essential keys. At the same time, we must have the necessary inner energy.

As we all know, it is impossible to climb to the top of the highest mountain when we are anaemic and when the muscles of our body are not nourished by a constant and powerful flow of energy. Each one of us knows that when climbing a mountain, we cannot pass over a gap by making two leaps. We must make one big leap. It is obvious to each one of us that if, when we run up to jump over a gap, we do not have enough energy to make a successful attempt, we are at risk of falling into the gap, even if we had the courage to make such a dangerous leap.



With each efficient method, we should always remember that often it is made up of stages that must be followed through one after the other, in the indicated order. To better understand these aspects, we can give an example from daily life. Let us imagine that 25m in front of us there is an oak tree. Imagine we have an adequate stone and we think about skilfully throwing that stone so that it hits the trunk of the oak. In such a situation, most of us would say: "How could I do that? To hit the trunk of an oak tree 25m away from me... This is impossible! The distance is too big. For sure I will not succeed to hit the trunk of the oak from such a distance." But, imagine that we take a few steps toward the oak, until it is only a few metres in front of us. At this new stage, we can ask: "Is it now possible to hit the trunk of the oak with the stone?" The answer would be right in front of us: "Of course, now I can easily hit the trunk of this oak!" Imagine at this point, a person who had been reading our mind comes up to us and says: "Now it is possible to hit the trunk of the oak, so go ahead!" Following the advice of the stranger, we do it. Then the stranger, being more experienced, coming near us would smile and tell us to take a step back. Giving us another stone, he would advise us to hit it again. Each time we take one step backwards, we joyfully hit the trunk of the oak. As soon as we are 15m back, we would notice we miss the target. Then, the stranger behind us would advise us, smiling: "Step forward and hit it again." After doing as we were told, we would hit the trunk. We would continue applying this simple procedure, going backwards until we were 20m away from the trunk, and we would discover we start missing the target again. Then, we would go forward step by step and aim at the target. Eventually, after missing a few times, we would succeed to hit the trunk of the tree from approximately 25 metres.

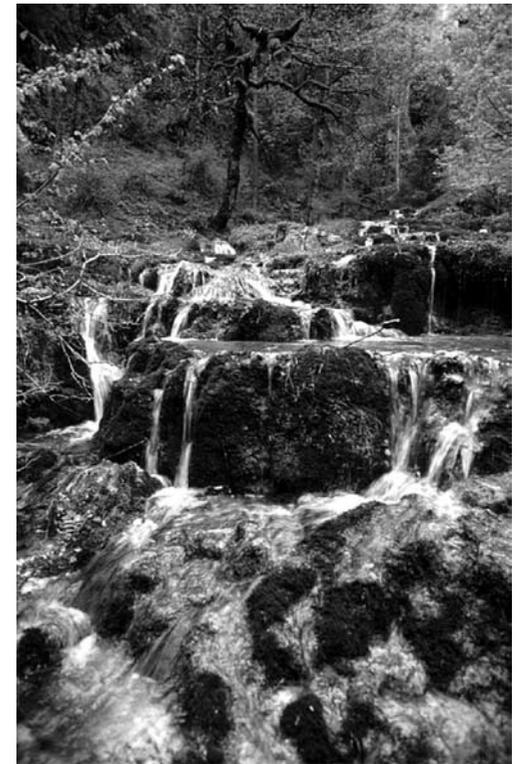
This practical experience, which is very easy and efficient, has a certain meaning. In this way, we can practically find out how the occult law of the efficient method works in any field of life. Wisely dividing each action or each project into simple steps, which are easier to approach, it becomes possible to take important steps towards the goal we are aiming at. Doing this, we will not wait impatiently to reach the destination or to reach the goal in order to enjoy the success. Because, by going through the necessary steps carefully and with enthusiasm, we encounter an obvious series of successes that appear as we walk the path we have chosen.

Pondering upon the practical example given above, it will be easier for us to better understand how the successive steps of a certain efficient method integrate. In this way, it will be easier to understand how the respective steps organically integrate in the case of the efficient method we have chosen to practice daily, with much attention and lucidity.

Following the same example, which has certain analogies, let us now imagine that while we are somewhere in the mountains, at a certain point we come across the spring flush of the waters of a wild river. If we had a wise, experienced

and brave guide accompanying us, we would notice that he would be the first one to cross the river stepping carefully on the surface of some zigzagging placed stones. Following the example of our wise mountain guide, we would also start jumping from one stone to the next. At a certain moment, seeing two stones that seem close to each other, we might make the silly decision to step directly onto the furthest one. Nevertheless, it is possible to notice that either because the step we took was too small or because it was not enough, we find ourselves falling into the torrential waters.

In such a situation, our wise mountain guide would notice what has happened and, giving us a compassionate smile, would come and help us get out of the water, giving us a strong hand



while supporting his legs on two stones. With a significant smile, our wise and experienced guide would tell us: "My dear, during each process, and as you can see even when we aim to cross a torrential river in the mountains, if you are silly enough to try to jump over certain steps, you are at risk of taking a cold shower by falling in the water."

Relating in an intelligent way to this practical example allows us to understand much better the often unsuspected importance of the steps that, in a natural order, make a whole which we call "an efficient method". Now, let us consider the previous example about climbing to the top of the mountain. The path we are taking to that mountaintop has become somewhat larger and this allows us to walk together with our wise mountain guide, close to each other. After a while, when our clothes are dry, we find out that we have reached a swampy area. At that moment, we, the ones doing this ascent for the first time, would first look to the right and then to the left of that swampy area, in order to see if it is possible to go around it. We would notice that on both sides the walls are steep. Seeing us hesitating, our wise mountain guide would go ahead and then, looking back at us, laughing loudly he would say: "Can you see that in certain situations Nature is and will remain to be the best school where we can learn a lot? If you carefully analyze this situation, you can understand that the mysterious lessons Mother Nature gives us always come at the right time."

Since we lack the power of penetration, intuition and practical wisdom, we would naively ask: "What do you mean?"

Then, our wise mountain guide would answer: "Open your eyes and look at everything very carefully! Then, think, analogically... which part of our daily life looks like this path crossing a swampy area?"

Considering our lack of experience, we might say: "In this moment, I honestly must confess that I do not have a clue!" Then, our wise mountain guide would answer: "My dear, because you do not understand, I will emphasize. As you can see, if you look at it from a certain perspective, most of the time the path that takes you to your divine goal is not paved with a magnificent red carpet, like those rolled out at the feet of kings or famous conquerors."

Then, we would understand the lesson and we would perceive intuitively how that situation can be analogically integrated.



Finally, we would say: "Now I understand my lesson and I realise that when we walk the path that takes us to a sublime goal with fast and steady steps, at a certain moment, in some areas we might find a swamp."

With a tacit smile, our wise mountain guide would tell us: "It is good you begin to understand certain aspects revealed by some situations or realities existing in nature. This is why we must become able to look at the circumstances life puts us through, analogically. As you can see, any sublime, divine goal implies a considerable effort. It implies facing certain inherent risks and it implies that we are even ready to make certain necessary sacrifices. For this, it is extremely necessary to overcome the fears that appear and all the doubts that spring forth and amplify unless we make them disappear as soon as possible, before they increase and paralyze us, keeping us in a state of turmoil and hesitation. For this, first of all we must connect to the divine resources which are always at our disposal. We must always remember that if we ask for God's help, we shall receive it. If you always act in this way, the ascent towards the peak becomes easy and fruitful."

"Remember that each new challenge you face at a certain moment also represents a mysterious and unexpected initiation. Very few people are aware of this. Whenever they face a new challenge some human beings get scared, they become discouraged and most of the time they run away. In this way, a necessary selection is made and only those who pass this test, overcoming their inner fluctuations with great courage, are selected. These are the ones who will heroically overcome all limitations. Moreover, they will overcome their frustration. In this way, they will find out what kind of certain mysterious energies nourish, structure and influence them."

Listening carefully to everything that our wise mountain guide tells us, we would bravely head off to walk that path through the mud, even if the mud is ankle deep and sometimes might even get inside our shoes. Then, our mountain guide would tell us: "If you look carefully and lucidly around you, you will discover that the strong, enthusiastic and unshakable vision which had given us impulses and made us choose this path is what takes us, in a miraculous way,



from the mud of life. Considering the mobilising power of our inner vision, in such situations, despite any mud and garbage, we will feel irresistibly attracted to the divine goal towards which we frantically aspire.

We will notice that the respective goal attracts us with a tenfold force, like a huge magnet. Keeping all this in mind, it is necessary to always remember that the first thing we must consider in any divine, beneficial process is to choose a divine direction. In other words, it is necessary to choose a sublime divine goal which will strongly attract us and which we will aim to attain with a huge inner energy and with great enthusiasm."

Listening to all this, we might say: "Sometimes I find it hard, not to say impossible, to decide firmly about choosing the goals or ideals I must follow."

Then, our wise mountain guide would come closer to us and tell us: "You must know that it will be much easier for you to discover the divine goal you aspire towards if it comes together with certain mysterious signs, a certain divine revelation, a profoundly significant dream, an absolute certainty or even a mystical vision. It is also very likely that if you ask for God's help, you will hear an enigmatic voice whispering what it is that you must do, when you ask, day after day, to be inspired and guided by God. As soon as such a supernatural sign is given to you, it is no longer necessary to play with ideas, or to speculate and make endless theories. You will no longer waste your time asking many sterile and useless questions. As soon as certain supernatural signs have been offered to you by God, stop doubting the direction you are already following and stop constantly waiting for those who lack wisdom and spiritual maturity to tell you what you must or must not do. You will see

that such an expectation is even dangerous, because no human being can help you, especially when she is not wise, and moreover, when she lacks the maturity and experience you very much need."

"Shortly after choosing the divine goal, as soon as certain signs show you that you are on the right path, start full of determination and enthusiasm towards the divine peak that attracts you. Discover that by doing this the path you walk upon



makes you vibrate with a sublime emotion. The more you feel inspired, continue to follow that path and relate as often as possible to the mysterious wisdom of the heart. As profound inner transformations appear in your being, which prove the extraordinary progress you have made, it is no longer necessary to wonder whether the efforts or sacrifices you made and still make to reach that divine goal are worth the trouble. If though, even when the inner transformations are extraordinary, you find that you keep doubting and struggling, become aware that this attitude of yours shows a lot of stupidity."



Let us now imagine that while we clean the mud off our feet and clothes in the water of that river, the mountain guide continues sharing his wise advice, based on his experience and maturity: "Remember, my dear alpine novice, that the greatest dreams which nourish or shape a vague and far distant future are also a heavy burden, as long as we often fail to live in the present moment. Remember that the best goals which we must follow full of enthusiasm and frenzy are the ones we can practically work on at the latest next week, or even better tomorrow or in the coming hours, and not in a far away future, sometime in the next 15 or 20 years. Remember that a method is truly efficient when its daily application brings us, at least once a week, if not every day, certain obvious and significant successes, which might seem small at a first glance."

Listening to all this, we would tell ourselves: "Interesting! So, I must enjoy different obvious and significant successes, even when they are small!"

While we say this, we can continue our ascent, courageously attacking the flank of a precipice. At a certain moment, we will ask our wise mountain guide: "Please explain to me how things are with those people who seem to become more and more famous, from one day to the next. In their case, what method did they use?"



After pondering this for a few moments, our wise mountain guide would say: "Remember that real success in every integrated and divine thing we do can be analogically compared to the building of a house. As you know, first we must dig and make solid foundations. Then, that house will be built carefully, wisely and patiently, until it is eventually finished. As you know, some houses which are raised too quickly and which have weak or unstable foundations, will not last for hundreds of years, even if at first they seem magnificent. If you look carefully and lucidly around you, you will notice that all profoundly beneficial actions, without exception, which are successful from one day to the next have required a few years of careful, perseverant, substantial and fruitful training."

Hearing all this, we would say to ourselves, in a loud voice: "A few years...!" Then, our wise mountain guide would answer: "Think deeply and maturely of what I said! In a few years, you can have many extraordinary or even divine accomplishments, to the extent your goal has been and remained a sublime, pure, elevated and divine goal. In the case of applying each efficient method, always, without exception, a gram of practice brings you many new experiences which are worth tonnes of theory."

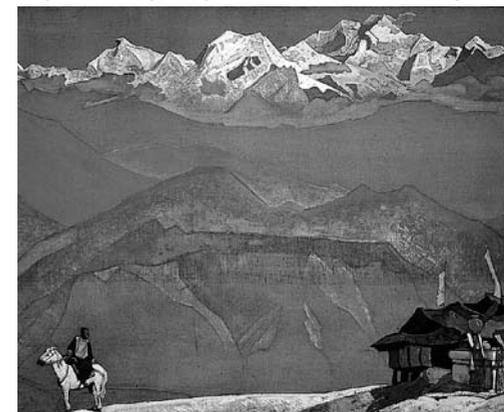
Then, we would add: "A few years... seems a little too much!" Our wise mountain guide would turn towards us and say: "Be aware. Many aspects of reality seem strongly connected to the perspective from which we see them. Therefore, regarding your statement, if you look at all these only from the future perspective, then it might seem like a long time to wait. But if you turn back to the past, the few years do not seem that long. In a way strongly connected to our inner state, the years pass very fast and sometimes we are surprised to notice how fast they can pass."

Then, our wise mountain guide would point his finger to the sky: "Please, look up there, to the peak of this mountain!" Looking carefully we would be surprised to discover that that mountain peak still looked very far away. Our wise mountain guide would add: "Now, please turn you head and look carefully at everything that is behind you!"

We would turn and contemplate the hills behind us. And we would say, full of joy: "Now, seeing all that is behind me, I can see I have come a long way, step by step." At the same time, we would realize that on our way we had been discussing some really interesting aspects of life and had not even noticed the time passing. Our wise mountain guide would say: "I believe that if you had realised before we started that this ascent (ascension has a much more spiritual meaning and doesn't really relate to physically climbing a mountain) would last for several hours, it would have looked as if you had to spend too many hours on it and you might have told me that this ascent is boring. You might have not been willing to let me accompany you in order to make this ascent to the heights. Please note that if you now look behind in a certain way... the perspective you have is completely different and it makes you keep going all the way to the top." Looking carefully behind, we would say: "When I contemplate the road I have walked so far, the joy of victory already starts blossoming inside me and this ascent to the heights does not seem long and useless anymore."

Then, we would joyfully head towards the peak of the mountain, passing through a forest with tall trees, giving dense shade. At this point the sky would be out of sight. Our wise mountain guide will bend down and pick an acorn. Then, he would say: "Remember, the same way a small acorn can turn into a huge majestic oak, the same way a river can carve a pass in the stone, with its specific "patience", you also, after having been a naïve, nascent, fragile and vulnerable child, have become a mature being. Remember that you too can accomplish and I am sure that you will accomplish any divine goal you choose, ascending step by step all the way towards that sublime goal."

We would feel we owe our mountain guide an answer: "I agree that all these seem so certain and even very easy to do, when you speak about them. I actually wonder how you can always be so sure and so full of enthusiasm. Nevertheless, I would like to remind you that even if it is possible to move on step by step, it is also possible to fail each time."



Encouraging us, full of an overwhelming enthusiasm, he would answer us: "The wise men say that sublime, divine goals are the surest thing for us, both in this world and in the world beyond. If we look carefully around us, we find out that it is in this direction that human beings fail most of the time. When they start walking such paths that lead to the accomplishment of sublime goals, many of them soon abandon such a trip. It is important to remember that profound and long lasting spiritual progress does not appear spontaneously, in a few minutes, but it requires adequate efforts, done hour by hour, and day by day. With every moment that passes by, when we make adequate efforts, certain beneficial processes of resonance that are triggered in our being accelerate our spiritual growth, and it is only then that the path leading towards truth and beatitude becomes wider.

When inner discipline and patience become twins, they bring perseverance, which supports and helps us in all our progress and allows us to recover when we regress. Besides other things, it helps us manifest strong and profoundly beneficial intentions. The mysterious energy of enthusiasm brings quickness in achieving certain sublime goals, but perseverance always allows certainty in reaching these goals. Therefore, the efficient method, patience and perseverance are secret keys that open the gate to any divine realisation. All spiritual richness that appears is not offered to us only at the end of this inner journey. The complete and profound manifestation of this process is, at the same time, the reward that awaits us.

When we engage on a spiritual path, the efficient method makes possible the understanding of essences. Moreover, it helps us discover God. An efficient and adequate method helps us have access to the absolute, unique, supreme and endless force that nobody and nothing can resist. This is the mysterious reality of God the Father. This is why it can be said that an efficient method is the master of masters. The efficient method is and remains the best modality for certain demonstrations. Unfortunately, when human beings have an efficient method that allows them to

reach a divine and sublime goal, very few of them make proper use of the gifts the efficient method can offer. This is why few people reach the goal they aim for. In the case of each efficient method, it is essential to remember that always, without



exception, the adequate effort done through an efficient method precedes the harvesting of the fruits.

It is necessary to peacefully walk the path the efficient method offers to you. Be brave and perseverant in applying the efficient method you have. When the efficient method brings extraordinary inner experiences in your being, always keep these treasures for yourself, remembering them. When an efficient method helps you grow and transform fast and profoundly, give from your plenitude to all those that are open to receive these revelations.

When profound and long lasting transformations take place in your being due to the gram of practice offered by the efficient method, use the plenitude you have wisely. According to your possibilities, strengthen the one that is discouraged, help the weak, sooth and bring joy to the one that suffers, love endlessly and show exemplary common sense in the relationships with your fellows. Always give God the first place in your life, love Him endlessly and serve Him often. If you do all these, you can be sure that God's blessing will always be with you.

The exceptional human beings who, full of confidence, follow the path of accomplishing their aspirations through an efficient method (as long as they make the effort to live their life in the spirit of these aspirations), will reach the success ordinary human beings do not even dare to hope for. In order to wake up and to value our qualities we must sprout and grow the seed God had put in us. For this, an efficient method is always necessary and it must be practiced with perseverance. The need for expansion appears spontaneously within our inner universe out of a creative impulse. It is also a manifestation of the Universe's creative power. In order to do this, especially when we are at the beginning, we must have an efficient method. The mysterious power an efficient method awakens in us through the gram of practice enlightens and awakens our being.



A certain efficient method triggers enthusiasm for a divine adventure and awakens within us the aspiration to know God. By fructifying an efficient method, the moments in which we feel more full of life and closer to ourselves start appearing. Through an efficient method, our inner sublime fire is fuelled by the foci of endless force in the Macrocosm. By fructifying an efficient method, the moments when we grow through love, through self-knowledge, honesty or sensitivity towards everything beautiful appear within us. When we fully spread our wings, when we set sublime goals, if we know what divine direction we are heading in and if we use an efficient method, it becomes possible to awaken within us the impetus for fulfilling our divine ideals.

Through an efficient method it becomes possible to experience the present moment in a profound and special way. The reason why so many lives are empty, ordinary and lacking happiness is because human beings do not live in the present moment. By applying an efficient method it becomes possible to enjoy in a different way every second that goes by. Blessed is the human being that has discovered the meaning of her life with the help of such a method, through which it becomes possible to follow our sublime, divine aspirations, which will attract within our being the energy of divine life.

When it comes together with an adequate method, aspiration uplifts imagination, and our talents awaken and shine more brightly. Aspiration is at the base of profound spiritual transformation. When doubled by an efficient method, it creates miracles. Because they do not have efficient methods there are many losers in this world that spend their lives looking for water in dried up fountains.



Is it a surprise then, the fact that when they are in this situation, they have no aspirations and therefore no achievements?

The human being aspiring to be successful in a sublime and divine direction uses an efficient method, finds the path to walk on and stays on it. In other words such a human being makes plans and applies them through an efficient method. Then, with its help, he or she goes all the way to the target. Such a human being does not bend on either side when an obstacle appears. It is not necessary to have an extraordinary talent in order to be successful in a



spiritual field, but we always need an efficient method and a goal. Through that efficient method, we gain the power to do something extraordinary, especially when that method is applied with attention and perseverance.

An efficient method gives an impulse to each sublime action and it also enlivens each effort. Genuine divine hope is based on it and there is the idea that this power of sublime aspiration gives life a lofty charm. Through an efficient method, our inner light awakens and begins to burn and we no longer go astray from the straight road we have chosen. By applying an efficient method you will succeed to become as God had made you and in this way you will succeed. If chaotically oriented in too many directions and if it is not supported by an efficient method, a special, even remarkable skill cannot lead to any achievements. When a human being is focused upon only one sublime goal, practicing an efficient method, she can create miracles. As we all know from physics, inertia can trigger miraculous phenomena, as long as it is controlled accordingly through an adequate method. The human being that spreads her attention in many directions will not actually move in any direction. But if the same human being would focus the attention with perseverance, with the help of an efficient method, she could again create miracles. A human being's mind is like a convergent lens. When lit by intense sun



beams, it triggers extraordinary phenomena, as long as those energies are focused into one single point, through an adequate method. It is worthwhile to consider what is more powerless than the clouds which spread apart when they go high in the sky as gas. Such clouds are as powerless as dew drops falling to the ground at the right time. When they are concentrated through an efficient

method, the gas clouds can break the strongest rock, they can roll mountains into the sea and they can trigger many phenomena which look impossible at first glance. All of these become possible through an efficient method.

Our goal acts in unison not only with intelligence but also with the efficient method we apply in order to reach that respective goal. There are higher or lower goals, according to our degree of intelligence. But all goals can always be achieved through an adequate and efficient method. The human beings who modelled the destinies of humanity were those who established high goals and then applied efficient methods in order to reach them. The human being suffering from not being understood will not achieve much if she does not have an efficient method. The undecided human being that tends to make compromises and deviates from her divine goal only because she wishes to please others and to gain their approval will eventually lose.

Even obstacles stimulate a human being who follows a sublime goal through an efficient method. For such a human being, difficulties are stimulating and the possible mistakes, troubles or losses cannot take her down. For her, failure is a step towards success, because she is aware and confident about the value of her accomplishments, which become possible through the efficient method. The intensity of the energy we invest in reaching sublime and divine goals increases directly proportional with the amplitude of the obstacles that appear when that human being has an efficient method.

In order to succeed in deeply transforming your existence, you must have an efficient method and you must be almost unshakable about the sublime goal you have established. Success does not appear by fumbling, but by focusing

on one sublime divine (using both adjectives might be excessive as they have such similar meanings) goal through an efficient method, concentrating in that direction all the energies of the heart, all the energies of the soul and of the mind in order to accomplish that goal. When we have an efficient method and when we manifest perseverance in applying it, nothing can stop us from accomplishing the sublime divine goals we have set ourselves. When there is no perseverance in applying it and when an adequate and efficient method is missing, even a genius wastes his efforts inconsistently. It is very important to have a sublime divine goal in life and an efficient method that allows you to reach that goal.

The first step towards spiritual transformation implies establishing a divine goal, but immediately afterwards we must have an efficient method which will make possible the achievement of that goal. In order to do something good and extraordinary we need a divine goal, an efficient method, a motivation and a convergent focus for our mind. The secret of success is to be loyal to a divine ideal which can be reached gradually through an efficient method. There are many people facing failure because they lack an elevated goal and also because they do not have an efficient method.



When a human being has an efficient method, her possibilities are extraordinary, even unlimited. In the case of such a human being the only limitation is herself. The fact that we have an efficient method associated with the tendency to persevere, to insist despite all blockages, disappointments and obstacles is what makes all the difference between a powerful soul and a weak one. An extraordinary attention, focused only in one direction through an efficient method often proves to be superior to genius. The beneficial power of a human being increases progressively with her perseverance, oriented through an efficient method towards one profoundly beneficial and sublime direction.

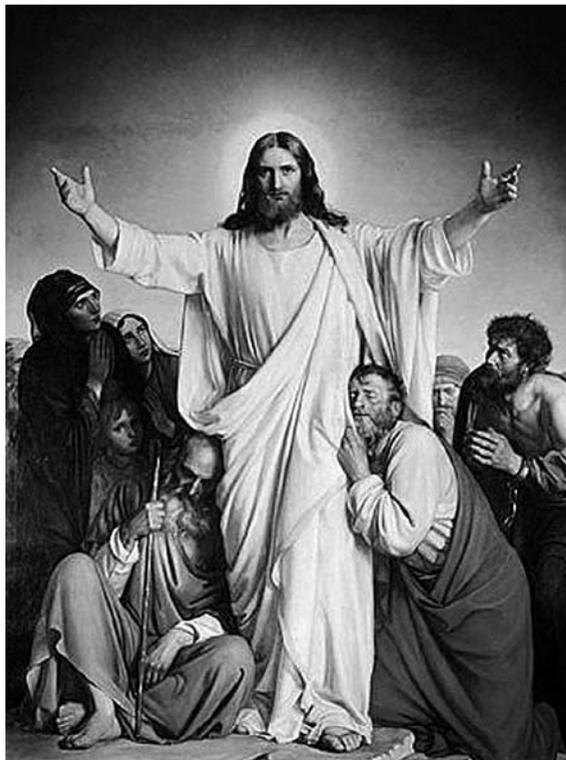
THE LAW OF OCCULT OFFERING

We can easily apply this important spiritual law, anywhere and anytime; the biggest benefit from integrating this law in our daily existence is the discovery, which brings great joy, that actually everything that we give to the others, in reality we offer, at the same time, to ourselves. When we offer divine gifts to the worthy ones, and we aspire to give them, by the help of God, at the right moment, all they need for their own good and inner transformation, acting in this way in a state of profound enthusiasm and abnegation, we become a mysterious divine channel in and through which God the Father manifests every time. Acting in this manner, an important part of the good we offer or do for the others returns to us, simultaneously.

A long time ago, Jesus Christ revealed to us one of the most important divine spiritual laws, which has an immense value. This law was stated in few words, full of wisdom:

“Ask, and you will receive, knock and it will open for you, search and you will find.”

Expressed in a very concise way, this important divine law makes us understand that when we humbly ask the help of God the Father, full of love and faith, He gives us, at the right moment, all which is good and which we need. Carefully studying this important divine law, we discover that always God is the one offering to us, often in mysterious ways, all which is good and divine that we ask from Him. In order to set this important divine law into action, we must manifest first an unshakable faith in God, love and humbleness. By carefully studying the statement of this divine law, we discover that, in reality, God the Father is



and will always remain the source, or in other words, the cornucopia of abundance, offering us all that we ask from Him, which is good and which we need.

Meditating upon this important divine law, some of us might ask ourselves: “Is it possible for us, the people, as human beings created in the face and likeness of



God, to act, in our turn, so that God gives (in and through our being) the good or the divine gifts needed by the human beings who are ready to receive them?”

The answer to this question is: “Yes, without any doubt, each of us can become, in certain conditions, mysterious divine channels, in and through which God the Father manifests Himself, in order to offer the good or the divine gifts, which we implore Him with humbleness and abnegation to offer through us.” All these manifestations and many others, which are good, beautiful, divine and true, easily become possible when we understand and constantly apply The Law of the Occult Offering. By the perseverant and attentive practice of The Law of the Occult Offering, each of us becomes and remains a mysterious divine channel, in and through which God the Father manifests. Acting in this way, enlivened by an unshakable faith in the help that God the Father offers through us, we humbly implore God the Father with abnegation to manifest in and through our being; we ask Him full of humbleness and hope to manifest Himself through our being, in order to offer, to those who are ready to receive, the divine gifts we ask for. Acting in this way, we discover a mysterious connection between this important spiritual law that Jesus revealed: “Ask, and you will receive, knock and it will open for you, search and you will find” and The Law of the Occult Offering.

We should consider from the beginning that, also in the case of this important spiritual law, one gram of practice values as tonnes of theory. The extraordinary value of this simple spiritual law can be revealed only through direct experience. In the case of this spiritual law, only those who dare to apply it constantly will convince themselves of its unexpected value, assuring them a fast inner transformation.

An important wise saying states: “To know, to want, to dare and to remain silent”. This ancient wise saying is perfectly valid when The Law of the Occult Offering is attentively and perseveringly applied.



Among other things, The Law of the Occult Offering reveals to us a mysterious and continuous connection, through processes of *occult resonance*, between the Macrocosm and the Microcosm of our being. In this way, each of us discovers that nothing is coincidental; we realize that we are not alone and we become aware of the mysterious connection that permanently unites us with the entire Macrocosm. Devoting ourselves full of abnegation to this noble ideal, we will succeed in this way to deepen more and more, through direct experience, the divine mystery of giving.

In other words, full of enthusiasm, aspiration and abnegation, each of us will be able to experience directly the

important Law of the Occult Offering. This spiritual law, known by the great initiates, can be defined shortly as follows:

When we give, full of abnegation, enthusiasm and with the noble aspiration to be a perfect divine channel, at the same time we gain for ourselves a considerable part from all that which we offer to the others. When we integrate this law in our lives we discover, through ineffable direct experience, that we learn and transform ourselves by teaching the others and by helping them to transform.

Therefore, each of us can realize that this noble mission, to which we devote ourselves, accelerates at the same time our spiritual growth, helping us to grow day by day, as others grow over years.

Even if some of us may consider this affirmation exaggerated, through the deepening of this occult experience, we will be able to notice that the aspect revealed here is perfectly valid. We will observe a mysterious process of acceleration and surprisingly fast growth in our inner universe. Thus, we will open ourselves towards a sublime and ineffable spiritual experience, during which we will manifest as a divine channel or relay. We will offer to the others from the endless spheres of force existing in the Macrocosm, from which we will be

able to extract the energies and the spiritual aspects we need, in order to give them to those open to receive that which we offer them, from God. For this, it is important to succeed in becoming perfect divine channels, in and through which the unlimited spheres of force existing in Macrocosm, and with which we enter in *occult resonance*, especially when we give, manifest.

By deepening through direct experience The Law of the Occult Offering, we will have extraordinary spiritual inner experiences, helping us to grow much more and much faster than others. Thus, we will discover, every time, that the more we give spiritually, the more we grow spiritually, at the same time. The richness and the complexity of the experiences obtained this way will amaze us, and will help us to fully enjoy the state of divine channel, of divine mysterious relay, in and through which the energies, states and information we offer to those who are open to receive them manifest.

The understanding, through direct experience, of The Law of the Occult Offering, will help us grow and soon become *sui generis* spiritual giants.

The deepening of The Law of the Occult Offering will help us feel, simultaneously, that when we give that which is good and spiritual, simultaneously we receive in our aura a considerable part of the energy of those spiritual goods, which we enthusiastically offer to others. By acting like this every time, and consecrating to God the fruits of the spiritual actions that we do, each of us becomes, directly proportional to our efforts in this direction, true columns, channels of spiritual divine light, around which spiritual life will grow, develop and amplify.

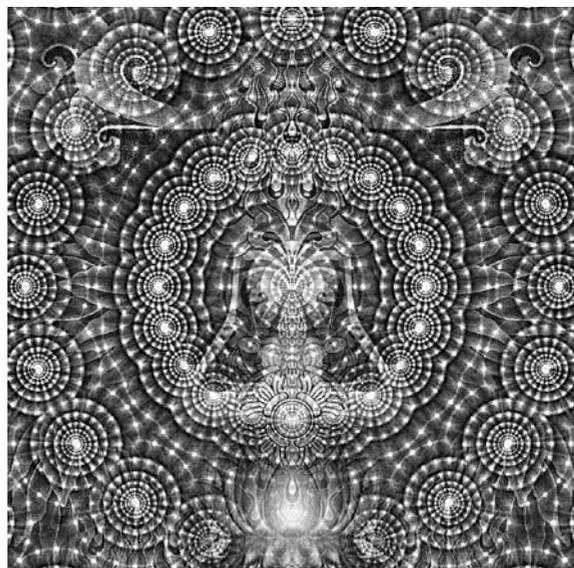
Thus, the more we give from the mysterious spheres of energy from Macrocosm, without expecting anything in return from those to whom we offer, more spiritual good will accumulate, at the same time, in our inner universe, from those unlimited spheres of energy to which we connect then, by triggering certain processes of *occult resonance*.



In this way, many of us will become truly happy, fulfilled, transformed and expanded, through the sincere and pure deepening of this occult process, which is triggered each time when we apply The Law of the Occult Offering.

Acting like this, we will feel increasingly happy from the spiritual point of view, as we

perceive that we have an immense beneficial impact upon our living environment. This happens because we help the others spiritually in different ways, acting every time as mysterious divine channels, in and through which energies, states, aspects, ideas and information manifest, at the same time, enriching us, as we offer them to the others. Thus, we will be able to convince ourselves again and again, each time, that none of the efforts made, when we consciously apply The Law of the Occult Offering, remain unrewarded. Firstly, we will soon acknowledge that all the spiritual good we give, from these endless foci of force, we find, immediately afterwards, within our inner universe, where it will remain forever.



By acting every time in this inspired manner, we will become true wells of spiritual knowledge for the others. At the same time, this process of overflowing this vital, spiritual water will nourish us, and will transform us enormously in a very short time.

Moreover, we will notice that this process works also from far. Therefore, we will discover that this occult process of transformation and individual inner growth continues afterwards in our inner universe, like an echo. This echo, which emerges and maintains itself endlessly, comes back from all those we taught, helped to transform and gave impulses; and this occult process transforms considerably our perspective, and opens for us unexpected new horizons.

By wisely integrating The Law of the Occult Offering, each of us will transform enormously for the better, while helping the others to transform for the better as well. Everybody, without exception, can give, when they adequately connect to the foci of unlimited power existing in the Macrocosm, thus triggering in their beings specific processes of *occult resonance*. It is inherent that this connection implies only that we believe with an unshakable strength that this process will occur and is triggered by activating in our inner universe the specific focus, which will put us instantly in resonance with the correspondent focus from the Macrocosm.

In this way, when we offer to others, or to one person, love or other high spiritual states, like: altruism, enthusiasm, good will, kindness, detachment, tenderness etc, the specific process of resonance triggered in our inner universe transforms us into a *sui generis* divine channel, in and through which that specific energy, coming from God the Father, manifests.

When we abundantly give to other people a certain spiritual state, radiating around us, in our environment (modulated according to the spiritual experience or state we offer), this triggers instantly The Law of the Occult Offering. Every time, a considerable amount of the energy we give, remains and accumulates in our inner universe, thus becoming a delicious food for the soul. Thus, each of us, who, by setting into action The Law of the Occult Offering, help not only all those open to receive a sublime spiritual energy and to have access to a spiritual state, inaccessible for them before, but we also give to ourselves, to a certain extent, exactly that which we give to the others. By understanding correctly this aspect through direct experience, we will succeed to realize why the great initiates always said that we learn and transform, when we teach and help the others to transform, in an altruistic manner, full of enthusiasm.

Beyond appearances, the fundamental condition for the wise use of The Law of the Occult Offering is, first of all, to succeed in activating, in our inner universe, in an exemplary manner, the state, feeling or experience that we intend to offer to the others. In other words, none of us can offer to others, through this mysterious process, that which we did not succeed yet to awaken in our inner universe.

For example, if we did not awaken in our inner universe the state of love or the state of enthusiasm, it



is impossible to succeed in offering them to others. This is because they do not exist yet in our inner universe, and in this situation, we cannot connect easily, by triggering an occult process of resonance, in order to receive in the Microcosm of our being the corresponding energies.

At the same time, another person, who has fully awakened in their inner universe the state of love or enthusiasm, is able to offer it abundantly. By understanding this mystery, we will be able to perceive intuitively the hidden meaning of the words: "From where there is nothing, not even God will ask for something". Moreover, by understanding these mysteries, we can grasp the hidden meaning of the divinely inspired words of Jesus, who said: "The one who has will receive more; while from the one who has not, it will be taken away even that which he has".

Remember that we do not need an university degree to apply The Law of the Occult Offering and to become divine channels, in and through which extraordinary spiritual energies manifest, enabling every time the manifestation of The Law of the Occult Offering. The Law of the Occult Offering acts in a miraculous way in the favour of the others, simultaneously transforming them and helping them to grow spiritually, and at the same time producing our own transformation or inner accelerated growth.

It is important to realize that this highly valuable, spiritual divine law is only known by the great initiates. Some human beings can hear the saying „We learn by teaching others“, or “We transform ourselves by transforming others“, but only the few initiated ones understand profoundly what is truly going on. In the light of The Law of the Occult Offering,



we can have a completely different and profound understanding upon the affirmation of the great sages according to which, in order to transform and spiritually revolutionize others, we must, first of all, be ourselves profoundly spiritually transformed and revolutionized.

Only when we ourselves are profoundly spiritually transformed and revolutionized, can we truly become capable to apply successfully The Law of the Occult Offering, thus triggering around us profound inner transformations and a rapid spiritual revolution.

It is necessary to consider that The Law of the Occult Offering is and remains a terrible way of action, we can say, that can function both towards good and towards bad. We should not be surprised by the fact that the ones doing evil use The Law of the Occult Offering, most often unconsciously. In those situations, they connect to the minuscule foci of maleficent energy, existing in the infernal realms.

Considering that always, without exception, the initiatic esoteric knowledge is power, each of us should be aware and use this important law, The Law of the Occult Offering, only in a divine, beneficial way. It is essential to do so, because we are responsible both for all the good, and for all the evil we could do by using the terrible Law of the Occult Giving. Used in a divine, profoundly beneficial direction, The Law of the Occult Offering can make marvels and even miracles. Used in a maleficent, demonic or satanic direction, The Law of the Occult Offering can produce much suffering and it can even trigger tragedies, in certain situations. Essentially speaking, The Law of the Occult Offering applied in a divine, beneficial direction will help us understand and even deepen through direct experience the truth that, in reality all the good and all the spiritual energies which we offer, full of abnegation, to the others, we offer at the same time, to ourselves.



By deepening through direct experience The Law of the Occult Offering, we will be able to understand from a new perspective the old saying that states: "If you do good, you find good". By the generous and altruist practice of The Law of the Occult Offering, for the benefit of the spiritual transformation of the others, we will obtain and even amplify with amazing ease within our inner universe that which initially was just beginning to awaken and blossom.



In other words, if each of us will aim to apply The Law of the Occult Offering for the benefit of the others, even if we have awakened to a small extent certain spiritual qualities, but we make altruistic and generous efforts to become divine channels for the others, in and through which will manifest the spiritual, mysterious energies that we aspire (full of abnegation and self-giving) to offer to others, in an almost irresistible impetus, we will see marvels occurring in each of us.

For example, if in the beginning we have a mysterious spiritual focus awakened in a proportion of 7% in our inner universe, we will notice that as we become the channel for the manifestation of that quality, and succeed to emanate the subtle specific energy of that quality, after only 7-9 months of continuous practice of The Law of the Occult Offering, the percentage of awakening of that mysterious focus in our being will grow as if by miracle, and could even reach 70%. This inner transformation, that will certainly occur if we attentively and systematically apply The Law of the Occult Offering, will be experienced in the Microcosm of our being through the profound and complex states that we begin to perceive after a certain while. Thus, if our enthusiasm was weak and almost insignificant, after a certain period of applying attentively and constantly The Law of the Occult Offering we will succeed to gain an extraordinarily strong, even contaminating enthusiasm. This will amaze the others and it will make them look at us with vivid admiration, determining them to really see us as a wonderful spiritual model, worthy to follow.

Triggering in our inner universe certain processes of *occult resonance* (sublime, divine, profoundly beneficial, spiritual ones) is a great happiness. The understanding and constant deepening of The Law of the Occult Offering allows us to discover that, becoming divine channels (through which the other people are offered in abundance those elevated, spiritual states that we already enjoy) is and remains a reason for overwhelming happiness, even euphoria.

By knowing the theory of this mystery, it is up to us to discover that, if triggering in our inner universe sublime spiritual processes of resonance means happiness, then, giving those sublime states to others will become for us the source of overwhelming states of happiness. Moreover, we discover in this way, with great delight, that each time, the more we give from the endless sources existing in the Macrocosm (thus offering sublime, spiritual states that we have already awakened in our inner universe), the more we grow, we transform and we benefit from the sublime, divine spiritual states that we offer, full of abnegation, to those open to receive them. Thus, we discover with an immense spiritual joy, which has no object, that the more we offer from the spiritual point of view, the more we receive in our turn, and we transform and grow spiritually.

Acting this way, we can induce in the awakened beings the same spiritual states that we experienced, and then offer, by applying The Law of the Occult Offering, in order to thus contribute to the awakening and activating in their inner universe the specific foci. This will allow them to become, afterwards, capable to experience and intensify

the processes of spiritual, *occult resonance*, becoming in their turn able to apply The Law of the Occult Offering. Thus, we provoke a *sui generis* sublime, pure, elevated, spiritual contamination, like a chain reaction, in the human beings who come in contact with and who will be receptive to awaken spiritually, and who then grow in order to become capable, often unconsciously, to apply The Law of the Occult Offering. Thus, we can see the profound, beneficial links that might appear, allowing the transformation of the global ambiance of this planet, fully contributing to the elevation of the



global frequency of vibration, with important and profoundly beneficial repercussions upon the subtle, energetic, global ambiance of this planet, which, not coincidentally, is a blue planet.

An attentive and perseverant application of The Law of the Occult Offering helps us understand through direct experience that, when we aim to offer to other people states of happiness, sublime spiritual experiences, beneficial impulses, we multiply in our inner universe our own happiness, our own spiritual states, and we help grow, blossom and flower those virtues which existed beforehand as only a bud in our inner universe.

Thus, with the help of The Law of the Occult Offering we can increase and multiply, often by tens or hundreds of times, our own happiness, spiritual states, and even those spiritual states which used to be minuscule or insignificant within us. In this way, we will discover that, when we share them (full of abnegation, driven by an exemplary spirit of self-giving) with the others, it is possible to increase and multiply tens of times the spiritual happiness, the love or the sublime spiritual states. By sharing with the others the good we have, we become channels of manifestation for those increased divine, spiritual energies and contribute fully to the transformation of the others, as well as our own transformation, which occurs much faster giving exceptional fruits, as if by miracle. In this manner, we can convince ourselves of the gigantic importance of The Law of the Occult Offering, and in this direction, we can understand that by giving we receive, we grow much more and that our transformation accelerates.

By understanding these mysteries, it is good to remember that, instead of pointing the finger it is much better to give a hand (or offer our shoulder) to help, full of abnegation, those who are open to accept our help. The attentive and systematic experimentation of The Law of the Occult Offering allows us to understand that



always we attract and receive in our inner universe exactly that which we give to others.

The deepening through direct experience of The Law of the Occult Offering allows us to understand that a human being, profoundly transformed inside with a large and generous soul, feels more pleasure and happiness in giving than

from receiving. The solid understanding of this aspect presented here might become for each of us an inner criterion, which can help us to understand easily if we have already become such a human being. The perseverant practice of The Law of the Occult Offering can help us extraordinarily to become, even rapidly, such a person. For this, we should learn to give to the others more and more that which is good, divine, beautiful and wonderful from within ourselves, amplifying increasingly in our inner universe, day-by-day, or at least week by week, the secret pleasure and the joy of offering more and more.



The attentive and perseverant use of The Law of the Occult Offering in the spiritual sphere implies that we are driven by abnegation, enthusiasm, and by an overwhelming spirit of self-giving and uplifting aspiration to be useful for the others. When we act from this superior state of spirit, we can be sure that it will always be very easy for us to apply The Law of the Occult Offering. If we feel frozen, proud, selfish, introverted or hard-hearted, it is essential to remember that we have at our disposal an efficient, rapid and extraordinarily valuable modality. This modality is and remains *karma yoga*. In other words, this involves that we attentively and systematically engage in *karma yoga* actions, after we have consecrated at least three times the fruits to God the Father or to one of the ten Great Cosmic Powers. In such a situation, the consecration of the fruits three times in a row is essential, and we should perceive every time, deeper and deeper, that the answer received for that consecration, the positive one, becomes more intense. The attentive and fully self-giving successful accomplishment of *karma yoga* activities helps us extraordinarily to understand and to deepen the mysterious mechanisms which allow us to easily apply The Law of the Occult Offering.

When we decide to apply perseveringly The Law of the Occult Offering in our daily existence, it is important to realize that we can integrate The Law of the Occult Offering in every aspect of our existence thus succeeding to become *sui generis* complex divine channels, in and through which the people who deserve them, are offered gifts. These gifts are either material gifts, or spiritual, erotic, psychic, mental, or vital gifts, because the application of The Law of the Occult Offering implies a multitude of modalities, often unsuspected, for helping us to

grow and transform in an accelerated manner, when we use this important law wisely.

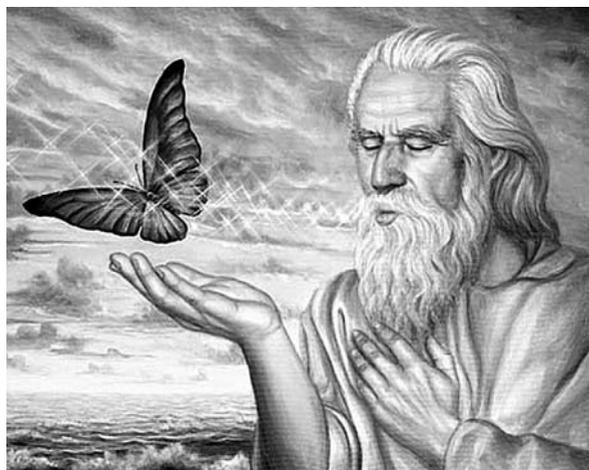
When we apply The Law of the Occult Offering, we should respect a certain principle. The person, who gives, driven by altruism and kindness, should also manifest a complete state of detachment and it is even necessary to forget the act of offering.

Nevertheless, those who receive the gift should never forget this; above all, they should thank God the Father for the divine gifts He offered to them through a person who acted as the channel or the instrument through which God the Father manifested in order to give to the worthy one, who was ready to receive. It is important to remember that we were offered a gift, because this helps us, first of all, to manifest a state of gratitude towards God the Father and then to the person through whom the gift was given to us, who acted as the instrument or divine channel.

Forgetting that, in a certain moment, we benefited from that which was offered to us, is characteristic for the egoistic, ungrateful, petty, hypocritical human beings, easily recognized by their incapacity to ever manifest honest states of gratefulness towards God the Father or towards the people through whom God manifested offering them something good. Considering this principle, it is necessary to observe yourselves in order to avoid being, remaining or deviating into ungrateful beings.

When we manifest gratitude, for all that is abundantly offered to us, the expression of a profound and sincere state of gratefulness, at least 2-3 times per day, towards God the Father helps us extraordinarily to transform and purify ourselves elevating our global frequency of vibration. Moreover, it prepares us to receive new beneficial gifts and spiritual joys which God is willing to offer from His endless superabundance to all those who constantly manifest a profound state of gratitude towards Him. This principle is very important to be kept in mind by all those who want to fully and permanently benefit from The Law of the Occult Offering.

The attentive and perseverant deepening of The Law of the Occult Offering allows us to discover one of the most beautiful rewards offered by this important law, which is and remains the fact that no person can help, sincerely and with



abnegation, another person or persons, by offering all his or her best, without helping himself or herself at the same time. In other words, all the people who help or offer to the others their best, help themselves at the same time, and simultaneously receive, in a certain proportion, all the spiritual gifts or even material gifts they offer. It is important to remember that, in this direction, there is no exception.

At the same time, we all should watch out that we are not deviated by the demons from the path on which we are engaged, in order to thus become a divine channel for the others, in and through which the divine gifts manifest. We should remember that, as even Jesus was tempted and tested numberless times by demons and devils, and Satan himself put him through spiritual trials, we will not escape certain spiritual tests or trials. Only if we pass the tests, will we be triple propelled and thus reach

new, superior spiritual levels; if we fail these important spiritual tests we will be degraded three steps down. We should also remember the wise statement of Jesus: "Many are called, few are chosen". Only we, through our way of thinking and acting, can push ourselves off this path. Knowing this, it is necessary to watch permanently, so we do not deviate. In this sense, we know that sometimes people stumble over fundamental, initiatic truths, but only the stupid, superficial and unaware ones stand up carelessly and keep walking the wrong way. Such a situation marks a failure.



In order to apply exemplarily The Law of the Occult Offering (successfully exerting it mainly in the spiritual field), it is important to realize that we should give ourselves completely and unconditionally to God the Father, and thus become perfect channels, or in other words, divine instruments, in and through which He manifests at the right time, in the right amount and in the right way. His ways are often surprising and mysterious, giving to the human beings the divine gifts they need. By offering ourselves completely to God, and thus consecrating ourselves as His instruments



in this world, we become able to help the others, through the mysterious and almighty help coming from God. Thus, we succeed to do His will, at the same time learning from the extraordinary spiritual experiences that we have when God accomplishes His will (in and through us), for those He wants to help through us. This is a great mystery, which many of us will feel inside, when we apply The Law of the Occult Offering, for God to manifest Himself, offering through our being, to those who deserve, His divine gifts which they need. As a consequence of this spiritual, profoundly mysterious, sublime, uplifting experience, each of us will be profoundly transformed, enlightened, purified by the agency of what manifests through us then. We will benefit in this way from the part we deserve, due to the help we offer to the others, when through our inner universe spiritual treasures are offered, treasures which God the Father bestows both upon the called ones, and upon the chosen ones.

APHORISMS AND THOUGHTS

1. The wise ones can show us the right path to follow and, moreover, (some of them) can even offer us a paranormal impulse to cross it, but in spite of this, it is obvious for all of us that the path must then be crossed by ourselves, with the help coming from God.

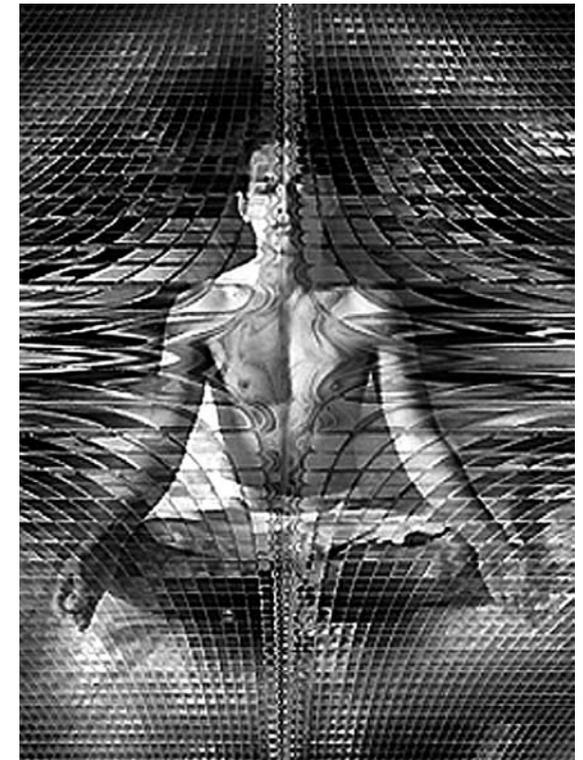
2. If humanity in its entirety will not discover as soon as possible a new, profoundly transforming way of living, based on Godliness, wisdom, love, common-sense, compassion, goodwill, altruism, kindness, humbleness and reciprocal support, it will drown more and more in the terrible state of slough which we can already notice in the world we live in.

3. All of us must realize that, in reality, every choice and every intention we manifest, influences at the same time, to a certain extent (in a mysterious way) the entire humanity. Even when (for now) we are not aware of it, each of us is, to a certain extent, responsible for all that is ongoing on this planet, whether it concerns our own daily life existence, or if it concerns this world in which we all live. By understanding this, we must, exactly for this reason, ask full of humbleness and faith for God the Father's help, so that in this way our thoughts, intentions and actions can influence in a good, profound and durable way the entire humanity. By acting often in this way, we'll be able to make an important contribution that will give an impulse, in a beneficial direction, to the gradual transformation of the entire humanity in its ensemble.

4. No human being can feel at the same time responsible and desperate.

5. To be free implies, among other things, the inner certainty that every human being is responsible both to the entire humanity, and to God.

6. The authentic and profound knowledge, which is at the same time full of wisdom, always triggers a certain state of responsibility within our being that will make the decisions we take be likewise.



7. Given the fact that, beyond appearances, each of us is responsible to a certain extent for what is going on (even when, for now, we do not realize this), we must allow to 're-echo' (or in other words, to make resonate in an occult way) in our inner universe, each and every time, all the good, divine, beautiful and wonderful things that we encounter (and which in its mysterious reality, known only by God, is never accidental).



8. Always, without hardly any exception, everyone of us must do what is good, offering every time to all those ready to receive it, the good which already exists within our inner universe and which can be manifested. This is one of our sacred responsibilities which we must take into account in the case in which we aspire to really become an extraordinary and exemplary human being.

9. The efficient instrument of any divine revolution is and remains the fully responsible Man, who is at the same time full of common sense, intelligence and of love. Such a man makes beneficial choices full of wisdom.

10. The responsibility we have implies, at the same time, not only the capacity to generate or to do something specific, but also the will to accept sooner or later all the good and bad results or consequences deriving from our actions, without ever attributing them to anyone else than ourselves.

11. Even if, for now, we do not realize this, we are fully responsible for our thoughts, intentions and deeds. Even if one took refuge on the moon, even if he dived somewhere to the bottom of the ocean, or if he hid in the deepest cave somewhere in the mountains, no matter how one would try to take refuge in this world, for the human being there is no realm in which it could be possible to escape, not even for one minute, the unavoidable consequences of his/her deeds. We must also never forget that it is not possible, not even in the other world (the astral Universe), to escape the consequences of our actions (which have not yet been completely burnt or annihilated).

12. No human being with dignity and common sense can stay or remain all the time frustrated in a world of perverted beings.

13. The wise ones always respect "the golden rule of the 3R": Respect, full of dignity, for oneself; Respect, full of common sense, for the others; full Responsibility for all the actions one does.

14. Few are those who realize that before a human being can really achieve his/her wonderful aspirations and fulfil his/her sublime ideals he or she must first awaken spiritually.

15. Those that are weak inside and at the same time are larval and irresponsible have problems. The powerful ones –awakened from the spiritual perspective - have creative solutions, which fill with amazement, sympathy and admiration the inertial ones.

16. The intuitive human being, intelligent, responsible and full of common sense analyzes her/himself constantly with attention and lucidity in order to discover within her/his inner universe a possible cause of her/his errors. The reckless and the irresponsible one usually asks the others what are the causes of his mistakes.

17. The worthy human being does not await miracles in a state of complete inertia or in a larval state. Such a human being powerfully believes that miracles can happen and she acts full of hope and optimism so that, due to this, God should have mercy on her and produce at the right time, all the miracles she needs.

18. There are two essential force ideas that help us a lot to awaken in our being the state of spiritual fraternity: a) the awareness of death should make us all more fraternal with each other within a spiritual group. The fact that in reality we are equal when faced with death should awaken in us an ineffable state of consciousness that should reveal to us a deep fraternal connection with all the other members of a spiritual group. b) The fact that in each one of us there is a mysterious spark of God the Father

(which spark is the Supreme Immortal Self - *Atman*) and it offers us, if this spark comes into awareness as such, another vision on all the human beings who are part of the spiritual group that we are also part of. If this essential truth is then experienced as such, it awakens in our being an intensive and profound state of spiritual fraternity. By deepening this state, each one of us can reach states of spiritual illumination.



19. In the case in which you will manifest the lucidity, attention and necessary detachment, aim next time - when you will either be very furious, or very angry - to immediately annihilate that poisonous emotion, telling instantaneously to yourself: "Now, in this unique moment, I and I alone am responsible for the destructive processes of *occult resonance* which I trigger within my inner universe".

20. Each one of us, we each live in the present moment that which we have already chosen in the past, and, beyond appearances, our future will depend even extraordinarily much on the choices we are making in the present moment.

21. One of the most meaningful years of our life is the year in which we will realize that the greatest part of the problems we have been confronted with or we are still confronted with have been caused, at one point, by ourselves. Only then we will stop blaming our parents, we will stop accusing our friends, we will give up on accusing all that is around us and we will discover at the same time, that we can be capable of controlling and even of transforming (for the better) our destiny.

22. As soon as an ample and profound state of spiritual Fraternity awakens in our being shortly afterwards, we must pass to another stage. We must aim to be fraternal not only with the human beings who are part of the same spiritual community. The goal we must set, shortly afterwards, is to become fraternal with the entire life on this planet.

Then, in another and more advanced stage, we will aim to become fraternal in an intensive, complete and profound way with the entire universal life which exists, undoubtedly, in the Macrocosm. (It would be an immense stupidity to imagine that there is life only on this Planet). Looking at the reality from this perspective we must consider the state of spiritual fraternity as a beginning which leads us step by step towards a more and more ample vision that allows us to achieve real spiritual leaps. Eventually this enables the complete and deep communion with God the Father.

23. Harmonizing our life, transforming ourselves in a profound and long lasting way, really revolutionizing our existence from the spiritual point of view, is at the same time an admirable way of proposing to the others, who are part of the



same spiritual group, the most elevated forms of fraternity. This implies that we offer to the others a living example. Acting, each one of us, in this way, we can offer, each time, to the others everything that is good in ourselves. Transforming ourselves from the spiritual perspective, we become an example for others even if we do not aim for this.

24. It is essential to keep in mind that the enemies of the state of spiritual fraternity are: egoism, gossip, seclusion, pride, vanity, doubt, stubbornness, demoniacal doubt, stupidity, calumny, suspicions, malice, resentments, callousness, skepticism, hatred, weariness, double-dealing, the insatiable thirst for power, antipathy and the so-called 'little churches' (within which self-importance, intolerances, vanities, gossips, hatred, ignorance and dullness, of those leading and supporting them, most often with a great cunningness, exacerbates exactly like some cancerous tumours which appear in the sick body).

25. The most appropriate space and time which we always have at our disposal in order to succeed in what is good, divine and sublime is 'here and now', together with all that we have already managed to awaken within our inner universe.

26. Today, in the night of ignorance, of misinformation and of planetary manipulation performed nowadays with callousness and cunningness by the Freemasonry's planetary government from the shadows (or in other words, by the so-called 'illuminati'), which is already making efforts to establish a so-called "New World Order" which is, in fact, a planetary satanic conspiracy which intends to set up a fascist planetary State, within which the human beings will be permanently surveilled by sophisticated electronic equipment, being constrained, in the near future, to introduce under the skin the sign of the beast (the horrible RFID chip – Radio Frequency Identification Device), we still dare to hope in the Good news which Jesus Christ announced for us.

27. Beyond the immense evil manifested nowadays at the planetary level through the world wide Freemasonry and the so-called 'iluminati', who have managed to build a dreadful conspiracy of the evil, whose tentacles almost comprise the entire planet, we are still certain that the good will triumph against this planetary evil which



has been warped by the worldwide Freemasonry and that soon the good, the harmony and the truth will triumph in the fight against the evil, the lie and the masked Satanism which they are spreading.

Beyond the dark appearances, beyond the evilness, the lie, the cunningness and the hatred which exist on this planet, we daringly affirm our faith and hope in a divine and luminous future that the humanity deserves. It is necessary for each of us to refuse to believe that the actual circumstances are fatal and that they make people incapable of acting so that the living conditions that unfortunately exist nowadays on the Earth should not improve.

28. We must refuse to believe that all the human beings on this planet cannot be anything but some marionettes, who allow themselves to be manipulated like some leaves pushed back and forth by the criminal hurricane triggered by the worldwide Freemasonry on this planet.

29. When people engage to act in unison for common and beneficial purposes, we must refuse to believe that there is no possibility to influence and to transform as fast as possible the course and the unfolding of certain worldwide events.

30. We must refuse to believe or to share the opinion of those who pretend that the human beings are and will always remain irremediably captured in the starless night of hatred, war, egoism, intolerance and stupidity, and that the bright dawn of wisdom, peace, love, kindness, good will and fraternity will never be able to become a predominant and collective reality on this planet. We must refuse to believe the cynical prophecy of some free masons who full of hatred state that some people will allow themselves, in a criminal way, to be carried into the satanic whirl of a new planetary war (the Third World War, predicted by the free masons).

31. We refuse to believe that humanity will let itself be carried towards the inferno of dreadful and aberrant destruction which will appear in the case of a thermo-nuclear war. We hope and at the same time we strongly believe that the



truth, peace, goodwill, good understanding, fraternity and love will have in the end a decisive role. Life, even when is temporarily defeated, remains always much stronger and much more valuable than death. Beyond this, for the initiated ones death doesn't exist because even when it supervenes, it is in the case of human beings, a passage and a rebirth into another state which permits the continuity of life in the world beyond, in the astral Universe.

32. We firmly believe that, beyond the serious problems which exist on this planet nowadays, many of which have been planned and intentionally triggered by means of the planetary conspiracy of the worldwide Freemasonry, there still remains hope of the immense help which we can receive from God the Father without delay, in order to end in this way many evil things which have been intentionally produced on this planet.

33. We dare to believe that in the end, with God the Father's help, the immense majority of the dwellers on the Earth can receive everything that they deserve. We dare to hope that soon the inhabitants of this planet will share natural, healthy nourishment without being constrained to consume genetically modified products, additives destructive for their wellbeing and their physical health, or water with fluoride that is compulsorily introduced. We hope that the human beings will also have at their disposal enough natural and healthy food. We dare to hope that they will be able to inhale clean air and that they will not permit their health to be affected by the destructive radiation of the cell phones.

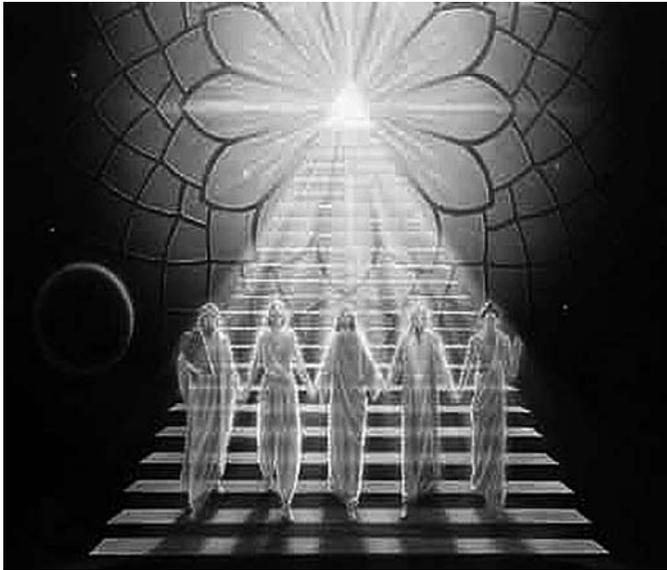
34. We dare to believe that in the near future, most of the inhabitants of this planet will have the possibility to access fundamental spiritual knowledge, which will help them awaken their colossal latent potentialities existing within them and will at the same time help them to awaken their soul and to discover God the Father.

35. We dare to believe that, through the collective transformation of the consciousnesses (into good), the human beings will make a gigantic leap, through the passing from the actual global level of consciousness to a new level in which,

within their inner universe, there will be fully awakened and energized the supra-mental state of consciousness. Among other things, this transformation will facilitate the awakening and energizing of a certain form of superior intelligence and genius.



The awakening and energizing of the supra-mental layer (vijnana maya kosha) in as many human beings as possible will give an impulse and will accelerate the apparition of a certain form of genius in an increasing number of human beings.



36. We also strongly believe that, in the near future, all the humans will recognize and will discover God the Father within their inner universe, identifying Him as being the source of wisdom, health, happiness, harmony, kindness and love. We strongly believe that love, goodwill, wisdom, peace, reciprocal help, fraternity, and redeeming kindness will become in the near future some of the common universal laws, for this planet.

37. Only then, in that near future, the human beings will be able to transform themselves spiritually, psychically and physically, in a divine and harmonious way and the love, kindness and good understanding between the people will predominate. Only then the fear, hatred and evilness will considerably fade away.

38. Even if some will look with septicism and mockery upon these statements, the future will continue to confirm the reality of the aspects anticipated here.

39. The beneficial power of a single man may be insufficient, but when this unites with the beneficial power of the other people, it certainly becomes immense. That is exactly why it is said that where there are many acting in unison, the power grows. In such a situation what appears is not only a simple summing up of each one's power, but a mysterious multiplication of all the powers, uniting as if by a miracle, becoming in this way colossal, especially when they act in unison.

40. Some miracles are always done by a united and fraternal group of human beings who act each time in a beneficial way, in unison.

41. When people help each other mutually, almost all sufferings they are confronted with, due to all kind of disasters and misfortunes, become as if by magic easier and can be overcome.

42. When we look at what is ongoing on this planet (planet Earth) from a certain perspective, we discover that in reality each of us is responsible to a certain extent for all the others.

43. Given the holographic structuring of the Manifestation (which makes so that the part is simultaneously present in the Whole, and the Whole is simultaneously present in the part), both the wise ones, and the great initiates consider that each human being is, to a certain extent, responsible for all the others.

44. The human being who is responsible, intelligent and full of common-sense always finds new ways of acting or even genial ones, while the lethargic and irresponsible being always finds only excuses.

45. When we look with attention and lucidity into the past we realize that, in reality, the concept of responsibility refers to a great extent to the potential consequences of our intentions and our actions. Taking this aspect into consideration, we must regard this with common sense, intelligence and precaution, simultaneously offering the intuition the place it deserves.

It is stringently necessary to do this, because there are plenty of signs showing that our planet, the nature, the human space itself and even the bio-sphere are perishable. Knowing this, we have to take into account that, to a great extent, their destiny is presently in our hands.

46. It is very important for all of us to do, for each of the others, all the good that we are capable of and, it is also important that each of us does all the good that we are able to do, for all of us. Knowing this, we should all act, with God's help, for the benefit of each and, when necessary, each of us should act, with God's help for the benefit of all.

47. No matter if you act or not for the benefit of human kind, God always, with no exception, will take care of all. If you will still act, full of self-giving for the good of mankind, then all the good which will flow through you coming from God will at the same time transform you profoundly, softening you up and will very much accelerate your own spiritual transformation. Every time we help the others very much, we also help ourselves very much at the same time. Hence, it is never the same if you do with God's help the good you are inspired minute by minute to do.



48. No human being and no people will ever be able either to aspire or to perfect the world if she/he hasn't firstly done her/himself all the sustained and adequate efforts necessary for his/her profound and durable transformation.

49. To know and not to act is the supreme cowardice. Especially when you are initiated and you know plenty of efficient modalities which you can apply when you are confronted with diverse adversities, you must never give up. Especially in such situations you must continue to fight even when the times are opposing you. You must always take into consideration that at the same time, such situations are for you some spiritual tests. In the case of any spiritual test, what doesn't destroy you makes you stronger. Many spiritual leaps are possible only if you pass certain spiritual tests well.

50. Keep in mind that you never have to lose hope! Never! For a yogi who knows the Law of *occult resonance* it is absolutely forbidden to give up hope.

51. Nourish unceasingly the divine and powerful hopes. Never miss any of the chances that life puts in your way at the right moment. Remember that the daring ones, the courageous ones are always helped by the fate. Be always an untiring hunter of the heavenly bliss. Assume without hesitation and without any doubt the risk of all your good and divinely integrated actions. Acting in this way, you can be certain with anticipation that you will succeed often.

Yoga teacher Gregorian Bivolaru



CONTENTS

THE REVELATIONS OF VIRGIN MARY REGARDING THE TERRIBLE PUNISHMENT THAT AWAITS THE EARTH'S INHABITANTS FOR THEIR BAD DEEDS, AND HER ADVICE FOR EXPIATING THE PUNISHMENT AND FOR AVOIDING THE PLANETARY CATAclysm	3
PREFACE.....	11
Chapter 1 THE PROPHECIES MADE BY VIRGIN MARY AT FATIMA ARE TAKING SHAPE ON THE HORIZON. SOME OF THEM HAVE BEEN INDIRECTLY CONFIRMED BY SCIENTISTS	18
Chapter 2 A FRUITFUL AND INSTRUCTIVE MEETING WITH A LAMA WHO WAS AN ADVANCED INITIATED TIBETAN MONK	47
Chapter 3 THE PLANETARY PROGRAM "NO TO THE APOCALYPSE!!!"	79
THE SUPREME AND EFFICIENT METHOD (ONLY BEING SO WHEN THE HELP AND THE ALMIGHTINESS OF GOD THE FATHER MANIFESTS THROUGH OUR BEING THAT IS OPEN TOWARDS THE SUPREME LORD).....	79
Appendix A THE PARABLE OF THE SOWER.....	115
Appendix B THE OCCULT LAW OF THE EFFICIENT METHOD.....	118
Appendix C THE LAW OF THE OCCULT OFFERING.....	134
APHORISMS AND THOUGHTS	148



Through the intermediary of this **SUPREME AND EFFICIENT METHOD** that each of us will be able to practice, we already dare to hope that it will be possible (thanks to the miraculous help that we will receive every time from God the Father) for us to expiate the outburst of such a catastrophe; it will be done though these constant and adequate sacrifices and individual efforts (which please God).

It is, at the same time, urgently necessary for all of us to hope that we will eventually succeed, even if such a success seems impossible at first sight. We must actually never forget that Virgin Mary's already famous prophecies made in Fatima certainly had and still have a hidden meaning. It is essential for us to realize that these terrifying prophecies have not been a meaningless, useless action made "by accident" at that time by Virgin Mary. It would be extremely foolish of us to imagine that, somehow, during that miraculous and completely extraordinary display, Virgin Mary has revealed to over 70 000 people a terrible vision (anticipating, in our times, an awful catastrophe awaiting for us in the future) just to scare us. It is also obvious that that frightening vision was not revealed to us only to let us know that all hope is actually lost and that, **GIVEN THIS FATE**, all there is left for us to do is sit with our arms crossed and wait completely paralyzed for the inevitable to take place (in the near future). It is also obvious that such a planetary catastrophe will be capable of affecting all and each one of us.

An occult and often unthought-of aspect (in the case of most human beings) is that, in the case the **SUPREME AND EFFICIENT METHOD** presented here (in this brochure) is done daily, every human being who will do it correctly and perseveringly will attract (each time) in the mysterious subtle atmosphere of planet Earth, through the intermediary of the Holy Ghost, both the mysterious heavenly energies of God's Grace and the mysterious energy of God's **WILL**. The **SUPREME AND EFFICIENT METHOD** will also attract, and then channel into the subtle sphere of this planet, the mysterious manifestation of God's **ALMIGHTINESS**. All of this will take place each time, simultaneously, through all the human beings who will do this. On that occasion, each one of those who will do the **SUPREME AND EFFICIENT METHOD** will also become sui generis mysterious channels in and through which the help and miraculous support coming each time from Father God will be invoked and then abundantly manifested.

All these will be, at the same time, miraculous gifts that will come each time from God the Father. These heavenly, mysterious, and indescribable gifts will overflow in and through our beings; they will manifest themselves with great divine power due to the hidden occult resonance and simultaneity phenomena that will take place each time.



These phenomena will be felt more and more clearly as a mysterious field of collective, divine force that will gradually contribute to the transformation of the energetic subtle atmosphere of planet Earth. This beneficial planetary action that will be done simultaneously will also have profound effects upon the noosphere (the mysterious and invisible sphere of ideas, intentions, thoughts, and planetary intelligence existing in the mysterious subtle field of planet Earth). We dare to hope that all these heavenly gifts, that we will humbly invoke each time with a great, profound, and complete faith, will then overflow both upon ourselves and upon the entire planet and will generate, both immediately and in time, profound and lasting spiritual transformations (which are unforeseeable at the moment) in the hidden, subtle, energy sphere of planet Earth; this planet is now "sick" more than ever because of the sins, wrongdoings, and evilness that gathered and keeps gathering day by day in its subtle atmosphere.

All these heavenly gifts (that each of us will invoke in order to be attracted and brought into manifestation through our beings) will gradually generate a profound, lasting and surprising transformation. This will have an extremely strong, even extraordinary effect related to the possibility of neutralizing and annihilating the malefic accumulations and, generally speaking, all the evil that became prevalent in the subtle force sphere of planet Earth.

Thus, we dare to hope it will gradually become possible to turn the "global balance" of the heavenly energies of goodness, love, truth, kindness, and compassion, the energies of divine Grace and harmony; these energies will accumulate and will start to become extraordinarily strong and active in the subtle force sphere of planet Earth. The balance will be equalled in the near future and this will trigger a regeneration phenomenon with deep and lasting impact upon the planetary subtle atmosphere; it will be done through these heavenly gifts, which will be invaluable for us all. We will invoke these divine gifts from now on, and we will thus succeed to attract them and channel them here and now (each of us), through the huge (and so far unsuspected) help that will come day by day from God. We also dare to hope that these divine gifts will contribute to expiate the large planetary accumulation of mistakes and wrongdoings, before the limit of the divine patience is reached and the divine punishment that humankind deserves is released. It thus becomes possible for us to hope that this salvation may appear as soon as a considerable number of altruistic, responsible, spiritually mature, and conscious human beings will get mobilized day by day from now on (in unison) in order to correctly, attentively, and perseveringly practice the **SUPREME AND EFFICIENT METHOD** that is available to us from now on.

This saving solution coming to us from the Good God is essential for all of us. It should mobilize us and also motivate as many of us as possible to practice day by day (for our own sake, also) the **SUPREME AND EFFICIENT METHOD** offered to us now. We should also keep in mind that this **SUPREME AND EFFICIENT METHOD** is, in its turn, an extremely valuable gift God offers us, in His endless love and kindness, because He does not want our destruction (we, the sinners), but our immediate improvement and return towards Him. Each of us (the ones who will practice this **SUPREME AND EFFICIENT METHOD** day by day) will be able to realize its huge divine value if, and only if, we will practice it with perseverance, in order to discover it as such through the essential and necessary gram of practice.

Yoga teacher Gregorian Bivolaru